

HEART SOUL

# DET OX

MIND STRENGTH





Detox-

a regimen or treatment intended to remove  
toxins and impurities.

D E T O X





# Body, Soul & Spirit

D E T O X







## 1 Thessalonians 5:23 New King James Version

23 Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.













# Flesh World Evil One

D E T O X

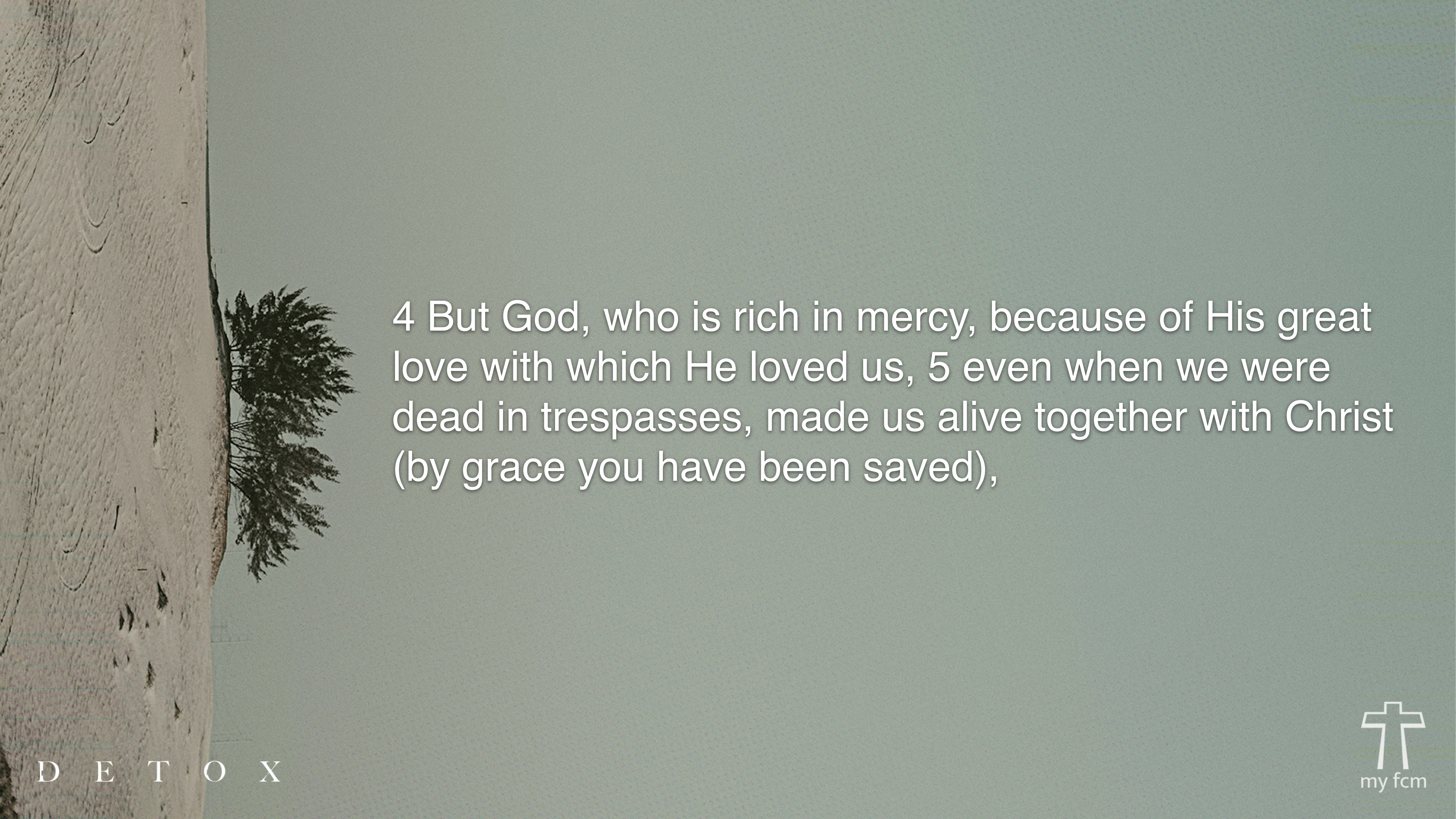




## Ephesians 2:1-5 New King James Version


2 And you He made alive, who were dead in trespasses and sins, 2 in which you once walked according to the course of **this world**, according to the **prince of the power of the air**, the spirit who now works in the sons of disobedience, 3 among whom also we all once conducted ourselves in the **lusts of our flesh**, fulfilling the desires of the flesh and of the mind, and were by nature children of wrath, just as the others.





4 But God, who is rich in mercy, because of His great love with which He loved us, 5 even when we were dead in trespasses, made us alive together with Christ (by grace you have been saved),





# Body, Soul, & Spirit

## Flesh

D E T O X





## Philippians 1:21-24 New King James Version

21 For to me, to live is Christ, and to die is gain. 22 But if **I live on in the flesh**, this will mean fruit from my labor; yet what I shall choose I cannot tell. 23 For I am hard-pressed between the two, having a desire to depart and be with Christ, which is far better. 24 Nevertheless **to remain in the flesh is more needful for you.**





Body, Soul, & Spirit

Flesh

vs

Flesh

D E T O X






## Philippians 3:2-9 New King James Version


2 Beware of dogs, beware of evil workers, beware of the mutilation! 3 For we are the circumcision, who worship God in the Spirit, rejoice in Christ Jesus, and have no confidence in the flesh, 4 though I also might have confidence in the flesh. If anyone else thinks he may have confidence in the flesh, I more so:





5 circumcised the eighth day, of the stock of Israel, of the tribe of Benjamin, a Hebrew of the Hebrews; concerning the law, a Pharisee; 6 concerning zeal, persecuting the church; concerning the righteousness which is in the law, blameless.





7 But what things were gain to me, these I have counted loss for Christ. 8 Yet indeed I also count all things loss for the excellence of the **knowledge of Christ Jesus my Lord**, for whom I have suffered the loss of all things, and count them as rubbish, that I may gain Christ 9 and be found in Him, **not having my own righteousness, which is from the law, but that which is through faith in Christ**, the righteousness which is from God by faith;





## Genesis 2:17 New King James Version

17 but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it **you shall surely die.**”





Body, Soul, & Spirit

Flesh vs Law

D E T O X







## Romans 7: 12 & 14 New International Version

12 So then, the law is holy, and the commandment is holy, righteous and good.

14 We know that the law is spiritual; but I am unspiritual, sold as a slave to sin.



## Romans 6:11-14 New International Version

11 In the same way, **count yourselves dead to sin but alive to God in Christ Jesus.** 12 Therefore do not let sin reign in your mortal body so that you obey its evil desires. **13 Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God** as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness. **14 For sin shall no longer be your master, because you are not under the law, but under grace.**



15 I do not understand what I do. For what I want to do I do not do, but what I hate I do. 16 And if I do what I do not want to do, I agree that the law is good. 17 As it is, it is no longer I myself who do it, but it is sin living in me. 18 For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. 19 For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. 20 Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.





Body, Soul, & Spirit

Flesh vs Spirit

D E T O X






## Romans 8:1-4 New International Version

8 Therefore, there is now no condemnation for those who are in Christ Jesus, 2 because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death. 3 For what the law was powerless to do because it was weakened by the flesh,





God did by sending his own Son in the likeness of  
sinful flesh to be a sin offering. And so he condemned  
sin in the flesh, 4 in order that the righteous  
requirement of the law might be fully met in us, who do  
not live according to the flesh but according to the  
Spirit.





## Galatians 5:16-23 New King James Version

16 I say then: **Walk in the Spirit**, and you shall not fulfill the lust of the flesh. 17 **For the flesh lusts against the Spirit, and the Spirit against the flesh**; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law.





## Walk — Peripeteo

Peri — around, to be encircled

Pateo — to walk, move with your feet

Habitually walk around in one general vicinity.  
Live






## Galatians 5:16-23 New King James Version

16 I say then: **Walk in the Spirit**, and you shall not fulfill the lust of the flesh. 17 **For the flesh lusts against the Spirit, and the Spirit against the flesh**; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law.





Fulfil — teleo

To bring forward from an embryonic state

D E T O X







Lust — epithumia

Epi — over the top, rule over, intensely  
thumos — passionate desire

To be ruled by intense passion






## Galatians 5:16-23 New King James Version

16 I say then: **Walk in the Spirit**, and you shall not fulfill the lust of the flesh. 17 **For the flesh lusts against the Spirit, and the Spirit against the flesh**; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law.






Against — kata

War, conquer, dominate, squash

D E T O X

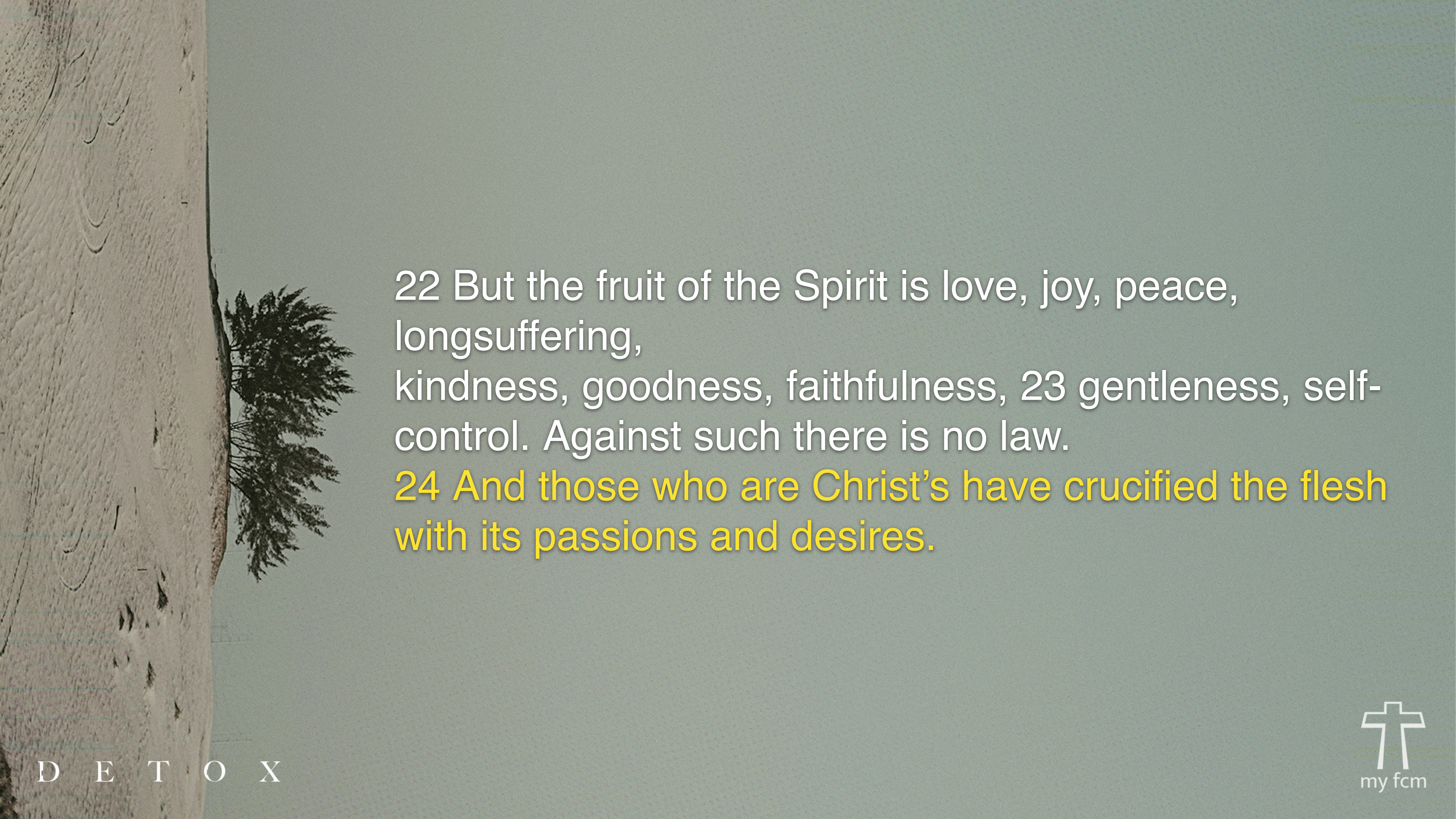






19 Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, 20 idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, 21 envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God.





22 But the fruit of the Spirit is love, joy, peace,  
longsuffering,  
kindness, goodness, faithfulness, 23 gentleness, self-  
control. Against such there is no law.  
24 And those who are Christ's have crucified the flesh  
with its passions and desires.



# Kingdom of Heaven clip

D E T O X







## Galatians 2:20 New King James Version

20 I have been crucified with Christ; it is no longer I who live, **but Christ lives in me**; and the life which I now live in the flesh **I live by faith** in the Son of God, who loved me and gave Himself for me.





## Matthew 4:4 New King James Version

4 But He answered and said, “It is written, ‘Man shall not live by bread alone, but by every word that proceeds from the mouth of God.’ ”





## Romans 8:11 New Living Translation

11 The Spirit of God, who raised Jesus from the dead,  
**lives in you.**



HEART SOUL

# DET OX

MIND STRENGTH



## 1 Thessalonians 5:16-21 New King James Version

16 Rejoice always, 17 pray without ceasing, 18 in everything give thanks; for this is the will of God in Christ Jesus for you.

19 Do not quench the Spirit. 20 Do not despise prophecies. 21 Test all things; hold fast what is good.





## 1 Thessalonians 5:23 New King James Version

23 Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.