

# LIFE GROUPS

## DISCUSSION QUESTIONS

1. Why is jealousy a common emotion that advertisers tap into today?
2. What are some similarities between toxic emotions (pride, jealousy, greed, lust, worry, etc.) and a drug addiction (heroin, cocaine, alcohol, caffeine, nicotine, etc.)?
3. Read Ephesians 5:18-20. Compare and contrast being filled with the Holy Spirit with drunkenness.
4. What does it look like to live out verse 20? How can thankfulness be the antidote to a toxic emotion like jealousy?
5. Read Genesis 37:1-4. How can a parent favoring one child over another tempt you to be jealous?
6. How does a jealous heart point to a lack of faith in God? (even when dealing with injustice in family, school, workplace or wherever)
7. Read Genesis 37:5-8. How would you react if your brother informed you that God told him that one day you would bow down to him?
8. Read Genesis 37:9-11. Since we know from Scripture that Joseph's dreams were from God, what responses would have been more appropriate by Joseph's brothers?
9. Joseph's brothers plotted to kill him (Genesis 37:18), but eventually just sold him as a slave (Genesis 37:28). How did the brothers' jealousy become so toxic that they would act in such an evil manner?
10. Read Genesis 42:6 and 43:26. Why is it important to know that God brought to pass the dreams he gave Joseph in spite of the injustice he experienced from his brothers' jealousy? How does God's fulfillment of his promises to Joseph encourage you?
11. Read Genesis 50:19-21. What enabled Joseph to take the high road, even after all of the pain that was inflicted upon him by his brothers? What is your response to those who are jealous of you?
12. How can the discipline of giving thanks daily help you overcome jealousy? What needs to change in your life when it comes to the toxic emotion, jealousy?



### Toxic: Jealousy

Genesis 37:1-11

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