

Our **Virtual**

PowerGroup

THE TABLE
Week 5 Study

Icebreaker

What do you do when things in life become chaotic? How do you decompress and handle all the stress of life?

Passage 1 Luke 24:13-16

Cleopas and another disciple are leaving Jerusalem after the crucifixion of Jesus. It has been three days since Jesus was crucified and buried. The man they thought to be their mighty king was dead. They had the expectation of Jesus being the Messiah. He was supposed to establish a Jewish kingdom and throw off the Roman rule. Jesus did not live up to their expectations and they left Jerusalem hurt and without hope. Jerusalem was a very chaotic city during and after the crucifixion of Jesus. Cleopas and the other disciple wanted to just get away for a while.

Reflection These two had lost hope. Discuss as a group what it must have been like for them to lose hope. The redeemer of Israel was dead. How do you deal with disappointment in life?

What are some of the dangers of expecting God to act and respond in a certain way? What occurs when your faith is based on how you think God should respond instead of just God Himself?

Passage 2 Luke 24:17-27

Jesus took the time to walk and explain the scriptures to the travelers. The two travelers experienced heartburn as they walked and spoke to Jesus. They finally realized that God was in control the whole time and they just needed to have faith.

Reflection Why do you think Jesus takes the time to re-explain the scriptures to these men instead of just revealing who He was?

Discuss a situation in your life that, after looking back, you realized God was in control of the whole time, even if you didn't believe it while everything was occurring.

Passage 3 Luke 24:28-35

Pastor Chris spoke about four stages during his message on Sunday. The four stages are Taking, Blessing, Breaking, and Giving. The taking stage is when God is moving you toward a transition. The blessing stage is when everything is going good in your life. The breaking stage is when we experience hardships, and the giving stage is when we are living into our purpose.

Reflection What stage would you say that you are currently in right now? Which stage do you struggle with the most?

Go through and discuss each stage. What do we learn in each stage? What is the best way to respond to each of the stages?

When Jesus took the bread and broke it, He went from guest to host. Why is this distinction important? What would it mean for Jesus to become the host instead of a guest?

Application

When the men finally realized Jesus was alive, They were so excited that they ran the seven miles back to Jerusalem in order to tell the other disciples the news.

Take the time to pray over each person in the stage of taking, blessing, breaking or giving that they are in right now.

How can what you are experiencing in life be a testimony for someone else? How will some else ever know if we are not willing to share our stories. Consider sharing with the group a time in your life that God has been there for you!