

May 9, 2022

## PULL UP A CHAIR

### *The Helper*

#### **READ: Genesis 1-3**

1. Spend 15 minutes reading and highlighting key concepts from the creation story. What was good about God's creation? What elements were not good about God's creation?
2. In chapter 2, circle all the keywords that help you understand the relationship between the lead chair and the helper chair. Why are both chairs equally important in God's eyes?
3. Meditate on Genesis 2:18-25. What was the purpose of being created, male and female? What was the purpose of marriage? If we only had these verses, how would you describe the roles and responsibilities of a husband and wife?
4. Describe what happened to the role and responsibilities of the husband and wife after the fall? In what ways do guilt, shame, and desire impact your role in marriage?

#### **READ: Psalm 30:20-22**

5. 16 of the 19 times the word "helper" is used in Scripture it refers to God. What does Psalm 30 want us to know about what it means to be a "helper"? If a helper is viewed as a companion, deliverer, or protector, in what ways does it elevate the word helper?

#### **READ: Ephesians 5:21-33**

6. How does Paul describe the roles and responsibilities of being a husband and wife? How would you define the following words: love, respect, submit, mutual submission?

#### **READ: Proverbs 31**

7. Circle and highlight all the key words that describe what it means to a woman of noble character.

USE THE TABLE BELOW

Characteristics of a 1 <sup>st</sup> Chair Follower	Characteristics of a Lead Chair - Man	Characteristics of a Helper Chair - Woman

**PRAYER:** Pray this week about any broken relationships that you have within your family and ask God to speak to you about restoration. Join us this weekend for THE BROKEN CHAIR.