

Our **Virtual**

PowerGroup

Love Like That
Week 1 Study

Icebreaker

A brief self-inventory is provided for you below. Take a couple minutes to complete it now or do the same free inventory online at LoveLikeThatBook.com to see your results and receive a summary at the end of the series.

Icebreaker

For each statement, put the number that best describes you.

Never(1)

Rarely(3)

Sometimes(5)

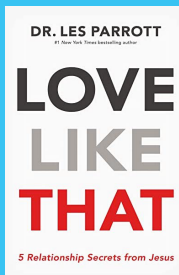
Often(7)

- I'm aware of thoughts I'm having when my mood changes.
- I ask God for wisdom to recognize needs, thoughts, and feelings in others.
- I'm intentional about sincerely being my best self with others.
- Recognizing and acknowledging what others are thinking and feeling comes easy to me.
- I'm very aware when someone else is feeling embarrassed or emotionally wounded.
- I manage my emotions very well.
- I set aside my own immediate plans and goals to help someone with their personal agenda.
- I listen for and am attuned to God's promptings for me in relationship to others.
- I'm mindful of God's presence with me
- I hear His whispers.
- I'm good at relaxing my own busy agenda in order to tune into someone else's.

_____ **TOTAL**

Reflection

How do you feel about the results of your self-inventory? Would you be willing to invite a trusted friend, spouse, parent or child to review the results with you? Why or why not?



If you would like to read more in depth about the 5 relationship secrets, you can purchase the book, "Love Like That," by the #1 New York Times bestselling author and psychologist Dr. Les Parrott.

Each week, you can view a brief video from #1 New York Times bestselling author and psychologist Dr. Les Parrott and then engage in thought provoking and relationship improving discussion.

Passage 1 John 13:34 | Ephesians 5:1-2 | 1 John 4:18

Reflection Who are the happiest, most joyful, and fulfilled people you know? Are they self-centered? Do they have wealth or fame? Or do they have deep, meaningful, and loving relationships?

Read John 13:34 and Ephesians 5:1-2. As we begin this study of learning to love more like Jesus, what is your biggest fear? Failing? Becoming a doormat? Giving up fun or pleasure? Not getting your own needs met? Other fears?

Read 1 John 4:18. What does this verse promise us in regards to our relationship fears? Which relationship(s) do you most want to see improved during this series?

Passage 2 Luke 19:1-10

Reflection Read Luke 19:1-10. Who do you relate to most in this story? Zacchaeus? The onlookers? Jesus? Why?

When it comes to these onlookers, how mindful were they of Zacchaeus at first? When they saw Zacchaeus with Jesus, what was their response (v.7)?

Passage 3 Luke 10:25-37

Reflection Read Luke 10:25-37. What was the question the man asked Jesus to justify himself (v. 29)?

The characters in the story include the priest, the Levite, the Samaritan, the man who was beaten. Who would each of these people be in your world today?

What agenda did each of these characters in the story have? What was the difference in the response to what each of these men saw?

What natural inclinations make it easier for you to act like the priest and Levite than like the Samaritan?

Passage 4

Philippians 2:3-5

Reflection Read Phillipians 2:3-5. If we want to be mindful like Jesus, we have to become more conscious of our own "interests" (agendas) so we can set them aside temporarily to focus on someone else. What personal agendas do you tend to become consumed with that cause you to miss out on being mindful of family, friends, co-workers, people you pass by, etc.?

When are these agendas most likely to consume you? What relationship(s) are impacted the most?

What can you learn from Jesus and Zacchaeus that could make a difference in your relationships?

Application

Who is the person or persons in your life that need more mindfulness from you? What is it that gets in the way most?

What is one practical thing you can do, in specific terms to become more mindful of the people you noted? Be as concrete and specific as you can be. Now go and do it!

Journal