

THE
HEART *OF THE*
MATTER

Isaiah 43:18-19 English Standard Version

18

**“Remember not the former things,
nor consider the things of old.**

19

**Behold, I am doing a new thing;
now it springs forth, do you not perceive it?
I will make a way in the wilderness
and rivers in the desert.**

A Change of Heart

Start

**Grow closer to God
Feel more content
Lose weight,
Start to exercise
Eat healthy
Get out of debt
Get a promotion
Start a new business
Get closer to my kids
Invest in our marriage
Volunteer at church**

Stop

**Stop eating bad
Stop watching so much TV
Stop worrying
Thinking negative
running late
arguing with my spouse.
Getting frustrated with my kids
Being so selfish
Losing my temper
Overspending
Procrastinating**

Who then Do

Proverbs 23:7 King James Version

7 For as he thinketh in his heart, so is he: Eat and drink, saith he to thee; but his heart is not with thee.

**Psychology, James March professor at Stanford university
calls this the identity identity model of decision making**

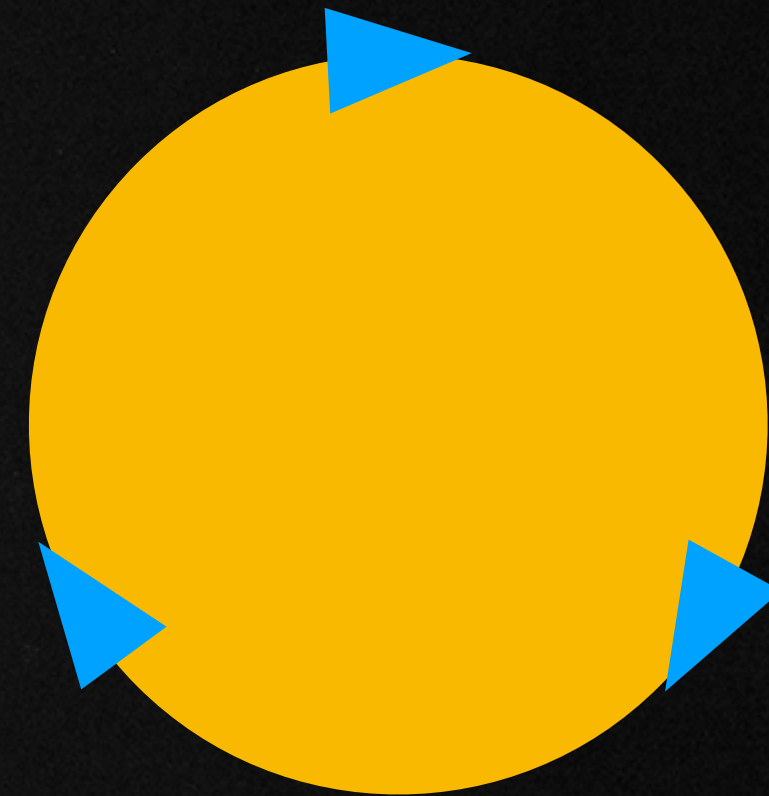
which means we essentially ask ourselves three questions

who am I

what kind of situation is this

what would someone like me to do in the situation?

Belief

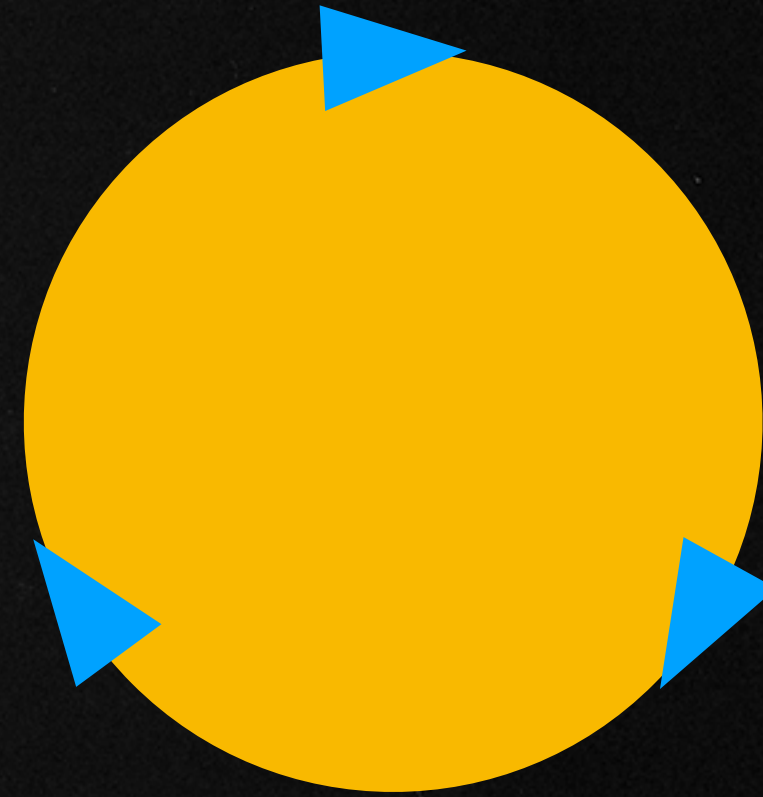


Behavior

NEW YOU

Because of Who now **Do**

Confidence



Conduct

NEW YOU

Romans 12:1-2 New King James Version

12 I beseech you therefore, brethren, by the mercies of God, **that you present your bodies a living sacrifice, holy, acceptable to God**, which is your reasonable service. **2** And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

Confidence

NEW YOU



Philippians 1:6 New International Version

6 being **confident** of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

NEW YOU



Hebrews 11:1 New International Version

11 Now **faith is confidence** in what we hope for and **assurance** about what we do not see.

NEW YOU



Hebrews 11:1 New King James Version

11 Now **faith is the substance** of things hoped for, the **evidence** of things not seen.

NEW YOU



Who are You?

John 8:44 New King James Version

44 You are of your father the devil, and the desires of your father you want to do. He was a murderer from the beginning, **and does not stand in the truth, because there is no truth in him.** When he speaks a lie, he speaks from his own resources, **for he is a liar** and the father of it.

Revelation 12:10 New King James Version

10 Then I heard a loud voice saying in heaven, “Now salvation, and strength, and the kingdom of our God, and the power of His Christ have come, for the accuser of our brethren, who accused them before our God day and night, has been cast down.

Who I am in Christ

Precious in his sight - Isa 62:12

A new creation - 2 Cor 5:17

Forgiven - Col 1:14

Loved - 1 John 3:1

Accepted - Ro 5:7

A child of God - John 1:12

Free - John 8:36

The temple of God - 1 Cor 6:19

Gods treasured possession - Debt 7:6

Chosen - Col 3:12

Called - 2 Tim 1:9

Complete in Christ - Col 2:10

Saved - 2 Tim 1:9

Redeemed - Ephesians 1:7

Salt & Light - Matt 5:14

One with Christ - 1 Cor 6:17

Masterpiece - Eph 2:10

Safe in Christ - Col 3:3

Victorious - 1 Cor 15:57

Blessed - Psalm 84:4

Wonderfully made - Psalm 139:14

Citizen of heaven - Phil 3:20

Can do all things - Phil 4:13

More than a conquer - Ro 8:37

Galatians 2:20 New King James Version

20 I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

2 Corinthians 5:17 New King James Version

17 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.

Who will you be?

Philippians 3:12-14 New International Version

12 Not that **I have already obtained all this, or have already arrived at my goal**, but I press on to take hold of that for which Christ Jesus took hold of me. 13 Brothers and sisters, **I do not consider myself yet to have taken hold of it**. But one thing I do: Forgetting what is behind and straining toward what is ahead, 14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

God sees who you will be

2 Corinthians 3:18 New King James Version

18 But we all, with unveiled face, beholding as in a mirror the glory of the Lord, **are being transformed into the same image** from glory to glory, just as by the Spirit of the Lord.

For who?

1 Corinthians 10:31 English Standard Version

31 So, whether you eat or drink, or whatever you do, do all to the glory of God.

Colossians 3:23-24 English Standard Version

23 Whatever you do, work heartily, as for the Lord and not for men, 24 knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.

Colossians 3:17 English Standard Version

17 And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

NEW YOU



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**“If it's your job to eat a frog, it's best to do it first thing in the morning.
And If it's your job to eat two frogs, it's best to eat the biggest one
first.”**

—Mark Twain

Productivity consultant Brian Tracy named the method Eat The Frog