

Sermon Guide and Discussion Questions

Pursuing Recreation In Light of Our Lasting Hope – 1 Corinthians 10:31

Sermon Outline

1. Introduction – illustration of recreation in the Bible
2. What We Do
3. Why We Do It
4. When We Do It
5. How We Do It
6. Conclusion – Our generous God gives us lasting hope so we can pursue recreation to the glory of God

Scripture Passages Referenced

- Proverbs 10:2 - Ill-gotten gains do not profit, but righteousness delivers from death.
- Proverbs 23:4-5 - Do not weary yourself to gain wealth. Cease from your consideration of it. When you set your eyes on it, it is gone. For wealth certainly makes itself wings like an eagle that flies toward the heavens.
- Colossians 3:17 - And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.
- 1 Timothy 4:1-5 - Now the Spirit expressly says that in later times some will depart from the faith...through [those]...who forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth. For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, for it is made holy by the word of God and prayer.

Discussion Questions

- When is the last time you sat down and intentionally reflected on your recreation, leisure, hobbies, and sports? Why do we struggle to reflect on these activities?
- Why is it important for us to remember that God made us to enjoy His creation?
- How does the image of guardrails or bumpers at the bowling alley help you understand how “Do all to the glory of God” guides our pursuit of recreation?
- Consider what you do for recreation: is there anything you do that cannot be done to the glory of God and thus should stop doing?
- How does consider why you pursue certain recreation activities show where your heart is?
- Do you see anywhere in your life where you are pursuing recreation or hobbies for the wrong reasons?
- Why does when we pursue recreation matter?
- Is your pursuit of recreation keeping you from time with God, church, or family? If so, what needs to change?
- How does 1 Timothy 4:1-5 provide some practical ways to pursue recreation to the glory of God?
- How can you more faithfully enjoy God’s good gifts and allow that to grow your love for Jesus?
- In what ways does this passage and sermon make you more thankful for Jesus?
- In what ways does this passage and sermon challenge you to grow to be more like Christ through the help of the Holy Spirit?