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Series Idea:



Whoever influences you can control you. So, give control to the right person.

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***Romans 7:21 (NLT) "I have discovered this principle of life—that when I want to do what is right, I inevitably do what is wrong."***

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**Romans 7:22 (NLT)** *“I love God’s law with all my heart.”*

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**Romans 7:23 (NLT)** *“But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me.”*

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**Romans 7:24 (NLT)** *“Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death?”*

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**Romans 7:25 (NLT)** *“Thank God! The answer is in Jesus Christ our Lord...”*

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**Romans 7:25 (NLT)** *“... So you see how it is: In my mind I really want to obey God’s law, but because of my sinful nature I am a slave to sin”*

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**Romans 8:1 (NLT)** *“So now there is no condemnation for those who belong to Christ Jesus.”*

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**Stop Beating Yourself Up**

**Romans 7:21-25; 8:1**

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Sermon Idea:



The Lord knows what you are struggling with, and He has come to build you up and not beat you up.

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Stop beating yourself up because:

**1. You Can Figure Out Your Problem v.21-23**

59

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**Romans 7:21 (NLT)** *“I have discovered this principle of life—that when I want to do what is right, I inevitably do what is wrong.*

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You Can Figure Out Your Problem:  
**- The Struggle is Within You**

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**Romans 7:22 (NLT)** *“I love God’s law with all my heart.”*

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You Can Figure Out Your Problem:

- The Struggle is Within You
- God's Nature is Within You

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*Romans 7:23 (NLT) "But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me."*

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You Can Figure Out Your Problem:

- The Struggle is Within You
- God's Nature is Within You
- Sin Nature is Within You

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Stop beating yourself up because:

**2. You Can Find Freedom  
v.24-25**

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*Romans 7:24 (NLT) "Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death?"*

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*Romans 7:25 (NLT) "Thank God! The answer is in Jesus Christ our Lord..."*

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**Romans 7:25 (NLT)** "... So you see how it is: In my mind I really want to obey God's law, but because of my sinful nature I am a slave to sin"

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Stop beating yourself up because:  
  
**3. You Are Forgiven**  
**(Romans 8:1)**

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**Romans 8:1 (NLT)** "So now there is no condemnation for those who belong to Christ Jesus."

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You Are Forgiven:

1. Past Sins Are Forgiven
2. Present Sins Are Forgiven
3. Future Sins Are Forgiven

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Application:

- Give your life to Christ
- Bring your struggles to Christ

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