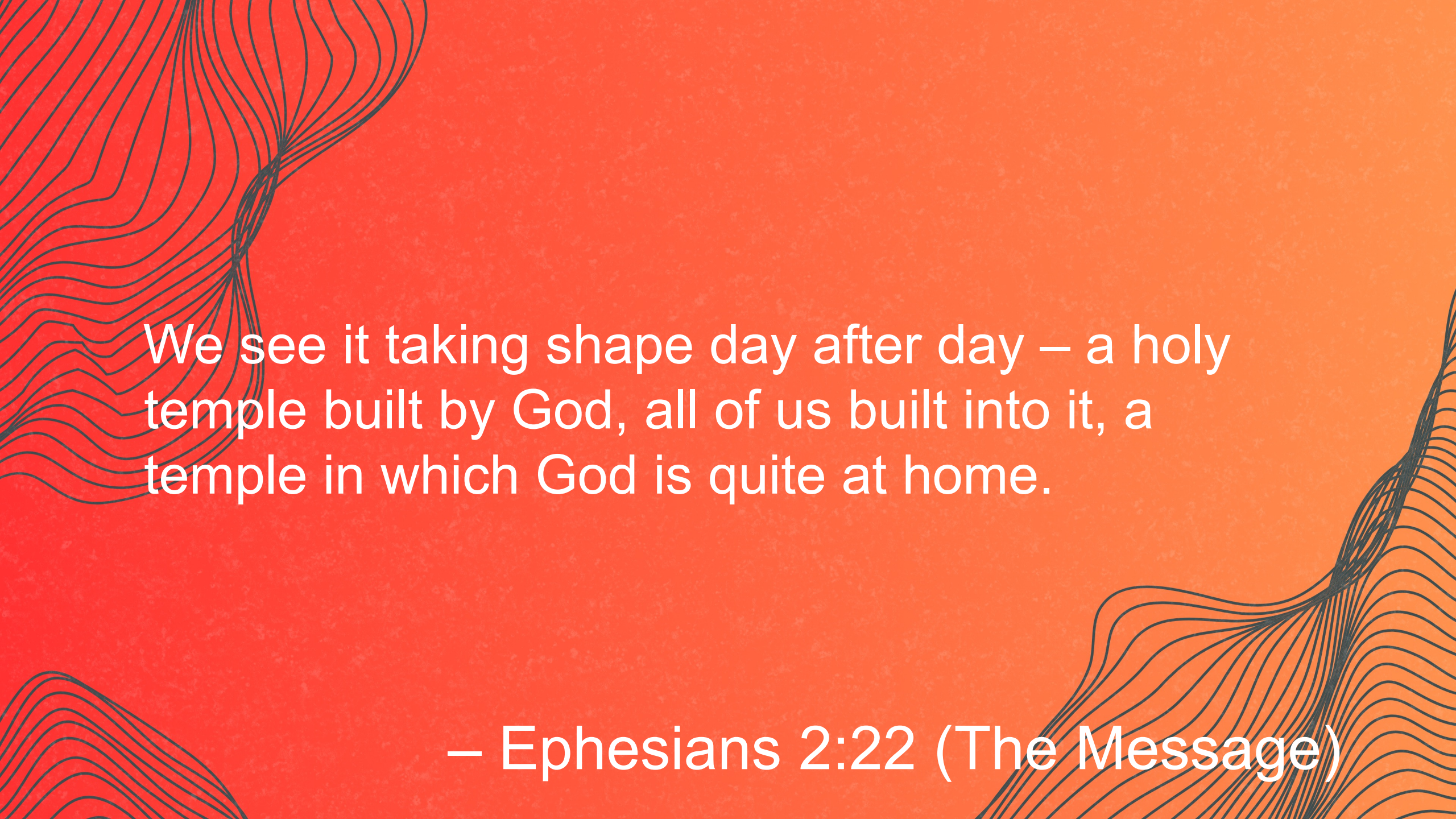


# RHYTHMS

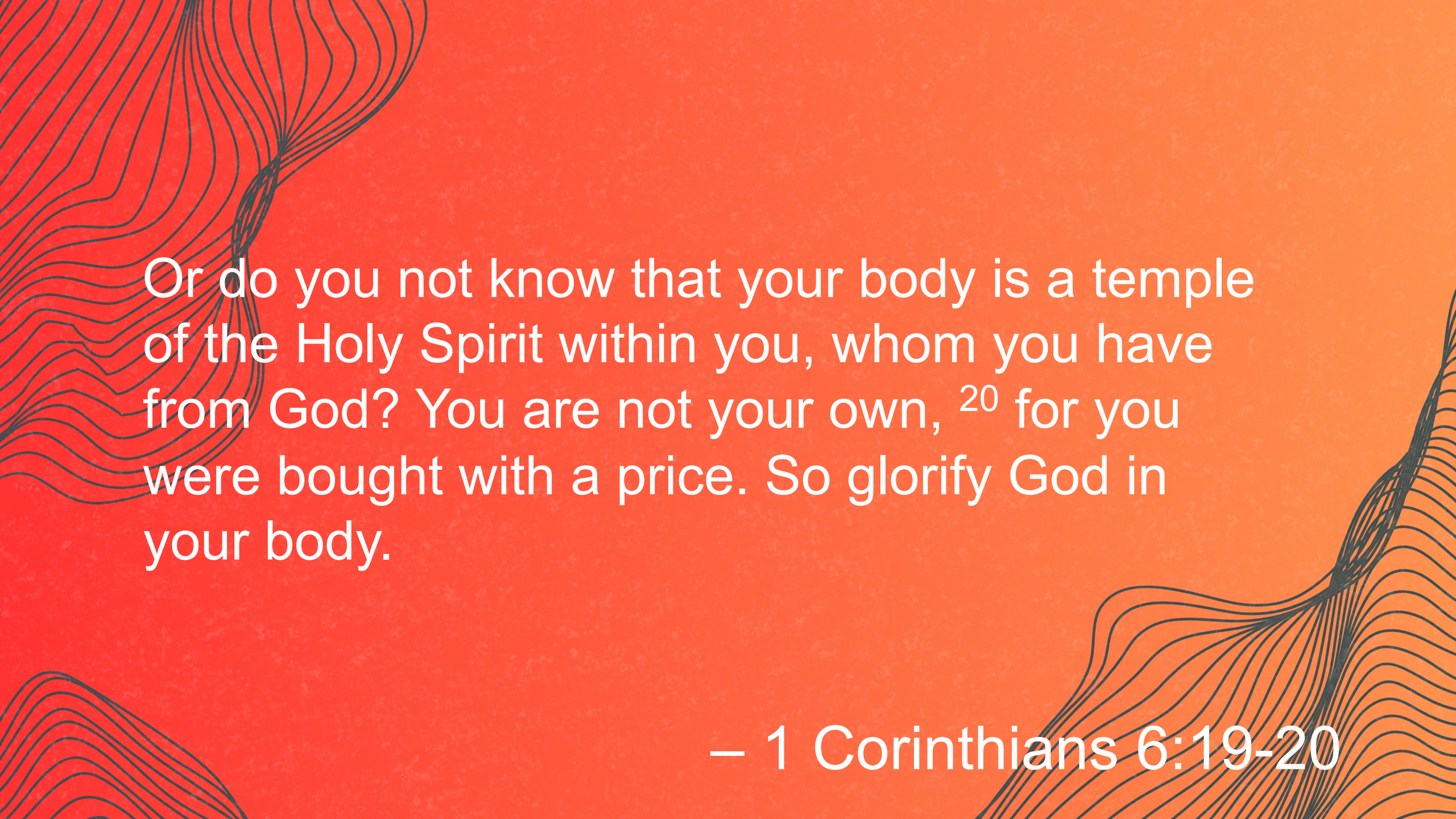
PRACTICING THE WAY OF JESUS





We see it taking shape day after day – a holy temple built by God, all of us built into it, a temple in which God is quite at home.

– Ephesians 2:22 (The Message)

The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and flow together, creating a sense of movement and depth.

Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, <sup>20</sup> for you were bought with a price. So glorify God in your body.

– 1 Corinthians 6:19-20



## Tool: The Word of God

“Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock.” – Matthew 7:24

## **Tool: The Word of God**



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## **Foundation: Scripture gives us Values**

KNOW GOD • LOVE PEOPLE • LIVE SENT

## **Tool: The Word of God**



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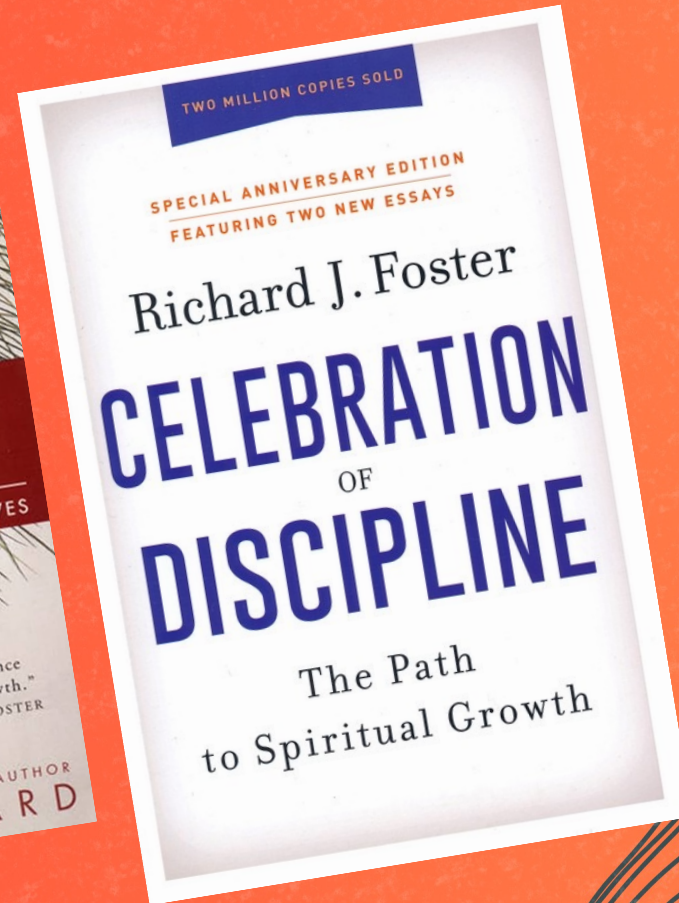
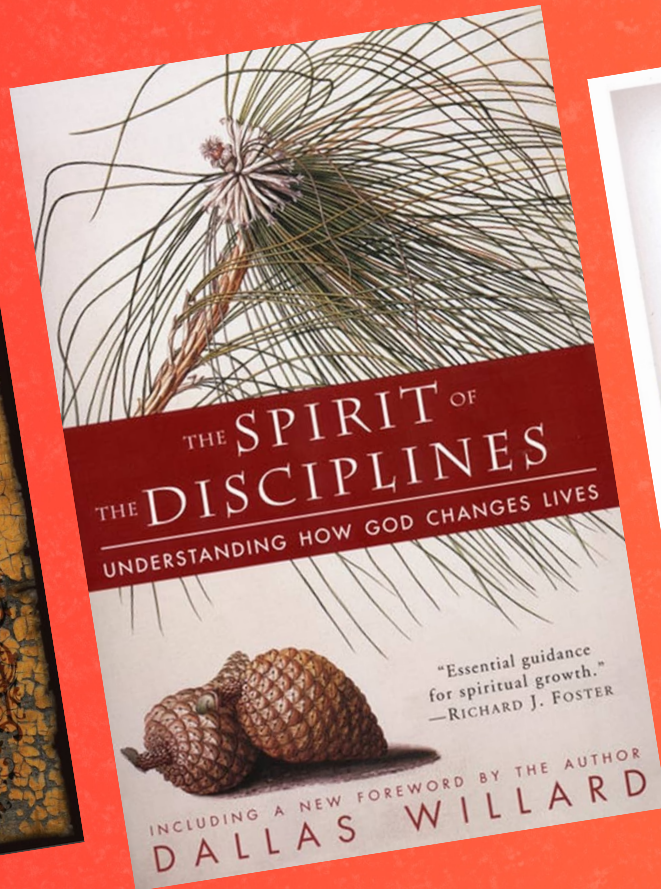
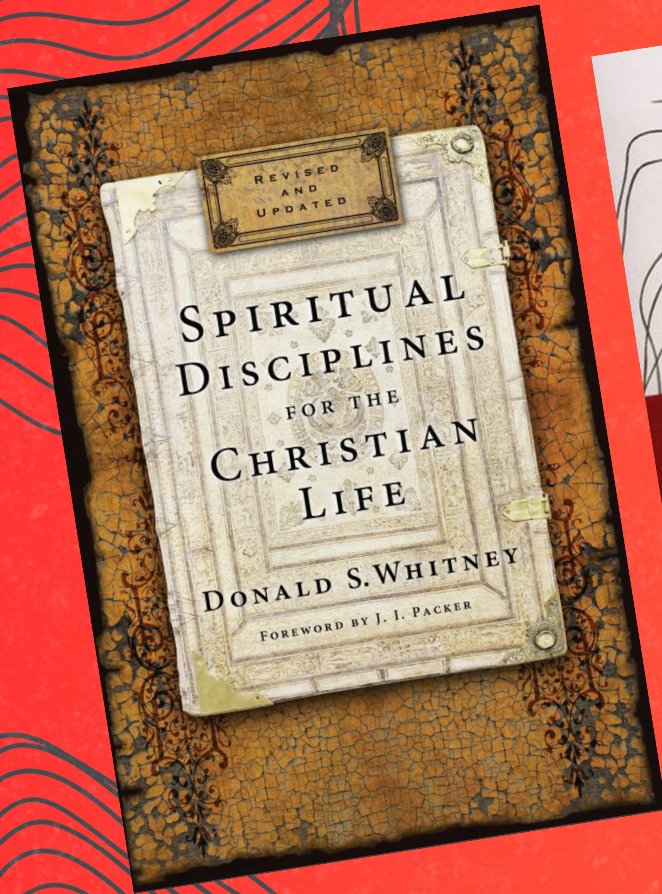


## **Framing: Rhythms: Practicing the Way of Jesus**

“Follow me...” – John 1:43

# RESOURCES

[www.GracePointChurch.net/Rhythms](http://www.GracePointChurch.net/Rhythms)



The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and overlap to form a wavy, organic pattern.

FACT

**40 percent of the actions people take  
every day are not decisions,  
but HABITS**

–Duke University



# Keystone Habits

Keystone habits are the routines and practices by which someone operates. They mark the base level of what you do without any need for willpower or persuasion; the default.

*–Forbes*



Thomas Aquinas, 13<sup>th</sup> C.  
Cultivation of Holy Habits

**INWARD**

The image features a central red circle with a white border, divided into four equal quadrants by a white cross. The word "INWARD" is written in a bold, orange, sans-serif font across the top edge of the circle. The background is a gradient from a deep red on the left to a lighter orange on the right. In the top-left and bottom-right corners, there are decorative patterns of thin, dark grey, wavy lines that resemble topographical contours or sound waves.



**INWARD**

**OUTWARD**

**INWARD**

Communion

Serenity

**OUTWARD**

**INWARD**

Communion

Serenity

Community

Mission

**OUTWARD**



**How is your COMMUNION with Jesus?**

**TEXT 'GPCPOLL' to 97000**

**How is your COMMUNION with Jesus?**

- 1) NOT**
- 2) DISTANT**
- 3) STALLED**
- 4) EMERGING**
- 5) THRIVING**



The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and flow together, creating a sense of movement and depth.

**How is your COMMUNION with Jesus?**

**ABIDE/REMAIN**

128 times in the New Testament:

**μένω [*meno*]**

“to stay in a place”, “endurance”

# Three Rhythms that build COMMUNION with Jesus

## 1) Bible INTAKE

The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and wave together, creating a sense of movement and depth.

“If you **abide** in me and **my words abide** in you...”

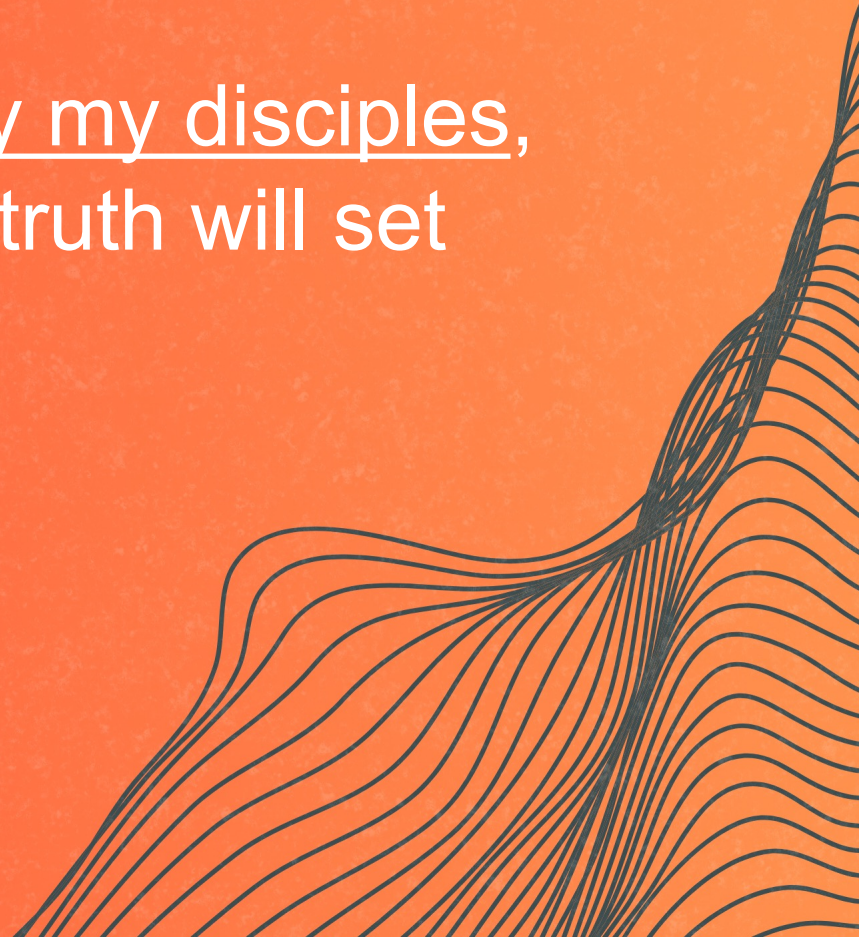
– John 15:7



“If you **abide** in me and **my words abide in you...**”

– John 15:7

“If you **abide in my word**, you are truly my disciples,  
<sup>32</sup> and you will know the truth, and the truth will set  
you free.” – John 8:31



**“If you abide in me and my words abide in you...”**

– John 15:7

**“If you abide in my word, you are truly my disciples,  
32 and you will know the truth, and the truth will set  
you free.”** – John 8:31

**Everyone who goes on ahead and does not abide in  
the teaching of Christ, does not have God.**

– 2 John 9

GROUND-BREAKING  
RESEARCH THAT REDEFINES  
WHAT IT MEANS TO...

Includes 7  
QUESTIONS  
That Will Change  
Your Life!

# Think Like Jesus

MAKE THE RIGHT DECISION  
EVERY TIME



GEORGE BARNA

The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and wave together, creating a sense of movement and depth.

**9%** of born-again adults have a biblical worldview.

–Barna Survey



**9%** of born-again adults have a biblical worldview.

**51%** of protestant pastors and elders couldn't pass the test for having a Christian worldview.

–Barna Survey



# Three Rhythms that build COMMUNION with Jesus

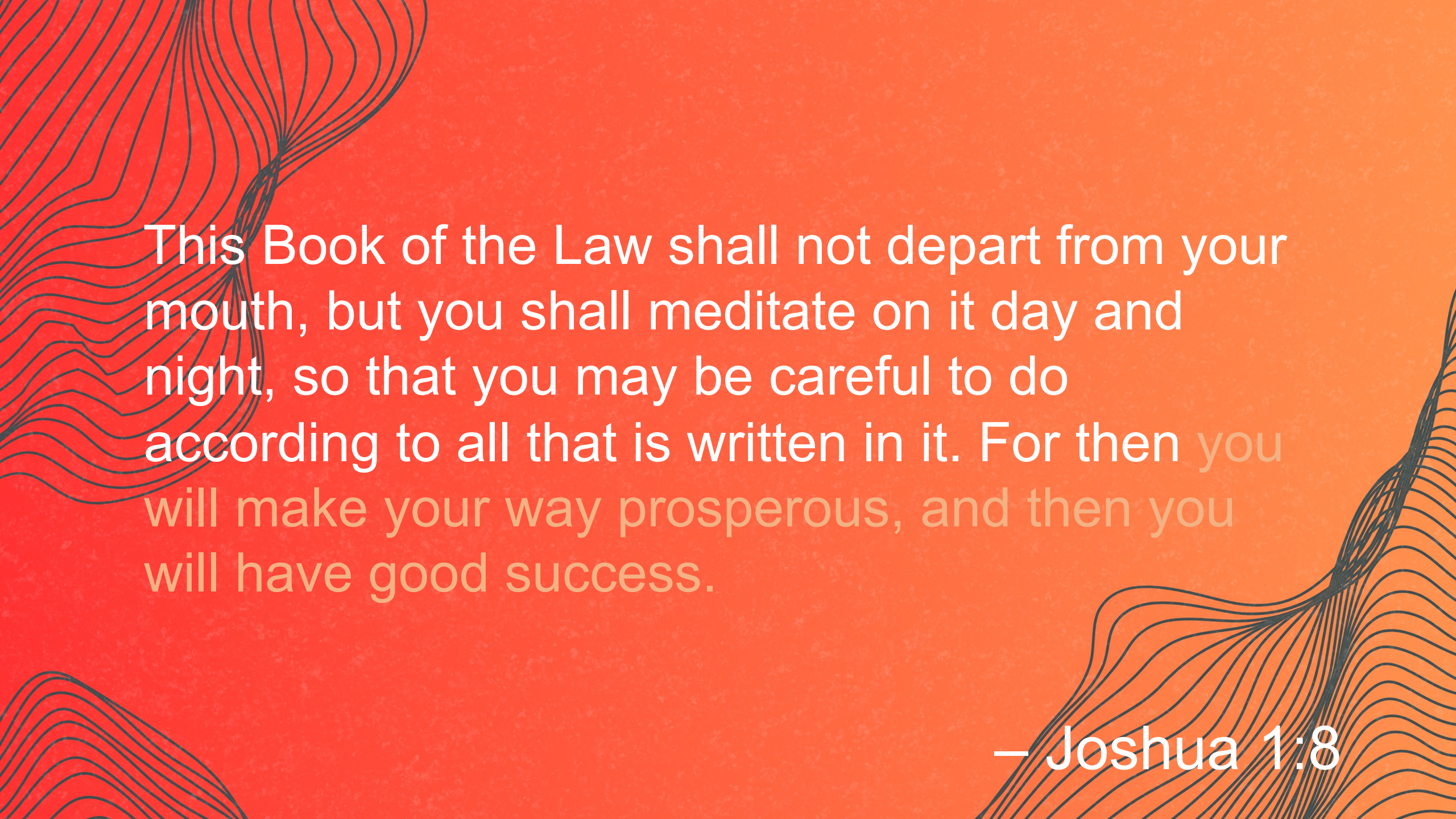
1) Bible INTAKE

2) Bible MEMORIZATION

The image features a solid orange background with decorative wavy lines in the corners. The lines are thin and dark, creating a sense of movement and depth. The text is centered in the middle of the page.

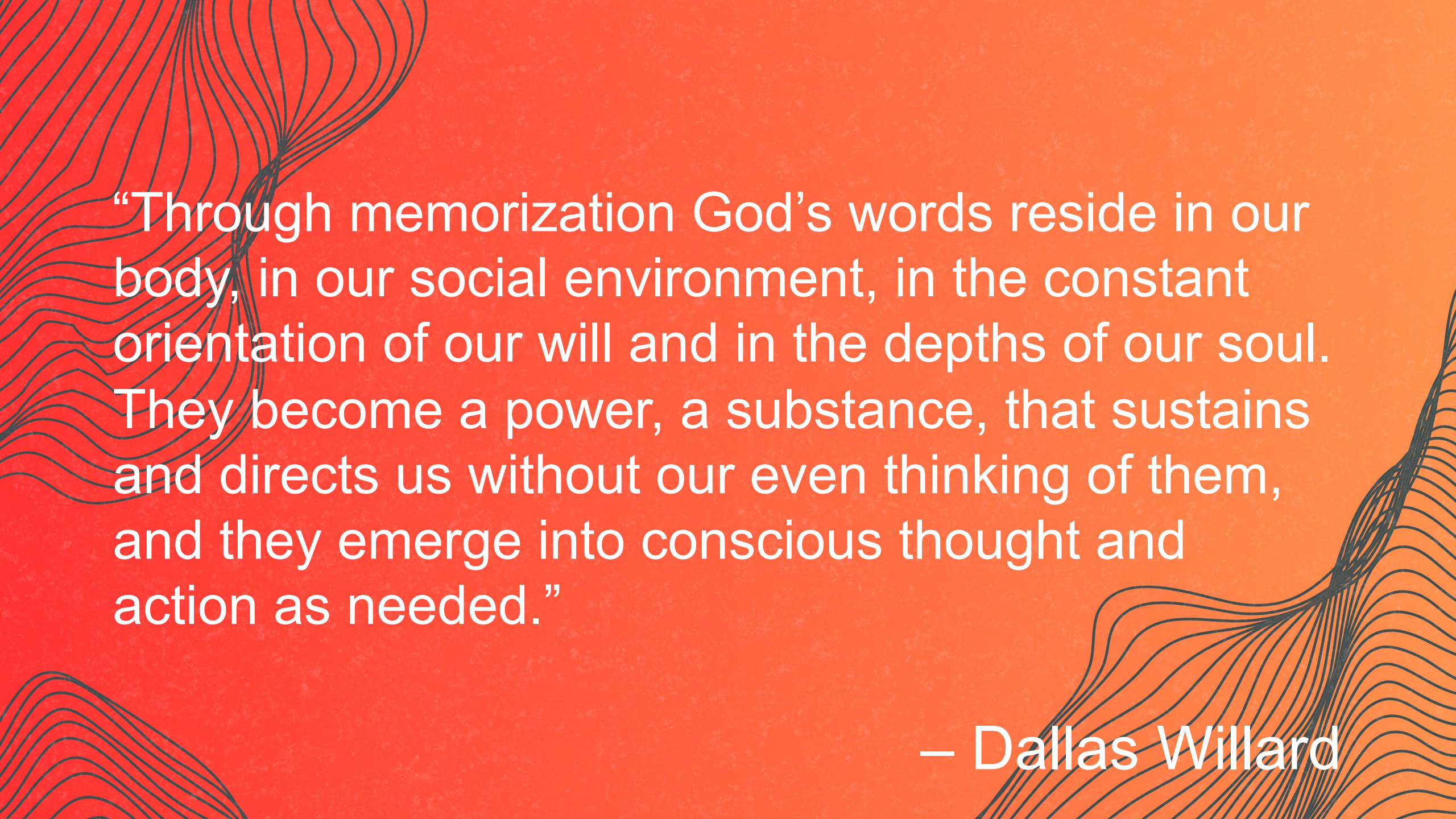
...For then you will make your way prosperous,  
and then you will have good success.

— Joshua 1:8

The image features a solid orange background with decorative wavy lines in the corners. The lines are composed of many thin, dark grey or black lines that curve and flow together, creating a sense of movement and depth. They are located in the top-left, bottom-left, and bottom-right corners, framing the central text.

This Book of the Law shall not depart from your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success.

— Joshua 1:8

The background features a gradient from dark red on the left to bright orange on the right. Overlaid on this are several sets of thin, dark grey, wavy lines that resemble topographical contours or sound waves, creating a sense of movement and depth.

“Through memorization God’s words reside in our body, in our social environment, in the constant orientation of our will and in the depths of our soul. They become a power, a substance, that sustains and directs us without our even thinking of them, and they emerge into conscious thought and action as needed.”

– Dallas Willard

The background is a solid orange-red color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and wave together, creating a sense of movement and depth.

“My eyes stay open through the watches of the night,  
that I may meditate on your promises. — Psalm 119:148

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Imprint these words of mine on your hearts and  
minds... — Deuteronomy 11:18



“My eyes stay open through the watches of the night,  
that I may meditate on your promises. — Psalm 119:148

Imprint these words of mine on your hearts and  
minds... — Deuteronomy 11:18

The law of his God is in his heart; his steps do  
not slip. — Psalm 37:31

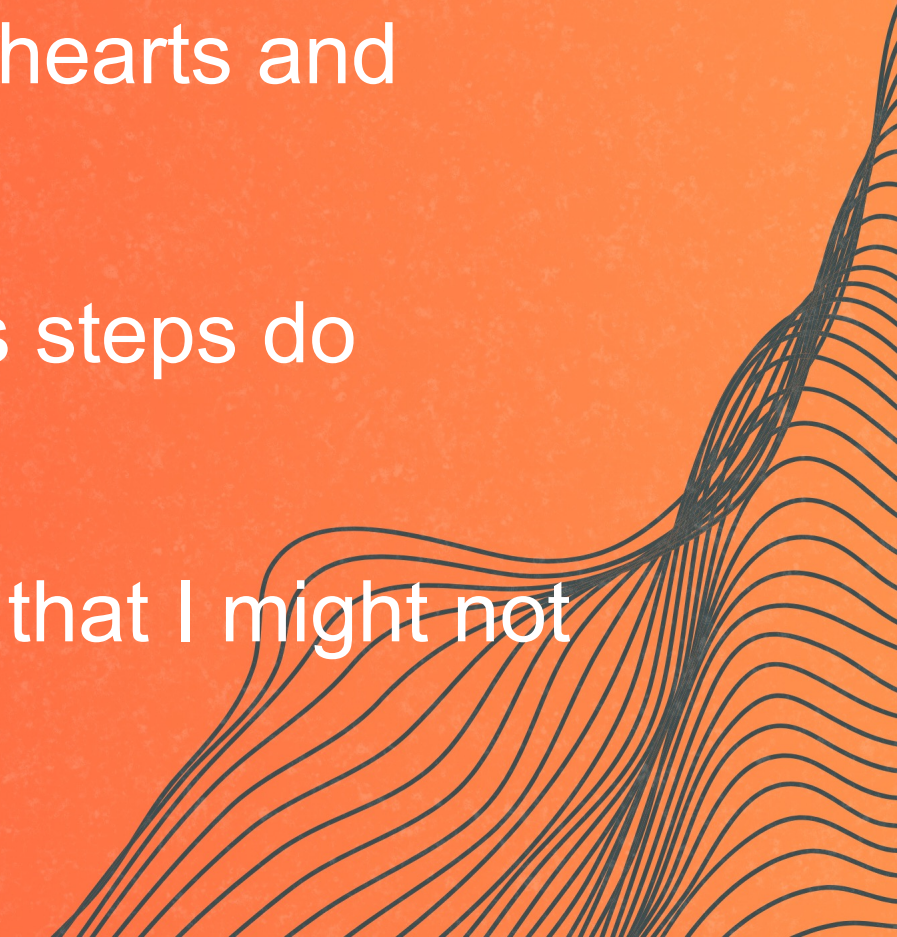


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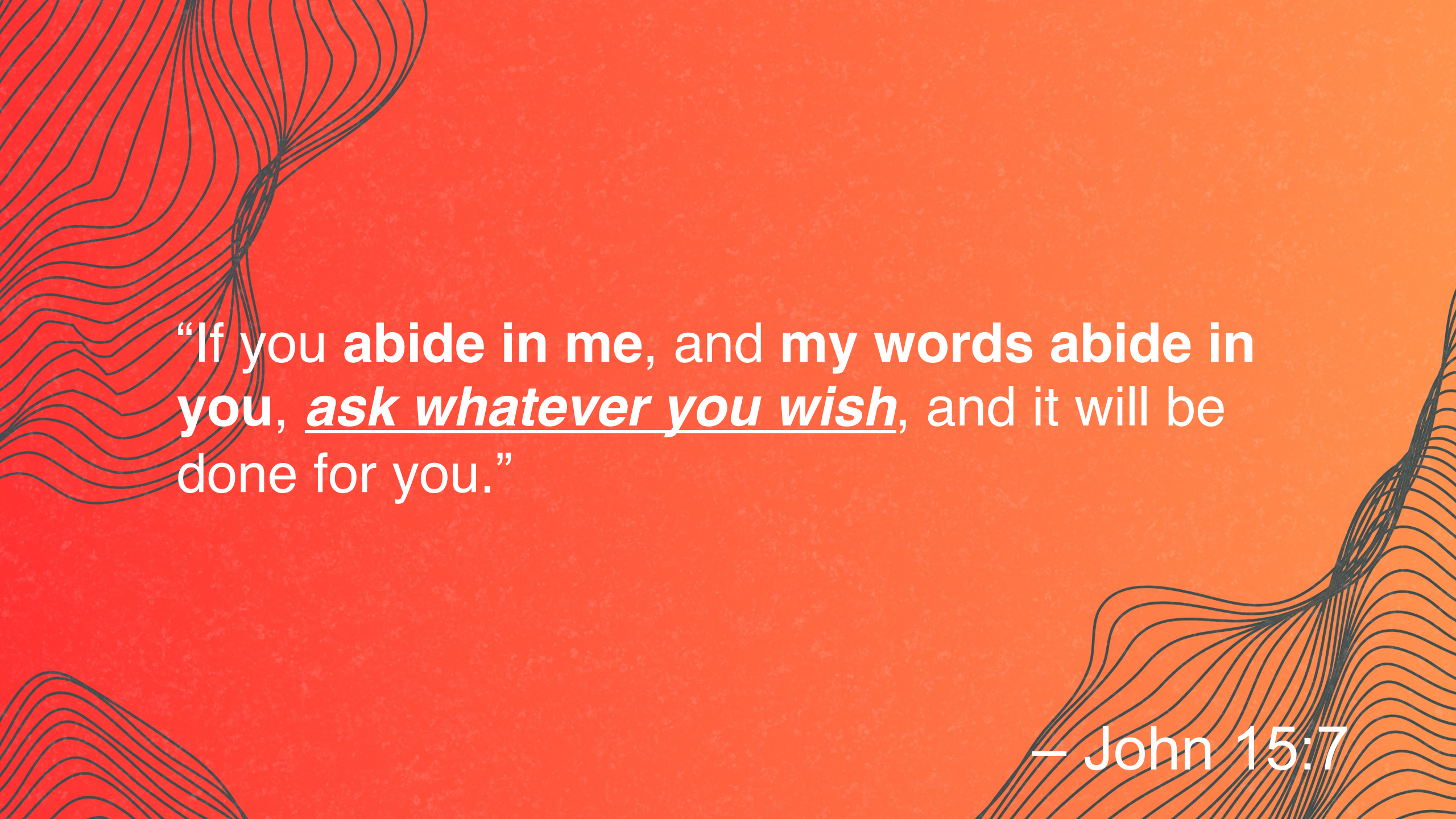
I have hidden your word in my heart that I might not  
sin against you. — Psalm 119:11





# Three Rhythms that build COMMUNION with Jesus

- 1) Bible INTAKE
- 2) Bible MEMORIZATION
- 3) Empowered PRAYER

The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and overlap to form a wavy, organic shape.

“If you abide in me, and my words abide in you, *ask whatever you wish*, and it will be done for you.”

– John 15:7

The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and overlap to form a wavy, organic pattern.

“**Ask**, and it will be given to you; **seek**, and you will find; **knock**, and it will be opened to you.”

– Matthew 7:7

The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and overlap to form a wavy, organic shape. The text is centered on the page.

# LIFE PRINCIPLE

Prayer isn't me getting **my** will into heaven,  
but getting **God's** will into **me**.




“**Seek** first the kingdom of God and his righteousness, and all these things will be added to you.”

– Matthew 6:33

☰
⋮
UNREACHED of the Day

Profile
Summary
Map



(Representative photo)  
Photo Source:  
Gaurav Bagdi - Unsplash

PRAY FOR THE

Lunape in Bhutan

Unreached of the Day - November 5

Population in Country <b>1,200</b>	Global Population <b>1,200</b>	Primary Language <b>Lunanakha</b>
Primary Religion <b>Buddhism</b>	Christian Adherent <b>0.0 %</b>	Evangelical <b>0.0 %</b>

🌐
Praying

}
765

# Joshua Project

And they sang a new song, saying, “Worthy are you to take the scroll and to open its seals, for you were slain, and by your blood you ransomed people for God from every tribe and language and people and nation.”

—Revelation 5:9

The background is a solid orange color. In the top-left and bottom-right corners, there are decorative elements consisting of multiple thin, dark grey lines that curve and overlap to form a wavy, organic shape. The text is centered horizontally and vertically on the page.

“These things I have spoken to you, that my joy may be in you, and that your joy may be full.”

– John 15:11