

Spirit Filled Life

*October 26, 2025,
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OPENING PRAYER

Ask God to open your hearts and minds to understand more about the Holy Spirit and His work in our lives.

SCRIPTURE READINGS

Romans 8:5-13

Galatians 5:16

Galatians 5:22-23

Ephesians 5:18

KEY TAKE AWAYS

1. You can't grow something new on top of something old
2. The Spirit won't heal what we refuse to surrender
3. What fills you will form you
4. When the Spirit fills us, He frees us
5. A Spirit-filled church is built by Spirit-filled people

QUESTIONS

1. **“What fills you will form you.” What is currently filling you? How is it forming you?**
(Concise, deeply personal, and connects directly to transformation and spiritual formation.)
2. **The sermon stated: “God isn’t taking life from you. He’s taking death out of you.” How does this perspective change the way you view surrender?**
(Invites a mindset shift about surrender and God’s character.)
3. **What does it mean to have your ‘mind set on what the Spirit desires’ versus ‘what the flesh desires’? Can you give practical examples from daily life?**
(Balances theology with everyday application.)
4. **Pastor Sean asked, “What in your life needs to die?” What came to mind for you as you heard this question?**

(Promotes honest self-reflection and real-life application.)

5. **The Greek tense of “be filled with the Spirit” (Ephesians 5:18) indicates continuous action. What does it look like to be filled with the Spirit daily rather than just once?**

(Brings biblical insight into daily spiritual practice.)

PRACTICE

Five Ways to Cultivate a Spirit-Filled Life

Discuss each one and create action steps:

1. Surrender Your Life Daily
 - What would it look like to pray "Come Holy Spirit, have your way" each morning this week?
 - What specific area do you need to surrender today?
2. Stay Hungry for God
 - Are you treating church like "missing grandma's breakfast"—something you wouldn't miss?
 - Who are your five closest friends? Are they helping you stay hungry for God?
 - What's one way you can increase your hunger for God this week?
3. Obey the Holy Spirit Quickly
 - Share a time when you felt the Holy Spirit nudge you. Did you obey? What happened?
 - What's one area where you know what God is asking but you've been hesitating?
 - How can we help each other respond more quickly to the Spirit's leading?
4. Love Deeply and Live Purely
 - What impurities in your heart are blocking your ability to love others? (gossip, lust, unforgiveness, etc.)
 - Who is someone you need to love better this week?
5. Live On Mission
 - Challenge: Pull out your phone right now. Who is one person you can invite to church and commit to praying for daily?
 - How does seeing yourself as "God's glove" change your perspective on being used by Him?
 - What's one way you can live on mission this week in your workplace, neighborhood, or family?

CLOSING PRAYER

Thank God for His desire to want to speak through us. Ask Him to speak to you and give you the boldness to share