

Psalmings

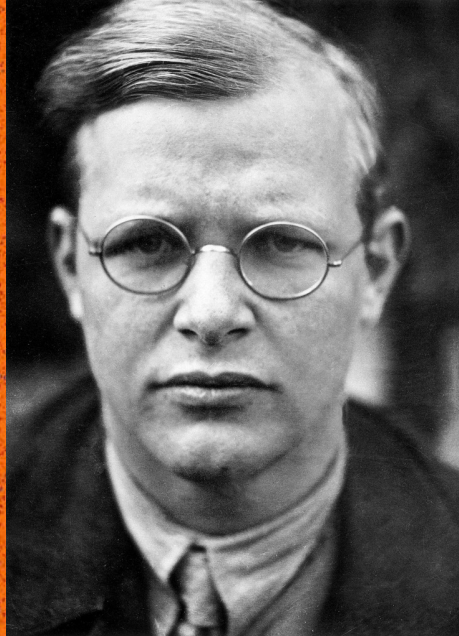
in the summer

READING PLAN:
Text PSALMS to 97000

“I realized that starting my day in the Word really does make life a little easier to cope with. 🙏 I haven't done devotionals in a while and I see a difference in my days already.”

—*Presley*

“It’s beautiful and encouraging to see brothers and sisters studying God’s word and seeking him first thing in the morning. I pray his presence stays with you throughout the day...” —*Ember*



Dietrich Bonhoeffer

“Whenever the Psalter is abandoned, an **incomparable treasure** vanishes from the Christian church. With its recovery will come **unsuspected power.**”

FACT

In Psalms, the word BLESSED is translated 53 times (ESV).

Psalm 32:1-2

Blessed is the one whose transgression is forgiven,
whose sin is covered.

² Blessed is the man against whom the Lord counts no
iniquity, and in whose spirit there is no deceit.

Three Hebrew words for SIN

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Transgression	פְּשָׁעַ (peša)	<i>Lead a revolt or rebellion against authority; a severing of relationship</i>

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Sin	חַטָּאָה (ḥăṭā'â)	<i>“coming short” or “falling short” (similar to Greek hamartia)</i>
Iniquity	חַוְוֹן ('āwōn)	<i>Arabic origin: to bend, twist, or make crooked</i>

Self Confession

I am a rebel who has missed the mark of God, leaving me crooked and twisted and broken.

**Pathway back to a Blessed Life:
COME CLEAN**

David's Psalms of Confession:

6, 32, 38, 51, 102, 130, 143

Other Psalms containing David's confessions:

14, 15, 25, 31, 39, 40, 41

Life Lesson

Own your junk or your junk will own you.

Entitlement +
Opportunity +
Passions
– Obedience

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Opportunity +
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THE FALL

Two options when dealing with sin

1) **Concealing** – *sickens you*



Charles Swindoll

“Hiding wrong doesn’t erase wrong; it only postpones its discovery.”

Hebrews 4:13 (NIV)

Nothing in all creation is **hidden from God's sight**.
Everything is uncovered and laid bare before the eyes of
him to whom we must give account.

Matthew 10:26

...for nothing is covered that will not be revealed, or hidden that will not be known.

Jeremiah 16:17

“For My eyes are on all their ways; they are not hidden from My face, nor is their iniquity concealed from My eyes.”

Psalm 32:3-4

For when I kept silent, my bones wasted away
through my groaning all day long.

⁴ For day and night your hand was heavy upon me;
my strength was dried up as by the heat of summer. *Selah*

Physical Toll

EYES – “my sin is ever before me” – Psalm 51:3

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“my sins are staring me down” – The Message

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MIND – “you desire truth in my innermost being”
– Psalm 51:6

BONES – “let the bones which you have broken rejoice”
– Psalm 51:8

Spiritual Toll

HEART – “create in me a clean heart” – Psalm 51:10
– *his heart was stained*

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– *his heart was stained*

JOY – “make me to hear joy and gladness” – Psalm 51:8

– *he quit writing songs*

SPIRIT – “renew a steadfast spirit within me” – Psalm 51:10

– *his spirit became weak and feeble*

Sin will always

take you farther than you want to go...
teach you more than you want to know...
cost you more than you want to pay...
keep you longer than you want to stay.

Proverbs 28:13

People who **CONCEAL** their sins will not prosper,
but if they **CONFESS** and turn from them, they will
receive mercy.

Two options when dealing with sin

- 1) **Concealing** – *sickens you*
- 2) **Confession** – *frees you*

Romans 4:7

Oh, what joy for those whose disobedience is forgiven,
whose sins are put out of sight.

Psalm 32:5

I acknowledged **my sin** to you,
and I did not cover **my iniquity**;
I said, “I will confess **my transgressions** to the LORD,”
and you forgave the iniquity of **my sin**.

Psalm 51:2

Wash me thoroughly from my iniquity...cleanse me from my sin...

Psalm 103:12 (GNT)

As far as the east is from the west, so far does he **remove our sins from us.**

1 John 1:9 (NIV)

If we **confess our sins**, he is faithful and just to **forgive us** our sins and **purify us from all unrighteousness**.

Life Principle

When we cover our sin, God uncovers them.
When we uncover our sin, God covers them.

How to live a confessional life

1) Agree with God about the course of your life.

Don't do these horrible things that I hate so much.

–Jeremiah 44:4

How to live a confessional life

- 1) Agree with God about the course of your life.
- 2) Come broken to this reality.

A broken and contrite heart, O God, you will not despise. –Psalm 51:17

How to live a confessional life

- 1) Agree with God about the course of your life.
- 2) Come broken to this reality.
- 3) Include yourself in a godly accountability relationship.

Confess your sins one to another and pray for one another, that you may be healed. – James 5:16

How to live a confessional life

- 1) Agree with God about the course of your life.
- 2) Come broken to this reality.
- 3) Include yourself in a godly accountability relationship.
- 4) Leave resolved not to return.

I will instruct you and teach you in the way you should go; I will counsel you with my eye upon you. –Ps. 32:8

Psalm 32:1-2

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whose *sin* is covered.

² Blessed is the man against whom the Lord counts no
iniquity, and in whose spirit there is no deceit.

~~Transgression~~

FORGIVE

~~Transgression~~

FORGIVE

~~Sin~~

COVERS

Transgression	FORGIVE
Sin	COVERS
Iniquity	Does not COUNT it

Psalm 32:7

...you surround me with songs of deliverance.

Psalm 32:7

You are my hiding place;
You preserve me from trouble;
You surround me with songs of deliverance.

Psalm 32:7

Don't hide from God; hide in God

You are my hiding place;

You preserve me from trouble;

You surround me with songs of deliverance.

Selah

Psalms
in the summer

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SAVE THE DATE!

September 10

GRACE POINT PARTY TIME!

