



## CHOLERIC

We must be aware of the fact that when we speak through our own temperament, the other temperaments may hear something else.

Ephesians 4:29 *Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

Our words have the power to either tear down or build up.

<p><b>SANGUINES</b></p> <p>NEEDS</p> <p>Approval Acceptance Attention Affection</p>	<p><b>CHOLERIC</b></p> <p>NEEDS</p> <p>Loyalty Sense of Control Appreciation Credit for Work</p>
<p><b>PHLEGMATICS</b></p> <p>NEEDS</p> <p>Harmony Feeling of Worth Lack of Stress Respect</p>	<p><b>MELANCHOLICS</b></p> <p>NEEDS</p> <p>Safety Sensitivity Support Space &amp; Silence</p>

### Strengths

Bold  
Driven  
Gets it Done  
Decisive

### Weaknesses

Bossy  
Impatient  
Quick-tempered  
Not Complimentary

### What NOT to say to a Red:

Loyalty – “I’m leaving.”  
Control – “I didn’t get my part done.”  
Appreciation – “You don’t add much.”  
Credit – “Where would we be without them.”

### What to say to a Red:

Loyalty – “I’ve got your back.”  
Control – “I’ll follow your lead.”  
Appreciation – “You’re really good at that.”  
Credit – “What would we do without you.”

Unique Quality  
Uniquely wired to be visionaries who can see and achieve goals.

### What God says to a Red:

Loyalty – Romans 8:31  
Control – Colossians 1:17  
Appreciation – Philippians 3:8  
Credit – Colossians 3:23

I can achieve and I can see,  
but not without the help of Thee.