

LIFE GROUPS

DISCUSSION QUESTIONS

1. What are some “unrealistic expectations” others have placed on you in the past? Why do we place “unrealistic expectations” on ourselves?
2. How can the church teaching, preaching and promoting that Christ-followers need to do more actually hinder their spiritual growth rather than help?
3. Read Mark 1:32-34. If you had the gift to heal everyone at will, what expectations would be placed upon you by others?
4. How do you think you would handle having the power Jesus had?
5. Read Mark 1:35-39. Why did Jesus spend so much time prayer if He was the Son of God? If Jesus needed to spend time alone with the Father (v. 35), how much do we need time alone with Him?
6. Why do you think the disciples so earnestly sought out Jesus? How does their statement in verse 37 reveal their misunderstanding of Jesus’ mission?
7. What did Jesus’ response to Peter (v. 38) tell us about His priorities? How do you see Jesus staying focused upon his mission?
8. When have you been led astray from God’s will by the demands of others? How can you discern between God’s call and false guilt?
9. In your life right now, what or who do you need to say “no” to?
10. “Your call is to obey God, not to please everyone else.” How does the main point from the message encourage you and challenge you this week? What will you do about it?



Unrealistic Expectations

Mark 1:32-39

September 15, 2019