

How To Know If You Are Drifting

Break The Drift

January 4th, 2026

Preached by Sean Tavakoli

Prepared by Isaac Long

OPENING QUESTION

Share about a time when you set a New Year's resolution or goal but found yourself "drifting" away from it. What caused you to get off track?

SCRIPTURE READINGS

Main Reading:

Luke 8:4-15

Extra Reading:

Hebrews 2:1

2 Timothy 3:16

John 6:35

Colossians 2:6-7

KEY TAKE AWAYS

1. Drift begins with inattention, causing us to veer away from our goals and spiritual commitments without realizing it.
2. The parable of the sower illustrates that our heart's condition, like different types of soil, affects how we receive and are transformed by God's word.
3. Identifying drift types such as numbness, collapse, and control helps recognize how we may unintentionally move away from faithfulness.
4. Good soil requires intentional preparation and focus to allow God's word to deeply root and foster spiritual growth.
5. Breaking drift is achieved not through effort but by returning to Jesus as our guide, enabling transformation and steadfastness in faith.

QUESTIONS

1. Pastor Sean used the analogy of ocean currents to describe spiritual drift. What resonated with you about this illustration? Where do you see drift happening in your own life?
2. Jesus said, "Whoever has ears to hear, let them hear." What do you think He meant by this? Why would some people hear the same message but miss its meaning?
3. Which of the four soil types do you most identify with right now, and why?

- a. Path (drifting into numbness)
- b. Rocky ground (drifting into collapse)
- c. Thorns (drifting into control)
- d. Good soil (formed through faithfulness)

4. The Soil of the Path: The sermon mentioned it's possible to "know a lot about God but never be formed by Him." What's the difference between knowing about God and being formed by Him?
5. The Soil of Rocky Ground: Peter was passionate but fell away under pressure. How do you respond when life gets difficult? What helps you maintain faithfulness when you're being "squeezed"?
6. The Soil of Thorns: Jesus identified three things that choke out growth: worries, riches, and pleasures. Which of these three do you struggle with most? How does it affect your spiritual life?

PRACTICE

This Week's Challenge

Soil Assessment & Action Plan

- Take time this week to honestly assess the soil of your heart
- Identify one specific area where you're drifting
- Write down 2-3 practical steps to address it
- Share your plan with an accountability partner

CLOSING PRAYER

Pray together as a group, focusing on:

- Asking God to reveal areas of drift in your lives
- Surrendering control and inviting Jesus to be your direction
- Committing to cultivate good soil through daily time in God's Word
- Praying for faithfulness during the 21 days of prayer and fasting

