

# GOOD TO GREAT

THE SERMON ON THE MOUNT

ANGER MANAGEMENT

# **Matthew 5:17-20**

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“Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them. <sup>18</sup> For truly, I say to you, until heaven and earth pass away, not an iota, not a dot, will pass from the Law until all is accomplished.

# **Matthew 5:17-20**

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19. “Therefore whoever relaxes one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven.

# Matthew 5:17-20

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<sup>20</sup> “For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

# LIFE PRINCIPLE

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God's promises aren't always **fast**,  
*but He is always on time.*

“iota and dot”

*iota: smallest Greek letter*

*yod: smallest Hebrew letter*



# Matthew 5:19b

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“...whoever does them and teaches them will be called **GREAT** in the kingdom of heaven.”

# **Deuteronomy 30:6**

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The LORD your God will circumcise your **heart** and the **heart** of your offspring, so that you will love the LORD your God with all your heart and with all your soul, that you may live.



# **Jeremiah 31:33b**

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- I will put my law within them, and I will write it on their hearts. And I will be their God, and they shall be my people.

“**You have heard** that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’”

– Matthew 5:21

“**But I say to you** that everyone who is angry with his brother will be liable to judgment...”

– Matthew 5:22a

# Matthew 5:9

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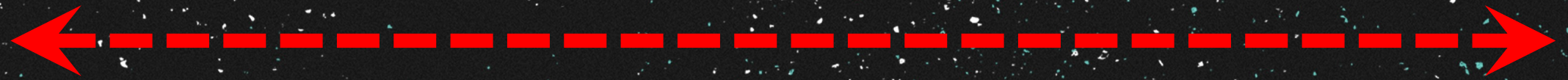
“Blessed are the peacemakers, for they shall be called sons of God.”

# **Four moves peacemakers make**

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**1) Choose anger wisely**

# Offended



- They forgot my birthday
- I didn't get the promotion

- Sexually abused
- Abandoned

# Matthew 5:22

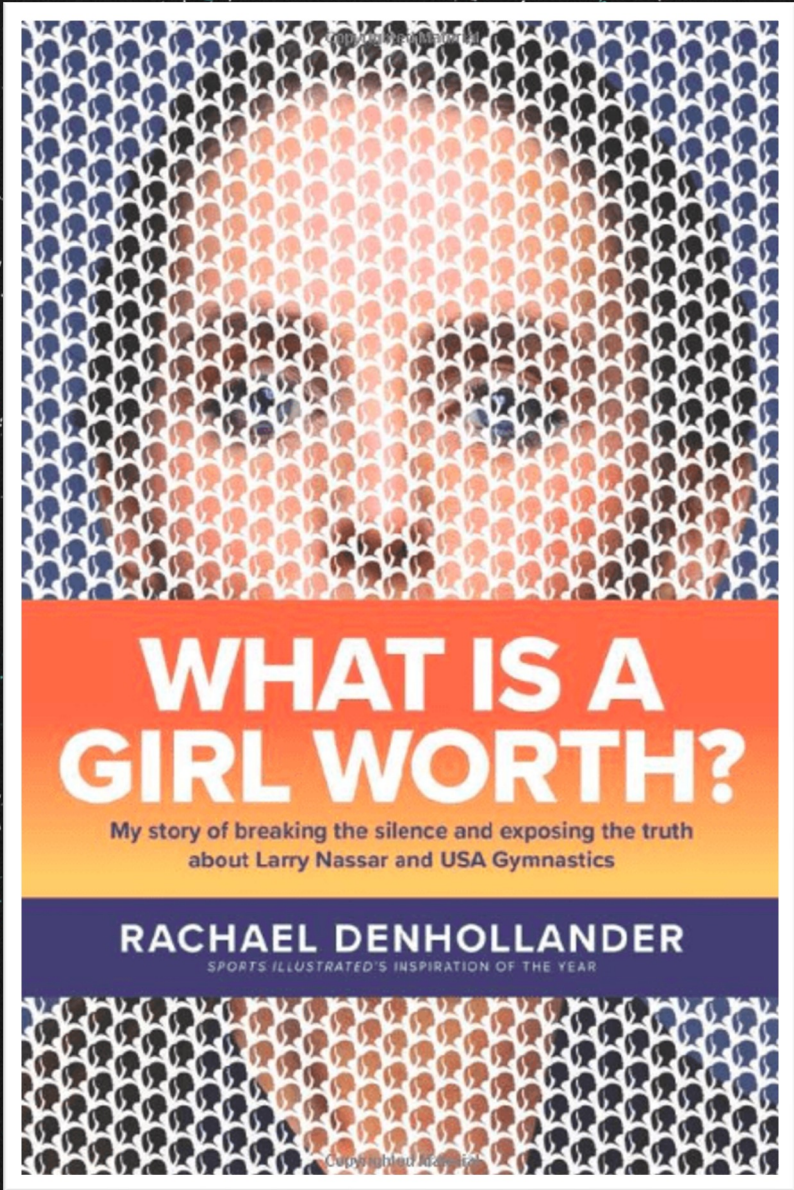
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“But I say to you that everyone who is angry with his brother will be liable to judgment.”

# **Ephesians 4:26a**

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Be angry and do not sin.



# WHAT IS A GIRL WORTH?

My story of breaking the silence and exposing the truth  
about Larry Nassar and USA Gymnastics

**RACHAEL DENHOLLANDER**

SPORTS ILLUSTRATED'S INSPIRATION OF THE YEAR



# Rachael Denhollander

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“And that is what makes the gospel of Christ so sweet. Because it extends grace and hope and mercy where none should be found. And it will be there for you. I pray you experience the soul crushing weight of guilt so you may someday experience true repentance and true forgiveness from God, which you need far more than forgiveness from me – though I extend that to you as well.”

# Romans 5:8

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God shows his love for us in that while we were still sinners, Christ died for us.

# **Four moves peacemakers make**

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- 1) Choose anger wisely
- 2) Don't weaponize your words

# **Proverbs 29:22 (NLT)**

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An angry person starts fights; a hot-tempered person commits all kinds of sin.

# LIFE PRINCIPLE

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Angry people produce angry people.

# **James 3:5b & 8b (NLT)**

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- But a tiny **spark** can set a great **forest** on **fire**...It is **restless** and **evil**, full of **deadly** **poison**.

# Proverbs 18:21

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Death and life are in the power of the tongue.

# Matthew 5:22

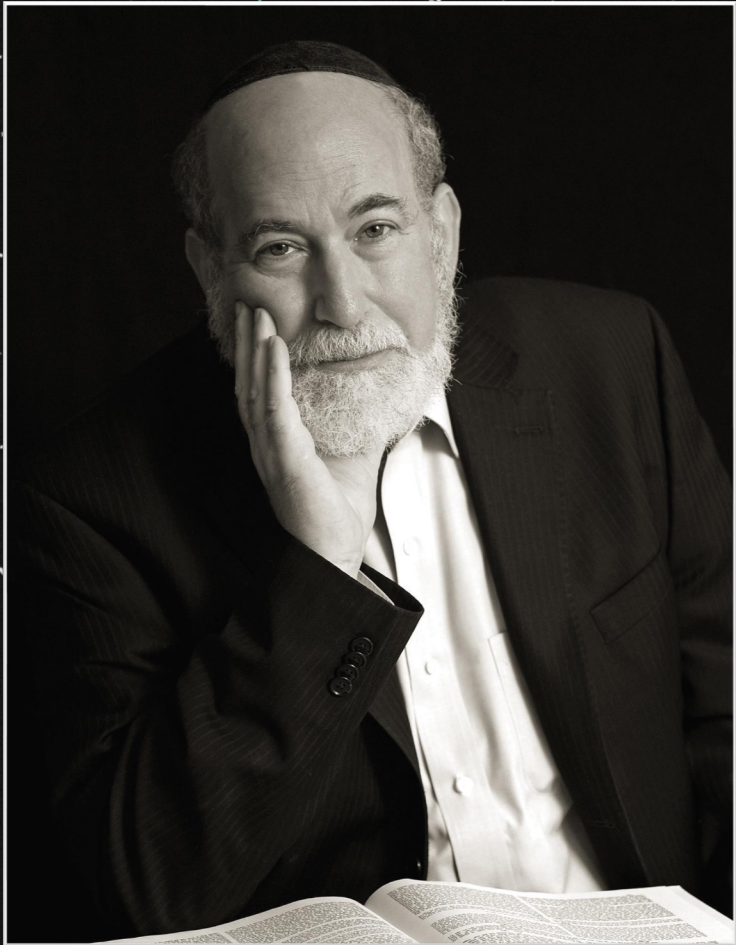
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“But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell of fire.”



# Rabbi Joseph Telushkin

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*Words that Hurt, Words that Heal*

# Rabbi Joseph Telushkin

“Those who can't answer 'yes' must recognize that you have a serious problem. If you cannot go 24 hours without drinking liquor, you are addicted to alcohol. If you cannot go 24 hours without smoking, you are addicted to nicotine. Similarly, if you cannot go 24 hours without saying unkind words about others, then you have lost control over your tongue.”

# **James 1:19b**

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Let every person be **quick to hear, slow to speak, slow to anger.**

# **Four moves peacemakers make**

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- 1) Choose anger wisely**
- 2) Don't weaponize your words**
- 3) Initiate the path toward reconciliation**

## **Matthew 5:23-25**

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“So if you are offering your gift at the altar and there remember that your brother has something against you, <sup>24</sup> **leave** your gift there before the altar and **go**. First **be reconciled** to your brother, and then come and offer your gift. <sup>25</sup> **Come to terms** quickly with your accuser while you are going with him to court, lest your accuser hand you over to the judge, and the judge to the guard, and you be put in prison.”

# Luke 12:58a

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- ...go with your accuser before the magistrate,  
make an effort to settle with him.

# **Romans 12:18**

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If possible, so far as it depends on you, live peaceably with all.

# **Four moves peacemakers make**

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- 1) Choose anger wisely**
- 2) Don't weaponize your words**
- 3) Initiate the path toward reconciliation**
- 4) Trust God with justice**



# Matthew 5:38-39

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“**You have heard** that it was said, ‘An eye for an eye and a tooth for a tooth.’ <sup>39</sup> **But I say to you**, Do not resist the one who is evil. But if anyone slaps you on the right cheek, turn to him the other also.”

# Matthew 5:40-41

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- “And if anyone would sue you and take your tunic, let him have your cloak as well. <sup>41</sup> And if anyone forces you to go one mile, go with him two miles.

# Our God Avenges

1 Samuel 24:12

1 Samuel 25:26 & 39

Psalms 18:47

Jeremiah 5:9

Jeremiah 23:2

Hosea 4:9

Joel 3:21

## **Romans 12:18-19**

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If possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, "Vengeance is mine, I will repay," says the Lord.

God is offended by our sin.

God is offended by our sin.  
God doesn't weaponize his words.

God is offended by our sin.

God doesn't weaponize his words.

God initiates reconciliation.

# **Isaiah 1:18 (NLT)**

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Come now, **let's settle this,**” says the LORD.  
“Though your sins are like scarlet, I will make them as white as snow. Though they are red like crimson, I will make them as white as wool.



God is offended by our sin.

God doesn't weaponize his words.

God initiates reconciliation.

God brings justice.

# 1 Peter 3:18 (NLT)

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Christ suffered for our sins once for all time. He never sinned, but he died for sinners to bring you safely home to God.

