



A Biblical Prayer To Pray When We Are “Out of Gas”

The Love of Christ – Ephesians 3:14-21

¹⁴ So I bow in prayer before the Father. ¹⁵ Every family in heaven and on earth gets its true name from him. ¹⁶ I ask the Father with his great glory to give you the power to be strong in your spirits. He will give you that strength through his Spirit. ¹⁷ I pray that Christ will live in your hearts because of your faith. I pray that your life will be strong in love and built on love. ¹⁸ And I pray that you and all God’s holy people will have the power to understand the greatness of Christ’s love—how wide, how long, how high, and how deep that love is. ¹⁹ Christ’s love is greater than anyone can ever know, but I pray that you will be able to know that love. Then you can be filled with everything God has for you.

²⁰ With God’s power working in us, he can do much, much more than anything we can ask or think of. ²¹ To him be glory in the church and Christ Jesus for all time, forever and ever. Amen.

The Fullness of the Spirit – Ephesians 4:15-20

¹⁵ So be very careful how you live. Live wisely, not like fools. ¹⁶ I mean that you should use every opportunity you have for doing good because these are evil times. ¹⁷ So don’t be foolish with your lives but learn what the Lord wants you to do. ¹⁸ Don’t be drunk with wine, which will ruin your life, but be filled with the Spirit. ¹⁹ Encourage each other with psalms, hymns, and spiritual songs. Sing and make music in your hearts to the Lord. ²⁰ Always give thanks to God the Father for everything in the name of our Lord Jesus Christ.

Prayerfully spend the next few days, reading and praying over these two sections from Ephesians.

- Circle keywords or phrases that speak to your heart
- Underline the imperatives or commands
- Ask the Lord to fill your hearts and minds with the Spirit

Now read...

The Word of God – Colossians 3:16-17

¹⁶ Let the teaching of Christ live inside you richly. Use all wisdom to teach and counsel each other. Sing psalms, hymns, and spiritual songs with thankfulness in your hearts to God. ¹⁷ Everything you say and everything you do should be done for Jesus your Lord. And in all you do, give thanks to God the Father through Jesus.

- Brandon highlighted this as a parrell section Sunday
- Circle keywords or phrases that speak to your heart
- Underline the imperatives or commands
- Ask the Lord to fill your hearts and minds with the Word.

The Word of God – Psalm 119:10-12

¹⁰ With my whole heart I seek you; let me not wander from your commandments! ¹¹ I have stored up your word in my heart, that I might not sin against you. ¹² Blessed are you, O LORD; teach me your statutes!

Prayer:

Lord Jesus, I am desperate to know and experience the spiritual strengthening that comes to me through your Holy Spirit. I know that I have all the Holy Spirit, but the Spirit doesn’t yet have all of me. So I come humbly before You praying “Lord, fill me up, take control of my life, strengthen me with your power & love.” AMEN!