

Theme Verse:

Ephesians 4:29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

## **MELANCHOLICS**

Speaks: The language of Perfection & Order Preferences: Introverts and task-oriented Strengths:

creative	idealistic
problem solver	works well alone
needs to finish projects	empathic

detailed & accuratesindmakes charts & graphsself

sincere self-sacrificing

Weaknesses:

moody	judgmental	
fears failure	unforgiving	
insecure	self-righteous	
pessimistic	critical of others	
prefers analysis to work	depressed	

Needs: Safety Sensitivity Support Space & Silence

Manipulates with: Moods and Silence

## Unique Quality:

Melancholics are uniquely wired to anticipate obstacles and creatively problem-solve.

Moses at his weaker moments:

1. Moses was self-deprecating.

Exodus 3:11 But Moses said to God, "Who am I, that I should go to Pharaoh and bring the Israelites out of Egypt?"

2. Moses was pessimistic and feared failure.

Exodus 4:1 Moses answered, "What if they do not believe me or listen to me and say, 'The LORD did not appear to you'?"

3. Moses was moody and depressed.

Numbers 11:15 If this is how you are going to treat me, put me to death right now — if I have found favor in your eyes — and do not let me face my own ruin."

Moses at his stronger moments:

- 1. Moses was a creative problem solver.
- 2. Moses was detailed and organized.
- 3. Moses finished his mission.

## **FINAL THOUGHTS**

- 1. The goal is not to have my needs met, but to meet the needs of others.
- 2. Every temperament has equal value!
- 3. Develop one new habit.

$\left( \right)$	I HAVE A TENDENCY TO (BE)	
	BUT I WILL CHOOSE TO (BE)	