

Breaking Point

Psalm 42:5 New King James Version

5

Why are you cast down, O my soul?
And why are you disquieted within me?

Daunting Depression

Dynamic Hope

Daunting Depression II

Dynamic Hope

Moses

Anguished

Anguished —

adjective

experiencing or expressing severe mental or physical pain or suffering.

Exodus 32:32 New King James Version

32 Yet now, if You will forgive their sin—but if not, I pray, blot me out of Your book which You have written.”

Numbers 11:15 New Living Translation

15 If this is how you intend to treat me, just go ahead and kill me. Do me a favor and spare me this misery!”

Numbers 11:16-17 New Living Translation

16 Then the Lord said to Moses, “Gather before me seventy men who are recognized as elders and leaders of Israel. Bring them to the Tabernacle[a] to stand there with you. 17 I will come down and talk to you there. I will take some of the Spirit that is upon you, and I will put the Spirit upon them also. They will bear the burden of the people along with you, so you will not have to carry it alone.

“Nothing Is Impossible. The Word Itself Says ‘I’m Possible’” – John
F Kennedy

Job

Abandoned

Job 2:9 New King James Version

9 Then his wife said to him, “Do you still hold fast to your integrity? Curse God and die!”

Job 3:11 New King James Version

11

“Why did I not die at birth?

Why did I not perish when I came from the womb?

Job 3:26 New King James Version

26

I am not at ease, nor am I quiet;
I have no rest, for trouble comes.”

Job 10:1 New King James Version

Job: I Would Plead with God

10

“My soul loathes my life;
I will give free course to my complaint,
I will speak in the bitterness of my soul.

Job Frames His Plea to God

10

“I am disgusted with my life.
Let me complain freely.
My bitter soul must complain.”

Job 30:15-17 New King James Version

15

Terrors are turned upon me;
They pursue my honor as the wind,
And my prosperity has passed like a cloud.

16

“And now my soul is poured out because of my plight;
The days of affliction take hold of me.

17

My bones are pierced in me at night,
And my gnawing pains take no rest.

Job 23:8-9 New Living Translation

8

I go east, but he is not there.

I go west, but I cannot find him.

9

I do not see him in the north, for he is hidden.

I look to the south, but he is concealed.

Job 19:25-27 New International Version

25

I know that my redeemer^[a] lives,
and that in the end he will stand on the earth.^[b]

26

And after my skin has been destroyed,
yet in my flesh I will see God;

27

I myself will see him
with my own eyes—I, and not another.
How my heart yearns within me!

Elijah

Afraid

1 Kings 19:4 New King James Version

4 But he himself went a day's journey into the wilderness, and came and sat down under a broom tree. And he prayed that he might die, and said, "It is enough! Now, Lord, take my life, for I am no better than my fathers!"

Jonah

Angry

Annoyed

Jonah 4:1-3 New King James Version

4 But it displeased Jonah exceedingly, and he became angry. 2 So he prayed to the Lord, and said, “Ah, Lord, was not this what I said when I was still in my country? Therefore I fled previously to Tarshish; for I know that You are a gracious and merciful God, slow to anger and abundant in lovingkindness, One who relents from doing harm. 3 Therefore now, O Lord, please take my life from me, for it is better for me to die than to live!”

Jonah 4:4 New King James Version

4 Then the Lord said, “Is it right for you to be angry?”

Jonah 4:3 & 9 New King James Version

3 Therefore now, O Lord, please take my life from me, for it is better for me to die than to live!”

9 Then God said to Jonah, “Is it right for you to be angry about the plant?”

And he said, “It is right for me to be angry, even to death!”

Jeremiah

Alone

Breaking Point



Jeremiah 20:18 New King James Version

18

Why did I come forth from the womb to see labor and sorrow,
That my days should be consumed with shame?

Jeremiah 15:10 New Living Translation

Jeremiah's Complaint

10 Then I said,

“What sorrow is mine, my mother.

Oh, that I had died at birth!

I am hated everywhere I go.

I am neither a lender who threatens to foreclose
nor a borrower who refuses to pay—
yet they all curse me.”

“Very suddenly. Yes, quite suddenly, I didn’t feel like I could handle my feeling of aloneness.” — Markus Zusak

“Absence makes the heart grow fonder, but it sure makes the rest of you lonely.” — Charles M. Schulz

Jeremiah 15:18 New Living Translation

18

Why then does my suffering continue?

Why is my wound so incurable?

Your help seems as uncertain as a seasonal brook,
like a spring that has gone dry.”

Lamentations 3:24 New Living Translation

24

I say to myself, “The Lord is my inheritance;
therefore, I will hope in him!”

“We’re all lonely for something we don’t know we’re lonely for. How else to explain the curious feeling that goes around feeling like missing somebody we’ve never even met?” — David Foster Wallace

Breaking Point