

A circular collage of various nature and weather images, including sand dunes, a lightning storm, a tree, a forest, and a fish, arranged in a circular pattern around a central white circle.

ANXIOUS FOR NOTHING

FOUND⁺ATION
CHRISTIAN MINISTRIES

John 10:10 New International Version (NIV)
10 The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.



1 Peter 1:8-9

8 Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious *joy*, 9 for you are receiving the end result of your faith, the salvation of your souls.



Romans 15:13 New International Version (NIV)

13 May the God of hope fill you with all *joy* and *peace* as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.



Psalm 94:19 New International Version (NIV)
19 When anxiety was great within me,
your consolation brought me joy.



Psalm 5:11 New Living Translation (NLT)

**11 But let all who take refuge in you rejoice;
let them sing joyful praises forever.**

**Spread your protection over them,
that all who love your name may be filled with joy.**



Philippians 4:4-7 New International Version (NIV)

Final Exhortations

4 Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all. The Lord is near. 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



4. Gratitude

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5. Generosity

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Proverbs 11:25 New Living Translation (NLT)
25 The generous will prosper;
those who refresh others will themselves be refreshed.



Psalm 91 New Living Translation (NLT)

**1 Those who live in the shelter of the Most High
will find rest in the shadow of the Almighty.**

**2 This I *declare* about the Lord:
He alone is my *refuge*, my *place of safety*;
*he is my God, and I trust him.***

**3 For he will rescue you from every trap
and protect you from deadly disease.**



Psalm 91 New Living Translation (NLT)

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**2 This I declare about the Lord:
He alone is my refuge, my place of safety;
he is my God, and I trust him.**

**3 For he will rescue you from every trap
and protect you from deadly disease.**



**9 If you make the Lord your refuge,
if you make the Most High your shelter,
10 no evil will conquer you;
no plague will come near your home.
11 For he will order his angels
to protect you wherever you go.**



Hebrews 4:2-3 New King James Version (NKJV)

2 For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, not being mixed with faith in those who heard it. 3 For we who have believed do enter that rest





Doubt Discouragement Despair

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6. Practice

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Philippians 4:8-9 New International Version (NIV)

8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. 9 Whatever you have learned or received or heard from me, or seen in me—put it into *practice*. And the God of peace will be with you.



Walk out your Faith



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