

SERIES: ANXIOUS FOR NOTHING

What You Think About Yourself

Jeremiah 1:1-10

1. Describe a time when a lack of self-confidence held you back from doing something.
2. **Read 2 Chronicles 34:1-3.** Describe the spiritual climate in Judah at the time of Jeremiah's call (the thirteenth year of King Josiah's reign).
3. **Read Jeremiah 1:1-3.** Jeremiah ministered throughout many changing seasons in the life of God's people.¹ How have you and your family had to adapt in this season?
4. **Read Jeremiah 1:4-5.** Take a moment to absorb this scene. How would it impact you to be spoken to by the Most High God?
5. Does God still speak to people today like He did in the Old Testament? How does God speak today?²
6. How does verse 5 parallel our salvation?
7. **Read Jeremiah 1:6.** What excuse does Jeremiah give God? What are some excuses we make for not obeying God?
8. How does our opinion of ourselves impact our sense of peace?
9. **Read Jeremiah 1:7-8.** How does God respond to Jeremiah's excuse? What encouragement does he give Jeremiah?
10. **Read 1 Kings 3:7-9.** After the Lord promised King Solomon He would give him whatever he asked, Solomon asked God for wisdom. How does Solomon's request inspire you to respond to the Lord when you feel inadequate?
11. **Read Jeremiah 1:9-10.** God often confirms His will with something tangible.³ How have you seen God confirm His will in your life?
12. Verse 10 paints a picture of going from destruction to reconstruction. How does God use times of struggle to lead us to a deeper life in him?
13. How does hearing God's voice liberate us from our own self-doubt? What can you do this week to more clearly hear and heed the voice of God?

¹ Jeremiah notes that he served from King Josiah to King Zedekiah. The spiritual landscape changed dramatically over the course of Jeremiah's ministry. Josiah was a good king who brought the nation back to God. Over time, other kings did not obey the Lord to the point that God's judgment came upon them. Jerusalem was destroyed, many were killed and others were taken into exile to Babylon. Jeremiah's call was to live and preach faithfully through every season.

² God speaks through His Son, His written word, and the Holy Spirit (Hebrews 1:1-2, 2 Timothy 3:16, John 16:13).

³ After God calls Jeremiah to prophesy, the Lord touches his lips to further confirm his call.