



HEART SOUL

DETOX

MIND STRENGTH



my fcm

1 Thessalonians 5:23 New King James Version

23 Now may the God of peace Himself **sanctify you completely**; and may your **whole spirit, soul, and body** be preserved blameless at the coming of our Lord Jesus Christ.



1 Thessalonians 5:16-21 New King James Version

16 Rejoice always, 17 pray without ceasing, 18 in everything give thanks; for this is the will of God in Christ Jesus for you.

19 Do not quench the Spirit.

Joy is a Gift

D E T O X





John 10:10 Amplified Bible, Classic Edition

10 The thief comes only in order to steal and kill and destroy. **I came that they may have and enjoy life,** and have it in abundance (to the full, till it [a]overflows).



Romans 15:13 New English Translation

13 Now may the God of hope fill you with all **joy and peace as you believe in him**, so that you may abound in hope by the power of the Holy Spirit.

Romans 14:17

New International Version

17 For the kingdom of God is not a matter of eating and drinking, **but of righteousness, peace and joy in the Holy Spirit,**

1 Peter 1:8-9 New International Version

8 Though you have not seen him, you love him; and even though you do not see him now, **you believe in him and are filled with an inexpressible and glorious joy,** 9 for you are receiving the end result of your faith, the salvation of your souls.



Isaiah 35:10 New King James Version

10 And the ransomed of the Lord shall return,
And come to Zion with singing,
With everlasting joy on their heads.
They shall obtain joy and gladness,
And sorrow and sighing shall flee away.

Joy Is a Command

D E T O X



Philippians 4:4-7 New International Version

4 Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all. The Lord is near. 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

1 Thessalonians 5:16-19 English Standard Version

16 Rejoice always, 17 pray without ceasing, 18 give thanks in all circumstances; for this is the will of God in Christ Jesus for you. **19 Do not quench the Spirit.**

Galatians 5:16-23 New King James Version

16 I say then: **Walk in the Spirit**, and you shall not fulfill the lust of the flesh. 17 **For the flesh lusts against the Spirit, and the Spirit against the flesh**; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law.

Walk — Peripeteo

Peri — around, to be encircled

Pateo — to walk, move with your feet

Habitually walk around in one general vicinity.
Live

Galatians 5:16-23 New King James Version

16 I say then: **Walk in the Spirit**, and you shall not fulfill the lust of the flesh. 17 **For the flesh lusts against the Spirit, and the Spirit against the flesh**; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law.

Fulfil — teleo

To bring forward from an embryonic state



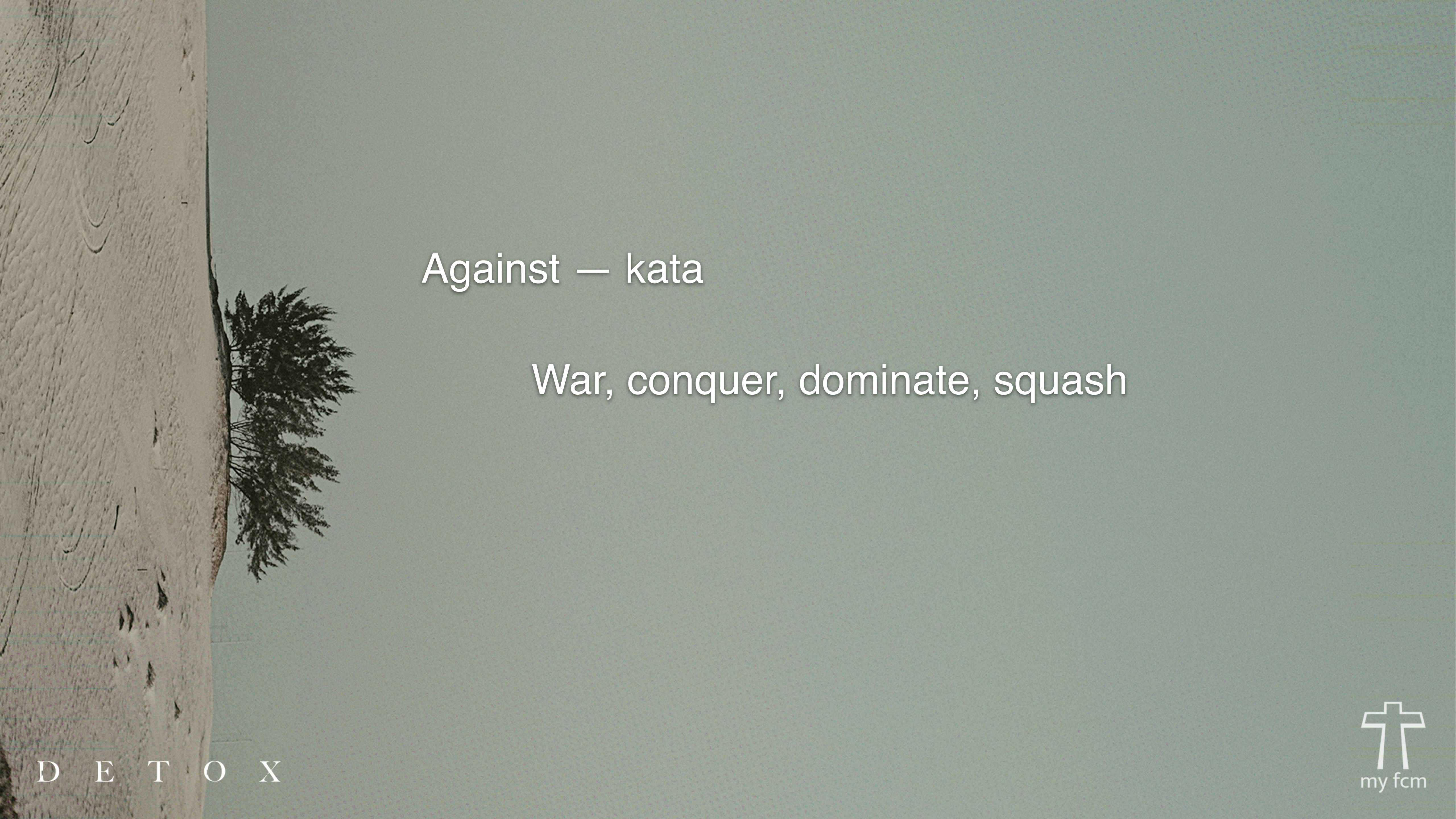
Lust — epithumia

Epi — over the top, rule over, intensely
thumos — passionate desire

To be ruled by intense passion

Galatians 5:16-23 New King James Version

16 I say then: **Walk in the Spirit**, and you shall not fulfill the lust of the flesh. 17 **For the flesh lusts against the Spirit, and the Spirit against the flesh**; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law.




Against — kata


War, conquer, dominate, squash

D E T O X





19 Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, 20 idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, 21 envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God.



22 But the fruit of the Spirit is love, joy, peace,
longsuffering,
kindness, goodness, faithfulness, 23 gentleness, self-
control. Against such there is no law.
24 And those who are Christ's have crucified the flesh
with its passions and desires.

Joy Is a Choice

D E T O X




Psalm 27 New King James Version

1 The Lord is my light and my salvation;
Whom shall I fear?


The Lord is the strength of my life;
Of whom shall I be afraid?

2 When the wicked came against me
To eat up my flesh,
My enemies and foes,
They stumbled and fell.



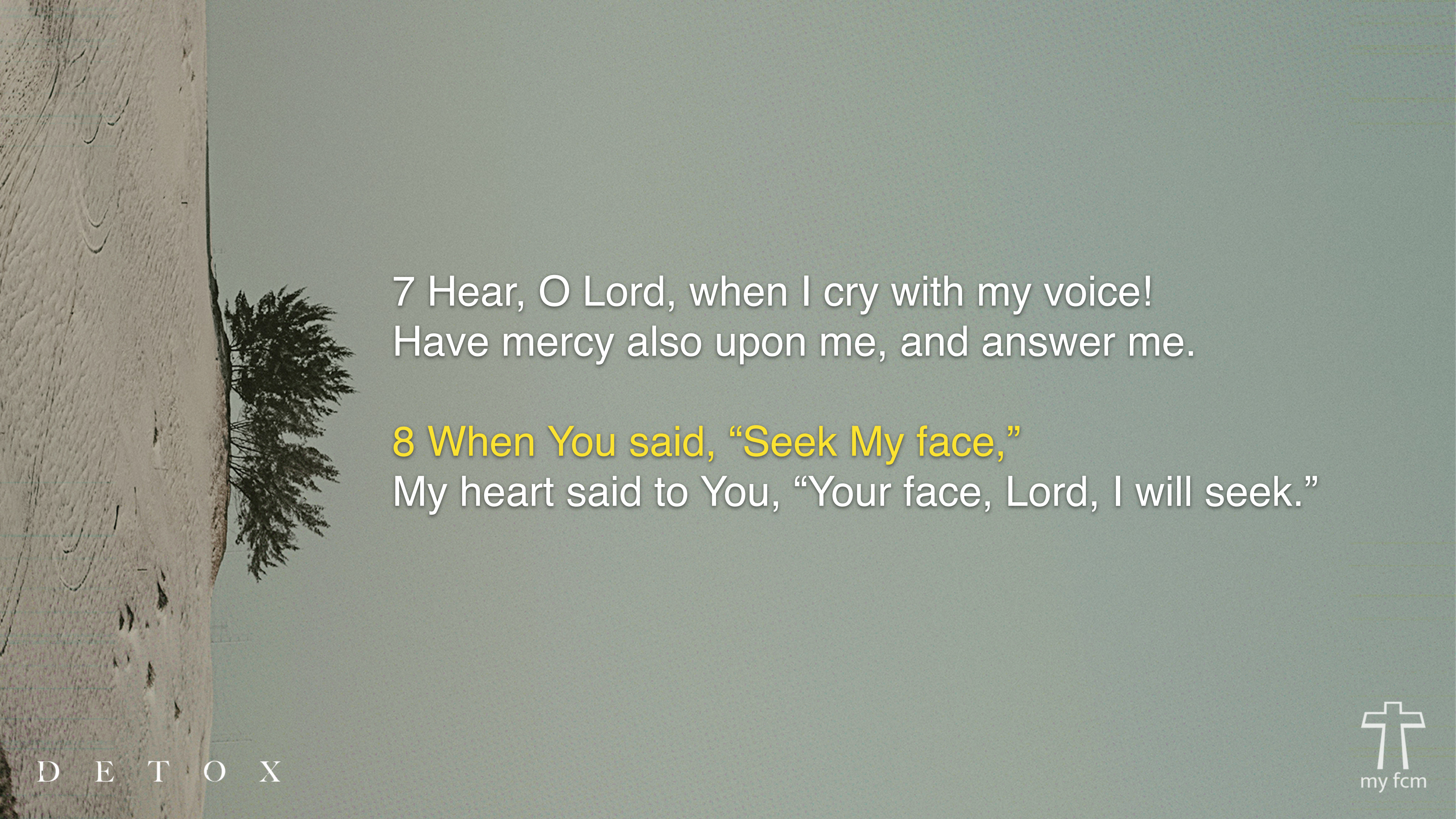
3 Though an army may encamp against me,
My heart shall not fear;
Though war may rise against me,
In this I will be confident.

4 One thing I have desired of the Lord,
That will I seek:
That I may dwell in the house of the Lord
All the days of my life,
To behold the [b]beauty of the Lord,
And to inquire in His temple.



5 For in the time of trouble
He shall hide me in His pavilion;
In the secret place of His tabernacle
He shall hide me;
He shall set me high upon a rock.

6 And now my head shall be lifted up above my
enemies all around me;
Therefore I will offer sacrifices of joy in His tabernacle;
I will sing, yes, **I will** sing praises to the Lord.



7 Hear, O Lord, when I cry with my voice!
Have mercy also upon me, and answer me.

8 When You said, “Seek My face,”
My heart said to You, “Your face, Lord, I will seek.”

Nehemiah 8:10 New English Translation

10 He said to them, “Go and eat delicacies and drink sweet drinks and send portions to those for whom nothing is prepared. For this day is holy to our Lord. **Do not grieve, for the joy of the Lord is your strength.**”

Paul & Silas Rejoice in Prison

D E T O X



Hebrews 12:2 English Standard Version

2 looking to Jesus, the founder and perfecter of our faith, **who for the joy that was set before him endured the cross,** despising the shame, and is seated at the right hand of the throne of God.

Hebrews 12:2 English Standard Version

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