

The Family

ELEVATE SERIES



com·mu·ni·ca·tion—
/kəˌmyʊnəˈkɑːʃ(ə)n/

noun

1.
the imparting or exchanging of information or news.

Communication has 3 parts:

Sender

Message

Recipient

There are different types / ways to communicate

Verbal

Nonverbal

Body language

Facial expressions

Physical touch

Bad communication is learned and becomes habitual



Breaking bad habits

1 Corinthians 12:31 New King James Version

31 But earnestly desire the best gifts. **And yet I show you a more excellent way.**



4 Love suffers long (patient) and is kind; love does not envy; love does not parade itself, is not puffed up; 5 does not behave rudely, does not seek its own, is not provoked, thinks no evil; 6 does not rejoice in iniquity, but rejoices in the truth; 7 bears all things, believes all things, hopes all things, endures all things.

8 Love never fails.

13 And now abide **faith, hope, love**, these three; **but the greatest of these is love.**



Romans 5:1-5 New King James Version

5 Therefore, having been justified by **faith**, we have peace with God through our Lord Jesus Christ, 2 through whom also we have access by faith into this grace in which we stand, and rejoice in **hope** of the glory of God. 3 And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; 4 and perseverance, character; and character, hope. 5 Now hope does not disappoint, because the **love** of God has been poured out in our hearts by **the Holy Spirit who was given to us.**

Faith → Trust

Trust → Honesty

Ephesians 4:25 New Living Translation

25 **So stop telling lies.** Let us tell our neighbors the truth, for we are all parts of the same body.

Colossians 3:9 New Living Translation

9 **Don't lie to each other,** for you have stripped off your old sinful nature and all its wicked deeds.

Tell the truth in love



The Golden rule

Luke 6:31 New American Standard Bible

31 Treat people the same way you want them to treat you.



Set up good boundaries...

...things we should never say



Hope → Joy & Happiness



Romans 15:13 English Standard Version

13 May the **God of hope fill you with all joy** and peace in believing, so that **by the power of the Holy Spirit you may abound in hope.**



Romans 5:1-5 New King James Version

5 Therefore, having been justified by **faith**, we have peace with God through our Lord Jesus Christ, 2 through whom also we have access by faith into this grace in which we stand, and rejoice in **hope** of the glory of God. 3 And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; 4 and perseverance, character; and character, hope. 5 Now hope does not disappoint, because the **love** of God has been poured out in our hearts by **the Holy Spirit who was given to us.**



Philippians 4:4 English Standard Version

4 Rejoice in the Lord always; again I will say, rejoice.



Psalm 118:24 New King James Version

24

This is the day the Lord has made;
We will rejoice and be glad in it.

Proverbs 17:22 English Standard Version

22

A joyful heart is good medicine,
but a crushed spirit dries up the bones.

James 1:2 English Standard Version

2 **Count it all joy,** my brothers, when you meet trials of various kinds,



Love



Love → Patient & Kind



kindness is a lifestyle.

kindness needs faithful practice every day,
kindness also requires intentionality.



Self control – don't respond in

Frustration
Insecurity
Disrespect
...Unforgiveness



Forgiveness

Ephesians 4:31-32 New Living Translation

31 Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. **32 Instead, be kind to each other, tenderhearted, forgiving one another,** just as God through Christ has forgiven you.



Respect

Fear

Confidence vs Insecurity

Insecurity — just plain fear



1. They feel jealous of others' success.
2. They secretly want others to fail
3. They always blame others
4. They become very defensive
5. They have trouble saying no
6. They constantly worry about the future
7. They need constant affirmation

Confidence — fear of the lord

Proverbs 14:26 English Standard Version

26

In the fear of the Lord one has strong confidence,
and his children will have a refuge.



Hebrews 13:6 English Standard Version

6 So we can confidently say,
“The Lord is my helper;
I will not fear;
what can man do to me?”



Philippians 1:6 New King James Version

6 being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ;



Holiness

Proverbs 16:6 New King James Version

6

In mercy and truth

Atonement is provided for iniquity;

And **by the fear of the Lord one departs from evil.**



John 14:15 New King James Version

Jesus Promises Another Helper

15 “If you love Me, keep My commandments.



Frustration

John 14:15 New King James Version

Jesus Promises Another Helper

15 “If you love Me, keep My commandments.

16 And I will ask the Father, and he will give you another advocate to help you and be with you forever— 17 the **Spirit of truth**. The world cannot accept him, because it neither sees him nor knows him. But you know him, **for he lives with you and will be in you.**



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