

BREATHING IN WHAT GOD BREATHED OUT

INSPIRED





## GPC Word of God Declaration

*This is my Bible. It is the inspired, indestructible, and irreplaceable Word of God. I am what it says I am, I have what it says I have, I can do what it says I can do. Today, I will be taught the Word of God. My mind is attentive, my heart is receptive, and I will never, no never ever be the same again, In Jesus name.*





# BAPTISM

#FOREVERCHANGED

SEPTEMBER 10

REGISTER: [GRACEPOINTCHURCH.NET/BAPTISM](https://gracepointchurch.net/baptism)



# Fall Party

September 10<sup>th</sup> | After Church

RSVP AT  
[GRACEPOINTCHURCH.NET/LIFE](https://gracepointchurch.net/life)



KNOW IT.



# *discipleship*

FALL 2023

HOW TO STUDY THE BIBLE  
LORI McDANIEL  
SEPTEMBER 14 - NOVEMBER 9

REGISTER



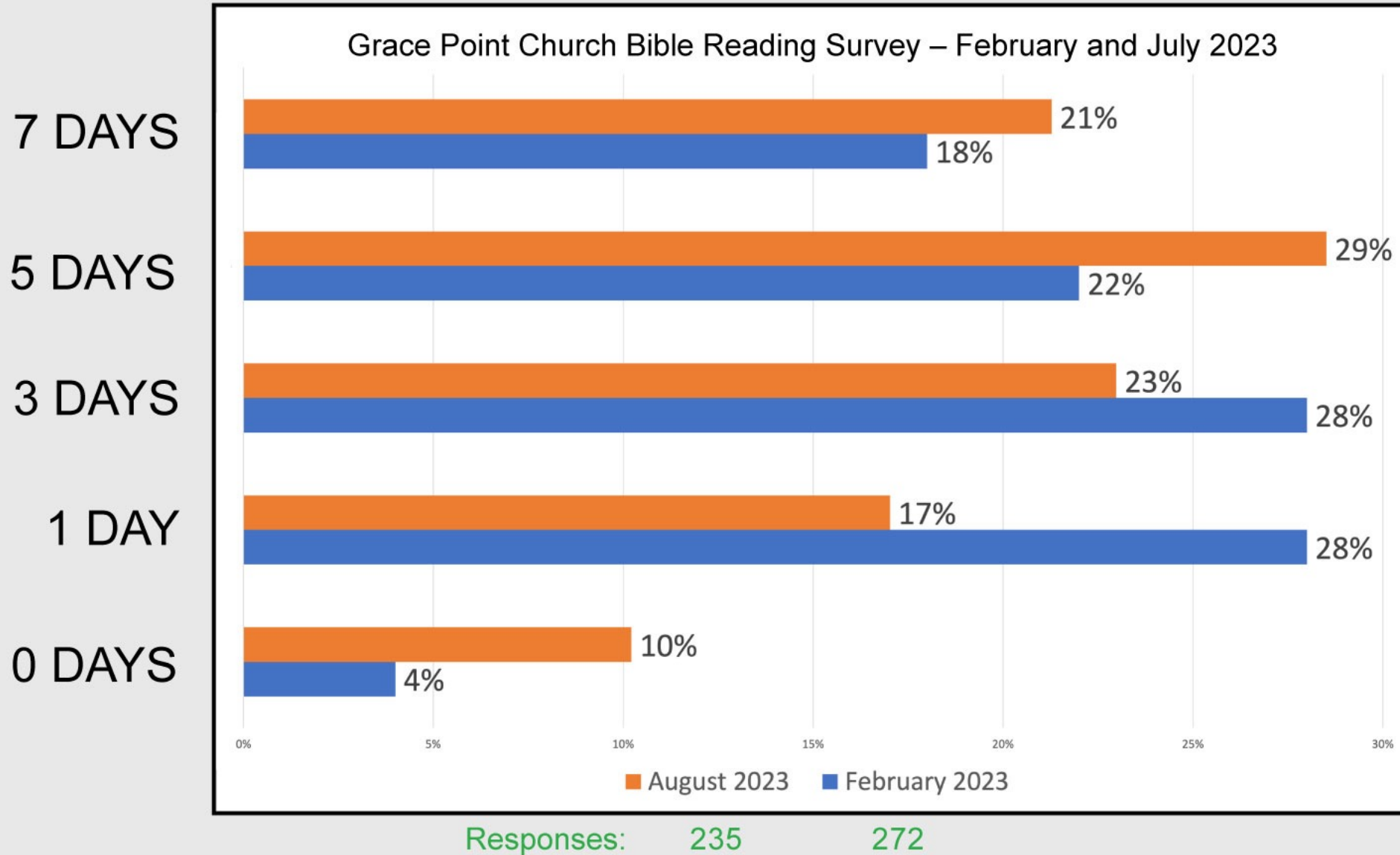


**BIBLE  
EXPLORERS**

**GPKids**

**SEPTEMBER 12TH, 19TH, 26TH  
GRACEPOINTCHURCH.NET/LIFE**

# HOW MANY DAYS PER WEEK DO YOU READ YOUR BIBLE?





KNOW IT.  
DELIGHT IN IT.



KNOW IT.  
DELIGHT IN IT.  
MEDITATE ON IT.



KNOW IT.  
DELIGHT IN IT.  
MEDITATE ON IT.  
WALK IN STEP WITH IT.



Fixed, growth, abundance, scarcity,  
optimistic, pessimistic, explorer,  
exploitative, open, closed, adaptive,  
innovative, resilient, victim, etc.



## **Mindset:**

Beliefs, attitudes, and perspectives that shape how individuals perceive and approach different aspects of life.



## Divine Mindset

May my **meditation** be **pleasing** to **him**...

– Psalm 104:34



## Divine Mindset

May my **meditation** be pleasing to him...

– Psalm 104:34

Let the words of my mouth and the **meditation of my heart be acceptable** in your sight, O LORD, my rock and my redeemer. – Psalm 19:14



## Divine Mindset

- **A transformed mind** – *...be transformed by the renewal of your mind...* – Romans 12:2



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- **A captivated/controlled mind** – *...take every thought captive to obey Christ...* – 2 Corinthians 10:5



## Divine Mindset

- **A transformed mind** – *...be transformed by the renewal of your mind...* – Romans 12:2
- **A captivated/controlled mind** – *...take every thought captive to obey Christ...* – 2 Corinthians 10:5
- **Mind of Christ** – *...we have the mind of Christ...*  
– 1 Corinthians 2:16



## Two Foundational Questions

1) WHAT is divine meditation?



What divine meditation is NOT

Eastern meditation: an attempt to **empty the mind**.



## What divine meditation is NOT

Eastern meditation: an attempt to **empty the mind**.

Christian meditation: an attempt to **fill the mind**.



What divine meditation IS



## What divine meditation IS

“Christian meditation, very simply, is the ability to hear God’s voice and obey his word... What happens in meditation is that we create the emotional and spiritual space which allows Christ to construct an inner sanctuary in the heart.”

– Richard Foster, *Celebration of Discipline*



## Psalm 119:15-16

**<sup>15</sup> I will meditate on your precepts and fix my eyes on your ways. <sup>16</sup> I will delight in your statutes; I will not forget your word.**



## What divine meditation IS

הִגָּה -hāgâ

שִׂיחַ -śîaḥ



Hebrew words for meditation:  
used 58 times in Old Testament

*Various meanings: listening to God's word, reflecting on God's works, rehearsing God's deeds, ruminating on God's law, and more.*



What divine meditation IS

And **Isaac** went out to meditate in the field in the evening.

– Genesis 24:63



## What divine meditation IS

And **Isaac went out to meditate** in the field in the evening.

– Genesis 24:63

When I remember you upon my bed, and **meditate on you in the watches of the night...** – Psalm 63:6



## Life Principle

**Meditation nurtures intimacy and  
connectivity with God.**





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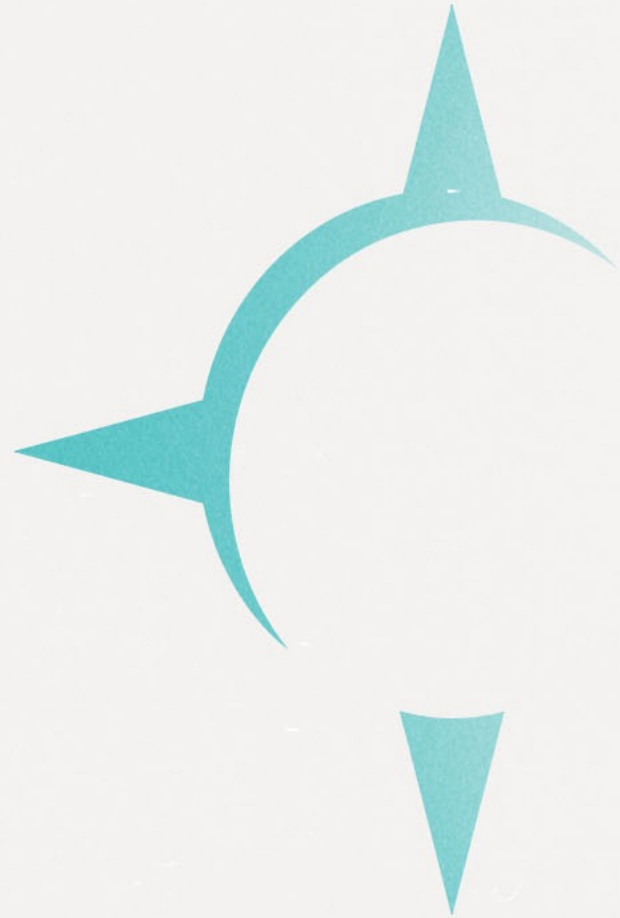
περισσόν

LIVING THE ABUNDANT LIFE

[GRACEPOINTCHURCH.NET/LIFE](http://GRACEPOINTCHURCH.NET/LIFE)



AUGUST 19 | 10AM-1PM



FIRST  
STEP  
EXPERIENCE

[GRACEPOINTCHURCH.NET/FIRSTSTEP](https://gracepointchurch.net/firststep)



## Two Foundational Questions

- 1) WHAT is divine meditation?
- 2) WHY is divine meditation important?



## Psalm 1:2

**Blessed** is the man...his delight is in the law of the LORD, and on his law he **meditates day and night**.



## Three Reasons for Divine Meditation

1) Power for the battle



Psalm 119:10

With my whole heart I seek you; **let me not wander**  
from your commandments!



Psalm 119:11

I have stored up your word in my heart, that I might not sin against you.



John 14:27

Peace I leave with you, My peace I give to you



Colossians 3:16

Let the word of Christ



## Colossians 3:16

Let the word of Christ dwell in you richly teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.



## Three Reasons for Divine Meditation

- 1) Power for the battle
- 2) Confidence for the journey



Psalm 119:23

Even though princes sit plotting against me, your servant will meditate on your statutes.



## Joshua 1:2

Moses my servant is dead. Now therefore arise, go over this Jordan, you and all the people, into the land.



Joshua 1:6, 7, 9, and 16  
**Be strong and courageous.**



## Joshua 1:8

This Book of the Law shall not depart from your mouth, but **you shall meditate on it day and night**, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.



## Proverbs 6:22

When you walk, they will lead you; when you lie down, they will watch over you; and when you awake, they will **talk** with you.



## Three Reasons for Divine Meditation

- 1) Power for the battle
- 2) Confidence for the journey
- 3) Perspective on God



Psalm 143:5

I remember the days of old; I meditate on all that you  
have done;  
I ponder the work of your hands.



## Psalm 77:3-12

When I remember God, I moan;  
when I meditate, my spirit faints. *Selah*

<sup>4</sup> You hold my eyelids open;  
I am so troubled that I cannot speak.

<sup>5</sup> I consider the days of old,  
the years long ago.

<sup>6</sup> I said, “Let me remember my song in the night;  
let me meditate in my heart.”



## Psalm 77:3-12

<sup>7</sup> Then my spirit made a diligent search:

...will the lord spurn?

<sup>8</sup> ... will his steadfast love cease?

<sup>9</sup> ... are his promises at an end?

<sup>10</sup> ...has God forgotten to be gracious?

... has God's anger shut up compassion?

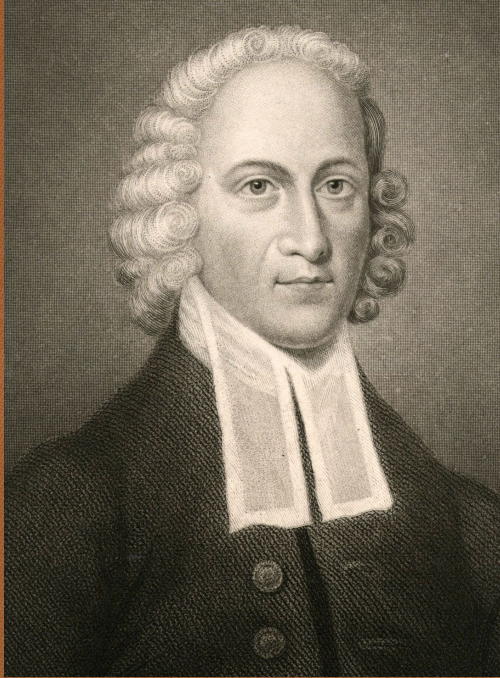


## Psalm 77:3-12

<sup>11</sup> I will remember the deeds of the LORD;  
yes, I will remember your wonders of old.

<sup>12</sup> I will ponder all your work,  
and meditate on your mighty deeds.





**The basic goal of any mind is to work toward “the consistency and agreement of our ideas with the ideas of God.”** – Jonathan Edwards, quoted by James Emery White



