

How to Read Your Bible Every Day

Practice the Way of Jesus

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OPENING QUESTION

Can you think of a time when something you read in the Bible, or the way God spoke to you through His word, shaped the way you thought, felt, or acted?

SCRIPTURE READINGS

Matthew 4:4

2 Timothy 3:16-17

Hebrews 4:12

Romans 12:2

Psalm 42:1-2

KEY TAKE AWAY(S)

God's Word is daily nourishment for your soul - Matthew 4:4

- Jesus teaches that we do not live on physical bread alone, but on every word that comes from God. God's Word is not optional, it is everything we need to be filled, sustained, and connected to Him.

Scripture is meant to shape and train you - 2 Timothy 3:16-17

- The Bible is "God-breathed" and useful for teaching, rebuking, correcting, and training. God's Word is truth and can reveal to us where our direction may be getting off course.

God's Word exposes what needs healing and change - Hebrews 4:12

- Scripture is alive and active, sharper than any double-edged sword. God's Word cuts away what needs to die so that new life can grow in us.

Transformation comes through the renewing of your mind - Romans 12:2

- Reading the Bible isn't just about gaining information. It is about experiencing the transformation of our mind as we engage with the Word of God.

Your soul is thirsty for the living God - Psalm 42:1-2

- Our soul's deepest longing is not for distraction, control, or even comfort - it is to be with God so we can become more like Him and do the things He did.

QUESTIONS

1. Pastor Sean began his sermon asking, "Is it hard for you to read your Bible every day?" What makes daily Bible reading difficult for you personally (time, distraction, confusion, etc.)?
2. 2 Timothy 3:16-17 says that Scripture is useful for teaching, rebuking, correcting, and

training us. Which of those four do you need the most from God's Word in this season of your life?

3. Pastor Sean highlighted, "if you're just reading the Bible to be informed, that's all you'll be...but if you're reading it with God, you move from information to transformation." What is the difference between reading Scripture for information versus reading Scripture for transformation?
4. In Psalm 42, the author says, "My soul thirsts for God, for the living God." What are some things we are often tempted to "thirst for" instead of God? What does turning your focus back toward God and His Word in these moments look like?

PRACTICE

Small Group Practice: BREAD Bible Reading

1. **Be Still - 1 Minute**

Have everyone sit quietly before God. Invite the group to pray silently.

2. **Read**

Choose one passage to read together (Psalm 42:1-5 is an example). Read through the passage twice out loud. Ask everyone to listen for a word, phrase, or verse that stands out to them.

3. **Encounter**

Have each person think about or write down the word, phrase, or verse that stood out to them. Give time for people to share if they are comfortable.

4. **Apply**

Have each person write or think about a simple response to God. Ask: What is God inviting me to believe, change, confess, or practice? What is one specific thing I can do this week in response?

5. **Devote - 5 Minutes**

Spend time in prayer as a group giving everyone space to pray a prayer of devotion out loud if they are comfortable.

Practice this BREAD Bible Reading method in your own time with God this week. Partner with someone for accountability, sharing a phrase or verse that God highlighted to you in your reading or an 'Apply' step that you are taking.

CLOSING PRAYER

Jesus, thank you for your Word and that it is alive and active in our life. Help me to prepare my heart and mind to be transformed by your Word, not just informed. Would you use your Word to shape me and cut away anything that needs to be removed so that I may be with You and more like You. Thank you, Jesus. Amen.