

BEFORE YOU BEGIN

Prayer is talking with God—
and listening to Him too.

You do not have to use big
words or pray for a long time.

God wants you to come
to Him honestly.



EACH DAY: ★



READ

Read the
Bible verse.



THINK

Think about
what it means.



PRAY

Pray in your
own words.



LISTEN

Listen quietly
for a moment.



RESPOND

Do what God
places on your
heart.



The written prayer is only a starting place. You can add the names of people you know, tell God what you are thinking, ask questions, or sit quietly with Him.



Children should only fast with a parent or guardian's permission. Instead of skipping meals, you might give up television, video games, sweets, or another activity for a time and use those minutes to pray.



We will be praying together as a church for 40 days! God loves it when we pray together and lift up the same things to Him.



I AM EXCITED TO PRAY FOR:



God hears you, loves you, and is with you every day!