

LIFE GROUPS

DISCUSSION QUESTIONS

1. When have you had to submit to someone else and you did not want to? Why is submission to someone else so hard?
2. Read Ephesians 5:8. Explain how before a person is in Christ, they were “once darkness.” What does it look like to be a child of the light?
3. Read Ephesians 5:15-17. Why are we to be “very careful” how we live as Christians, if we already have an inheritance as children of God?
4. How are the “days evil?” Do you believe people are born good or evil? What is the theological meaning of “total depravity?”
5. Compare and contrast living the unwise/foolish life versus the wise life (also see Psalm 14:1).
6. Read Ephesians 5:13. What does living in the light provide you and others?
7. Read Ephesians 5:18-20. How does one experience the Spirit-filled life? What keeps you from living the Spirit-filled life?
8. What does living the Spirit-filled look like in everyday life (see verses 19-20)?
9. How can someone be “always giving thanks to God the Father for everything?” Why does a thankful and worshipful heart bring peace and a selfish heart bring anxiety?
10. Read Ephesians 5:21. What does it look like to “submit to one another out of reverence for Christ?” How is mutual submission evidence of being filled with the Spirit of God?
11. What do you struggle with the most in the area of submission to others? What is a step you can take toward positive change in this area of your life?



My Way or the Highway

Ephesians 5:15-21

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