

## Words To Live By

### Because of Jesus ...

I am a child of God. (Galatians 3:26)  
I am a spiritual contributor, not a spiritual consumer.  
I am alive. (Romans 6:11)  
I am a faith-filled, life-speaking, fully devoted follower of Christ.  
I am Christ's ambassador. (2 Corinthians 5:20)  
I am a masterpiece. (Ephesians 2:10)  
I am content in Christ alone.  
I am chosen. (Ephesians 1:4)  
I am determined to love God and people with everything I have.  
I am a child of God. (John 1:12-13)  
I am strengthened by God who upholds me, protects me, and defends me.  
I am joyful. (Galatians 5:22-23)  
I am gentle. (Galatians 5:22-23)  
I am not easily offended and will not hold onto bitterness.  
I am patient. (Galatians 5:22-23)  
I am faithful. (Galatians 5:22-23)  
I am self-controlled. (Galatians 5:22-23)  
I am kind. (Galatians 5:22-23)  
I am known—even before I was born. (Jeremiah 1:5)  
I am steady. (Psalm 91:1)  
I am not alone—God is with me.  
I am loved. (John 3:16)  
I am fierce in confidence and boldness because God is with me.  
I am free. (John 8:32)  
I am healed. (1 Peter 2:24)  
I am unashamed. (Romans 8:1)  
I am called and equipped to go after the righteous desires God puts in my heart.  
I am strong. (1 John 2:14)  
I am fearless. (Isaiah 43:5)  
I am secure. (John 10:28-29)  
I am not a people-pleaser because I answer to God first and seek to please Him.  
I am a new creation. (2 Corinthians 5:17)  
I am not shaken. (Psalm 62:6)  
I am not stuck in worry because Jesus offers a peace this world cannot give.  
I am born again. (1 Peter 1:23)  
I am more than a conqueror. (Romans 8:37)  
I am named by God, not labeled by man.  
I am the light of the world. (Matthew 5:14)  
I am mighty in His power. (Ephesians 6:10)  
I am the Church and I exist for the world. (1 Corinthians 12:27)

**For Women**

I am the daughter of the King of all kings.

Because of Jesus, I lack nothing.

God has given me everything I need to do what He's called me to do.

I speak encouraging, life-giving words and build others up.

The joy of the Lord is my strength. (Nehemiah 8:10)

I will not compare myself to other women. God made us all beautifully unique.

I will hold myself to God's standards and measure myself with grace.

I will love and laugh rather than fight and complain.

I refuse to waste my life on meaningless things.

I will act justly, love mercy, and walk humbly with my God. (Micah 6:8)

Through Christ I am strong, gentle, fierce, and compassionate.

I will fight the good fight for what matters most. (2 Timothy 4:7)

**For Men**

I am the son of the King of all kings.

I lay down my pride and selfishness, giving all glory to the one true God.

I love my family like Christ loved the Church—giving Himself up for her.

I fight for purity, guarding my eyes and heart from tempting situations.

I seek friendships with other godly men to sharpen my perspective. (Proverbs 27:17)

I wait for God to open the right doors and take action when He does.

I'm not defined by my failures or successes.

I finish what I start.

I never give up!

I will act justly, love mercy, and walk humbly with my God. (Micah 6:8)

Through Christ I am strong, gentle, fierce, and compassionate.

I am a warrior! I stand firm, even when the pain is crippling, because God is my strength.

I will fight the good fight for what matters most. (2 Timothy 4:7)

**For Parents**

Every child is a gift from God. (Psalm 127:3)

God has given me everything I need to teach my kids about Him.

I am capable of leading with the love of Christ rather than the fear of punishment.

I am intentional to leave my children with an eternal legacy. (Deuteronomy 6:5-9)

I will encourage, build up, and instill truth in my children.

In our house, we forgive, we give grace, and we always love.

I will never give up, even when parenting is hard.

I can be patient and kind because the Holy Spirit helps me. (Galatians 5:22-23)

I will pray for my children because God hears my prayers.

**Everyday Life with Jesus**

The same power that raised Christ from the dead lives in me. (Ephesians 1:19-20)  
Nothing can separate me from God. (Romans 8:38-39)  
Sin has no power over me. (Romans 6:14)  
I have authority over the enemy. (Luke 10:19)  
I can resist the enemy. (James 4:7)  
I can endure all things through Christ. (Philippians 4:13)  
I have the mind of Christ. (1 Corinthians 2:16)  
I have everything I need for life and godliness through the knowledge of Him. (2 Peter 1:3)  
I have eternal life, which is knowing God. (John 17:3)  
I overcome the world. (John 16:33)  
Greater is He that lives in me. (1 John 4:4)  
I have the ability to choose life. (Deuteronomy 30:19)  
I am kept by the power of God. (1 Peter 1:5)  
I have the power to tell others about God's love for them. (Acts 1:8)  
God meets my needs. (Philippians 4:19)  
I have access to my heavenly Father. (Ephesians 2:18)  
I have hope. (Hebrews 6:19)  
The Lord is my shepherd. (Psalm 23:1)

**Friendship**

I assume the best about others.  
I am a good friend.  
My friends and family love me.  
I am kind and loving.  
My lovingkindness will speak for itself so I don't have to.  
I love because Love lives in me.  
I shut my mouth when I want to complain.  
I speak life!  
I encourage others daily.  
Joy is my reputation.  
I represent Christ well to my friends.

**Shame**

I am not defined by what I have done.  
God's grace is more powerful than my sin.  
I am forgiven when I turn to God for salvation because Christ already paid my debt.  
My record has been wiped clean. (Psalm 103:12)  
Even when others remind me of my past, I will not let it limit my future.  
I am a new creation. (2 Corinthians 5:17)

**Finances**

I am irrationally generous because God is irrationally generous. (Romans 5:8)  
God can do more than I can ask, think, or imagine.  
God does the multiplying—it's my job to obey.  
I am a lender, not a borrower.  
I give up things I love for things I love even more.  
It's an honor to sacrifice for Christ and His Church.  
It really is more blessed to give than to receive. (Acts 20:35)

**Temptation / Addiction**

God always provides a way out, and I will take it. (1 Corinthians 10:13)

I am free from sin's trap.

No temptation is greater than my God.

He will help me; I only need to ask. (Matthew 7:7)

God is stronger than my appetite.

Jesus' name is above my addiction.

I crave the Word of God more than addiction.

God has given me the power to stand against temptation.

I submit to God and resist the devil. (James 4:7)

**Discouragement / Hope**

When there is no hope, Jesus fills me with hope. (Romans 15:13)

I am not a rejected soul because God continuously pursues me.

I take my thoughts captive and align them with God's perspective.

I can put my hope in God's promises because He is trustworthy. (Numbers 23:19)

I have a choice—today I will choose life!

**Finish Strong**

I will pick up my cross daily and follow Jesus, no matter the cost.

I run the race to finish strong. (1 Corinthians 9:24)

In Christ, I can do hard things.

God will complete the work He first began in me. (Philippians 1:6)

Christ will be my strength and I will persevere.

I will not lean on my own understanding, but on Christ.

Greater is He who is in me, than he who is in the world. (1 John 4:4)

Nothing the enemy throws at me is more powerful than Jesus.

The Holy Spirit fills me and shows me the way.

**Business**

I am a faith-filled, big thinking, bet-the-farm risk taker.

I will never insult God with small thinking and safe living.

I show God's love to every client, vendor, coworker, and employee. (John 13:35)

Neither failures nor successes define my worth.

God is my defender, negotiator, and guide.

**Offense**

I am not easily offended because God's love lives in me.

I am able to forgive quickly because God has forgiven me.

I keep no record of wrongs. (1 Corinthians 13:5)

**He is God**

You are a good Father.

You are my God who keeps His word.

You do not lie. (Numbers 23:19)

You are faithful throughout all generations. (Psalm 119:90)

You have overcome the world.

You love me. (John 3:16)

In You I have peace, freedom, and no condemnation.

You rescue and defend.

You brought me the Good News.

You bind up my broken heart. (Psalm 147:3)

You released me from my prison.

**Fear/Anxiety**

You are my comfort.

I will not be afraid because God is with me. (Isaiah 41:10)

I turn to Jesus because He offers a peace this world cannot give.

I will not be a slave to fear. (Galatians 4:7)

I am safe in Christ.

God is my shelter and my hiding place. (Psalm 32:7)

The peace of God will guard my heart and mind.

**Protection**

I rest in the shelter of the Most High.

I remain stable and fixed under the shadow of the Almighty.

God is my protection in whom I confidently trust. (2 Thessalonians 3:3)

God will save me.

God's truth and His faithfulness are my cover and defense.

I will not fear.

God commands His angels to guard me in all my ways. (Psalm 91:11)

The Lord will rescue and protect me.

My God answers me when I call on Him.

God is with me in trouble.

**Identity**

I am loved.

My value is not based on what I can do, but what Jesus did.

My failures do not define me.

My accomplishments are because of God in me.

My life is a witness, a city on a hill. (Matthew 5:14)

I am holy and blameless in Christ.

I am safe.

I am accepted.

I am not condemned.

I am enough because Jesus is enough.

God is working in me and through me. (Hebrews 6:10)

While man may reject me, my God never will.

**Healing/Health**

God's Word is nourishment to my body and soul.

God sustains me. (Psalm 54:4)

God is my help.

God alone has the power to heal.

God says to ask, and seek, and knock, so that is what I will do.

I believe that God can. I believe that God will. But even if He doesn't, I still believe.

The same Spirit that raised Jesus from the dead lives within me.

The life of God within me restores my health.

The devil is already defeated.

Even though I walk through the valley of the shadow of death, I will not fear! (Psalm 23:4)

I rely on God's strength because when I am weak, I am strong. (2 Corinthians 12:9-10)