

The End of Me comes

1. when I realize that my busyness is likely my choice.

Luke 14:18 "But they all alike began to make excuses . . .

2. when I recognize my busyness is a physical attempt to find spiritual satisfaction.

John 4:13 Jesus answered, "Everyone who drinks this water will be thirsty again, 14 but whoever drinks the water I give him will never thirst. Indeed, the water I give him will become in him a spring of water welling up to eternal life."

when I remove my busyness to make room for God.

Real Life Begins when I am filled by Christ.

Matthew 5:6 Blessed are those who hunger and thirst for righteousness, for they will be filled.

1. The habit of emptying myself

Mark 8:34 . . . "If anyone would come after me, he must deny himself and take up his cross and follow me."

Romans12:1 Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God — this is your spiritual act of worship.

2. The habit of setting my affections above

Colossians 3:1 Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. 2 Set your minds on things above, not on earthly things.

John 15:5 "I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing. 6 If anyone does not remain in me, he is like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. 7 If you remain in me and my words remain in you, ask whatever you wish, and it will be given you. 8 This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.

3. The habit of obeying Christ's teaching

John 14:23 Jesus replied, "If anyone loves me, he will obey my teaching. My Father will love him, and we will come to him and make our home with him. 24 He who does not love me will not obey my teaching . . .

1 Thessalonians 5:19 Do not put out the Spirit's fire;

Ephesians 4:30 And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. 31 Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

4. The habit of praying without ceasing

1 Thessalonians 5:17 pray continually;

Romans 12:12 Be joyful in hope, patient in affliction, faithful in prayer.

Colossians 4:2 Devote yourselves to prayer, being watchful and thankful.

This series is adapted from *The End of Me* by Kyle Idleman.