LIFE GROUPS DISCUSSION QUESTIONS

- 1. What does it mean to "praise" something or someone?
- 2. What receives most of your praise? What deserves the most praise?
- 3. How do you measure what is worthy of praise?
- 4. How do you "praise" the Lord beyond singing at church?
- 5. Read Psalm 103:1-5. What does it look like for you to praise the Lord with all of your being?
- 6. Why does God call us to praise Him? Does He NEED our praise? Do you NEED to praise Him?
- 7. The Westminster Shorter Catechism that teaches the whole duty of a human being is "to glorify God, and to enjoy him forever." How does your life align with this statement?
- 8. List some "benefits" the Lord has provided you (see v. 2). What does it mean to have ALL of your sins forgiven (v. 3)?
- 9. Describe the contrast of being in the pit of hell for all eternity to being in the presence of the Lord in glory forever as a crowned prince/princess of God Almighty (see v. 4).
- 10. Share a time when God did not provide what you asked for, but what you needed (v. 5).
- 11. How does praising the Lord change our perspective on life?
- 12. What needs to change in your life in giving God praise?



Praise Psalm 103:1-5

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