



## How To Fear less Through a Crisis

### 1. Gratefully

Philippians 1:3 *I thank my God every time I remember you.*  
4 *In all my prayers for all of you, I always pray with joy* 5  
*because of your partnership in the gospel from the first day*  
*until now, 6 being confident of this, that he who began a good*  
*work in you will carry it on to completion until the day of Christ*  
*Jesus.*

### 2. Prayerfully

1:9 *And this is my prayer: that your love may abound more*  
*and more in knowledge and depth of insight, 10 so that you*  
*may be able to discern what is best and may be pure and*  
*blameless until the day of Christ, 11 filled with the fruit of*  
*righteousness that comes through Jesus Christ — to the*  
*glory and praise of God.*

### 3. Fearlessly

1:12 *Now I want you to know, brothers, that what has*  
*happened to me has really served to advance the gospel.*  
13 *As a result, it has become clear throughout the whole*  
*palace guard and to everyone else that I am in chains for*  
*Christ. 14 Because of my chains, most of the brothers in the*

*Lord have been encouraged to speak the word of God more*  
*courageously and fearlessly.*

### 4. Joyfully

1:15 *It is true that some preach Christ out of envy and rivalry,*  
*but others out of goodwill. 16 The latter do so in love,*  
*knowing that I am put ... 18 But what does it matter? The*  
*important thing is that in every way, whether from false*  
*motives or true, Christ is preached. And because of this I*  
*rejoice. Yes, and I will continue to rejoice,*

### 5. Eagerly

1:20 *I eagerly expect and hope that I will in no way be*  
*ashamed, but will have sufficient courage so that now as*  
*always Christ will be exalted in my body, whether by life or by*  
*death. 21 For to me, to live is Christ and to die is gain.*

### 6. Willingly

1:27 *Whatever happens, conduct yourselves in a manner*  
*worthy of the gospel of Christ. Then, whether I come and see*  
*you or only hear about you in my absence, I will know that*  
*you stand firm in one spirit, contending as one man for the*  
*faith of the gospel 28 without being frightened in any way by*  
*those who oppose you. This is a sign to them that they will be*  
*destroyed, but that you will be saved — and that by God.*  
29 *For it has been granted to you on behalf of Christ not only*  
*to believe on him, but also to suffer for him, 30 since you are*  
*going through the same struggle you saw I had, and now*  
*hear that I still have.*