

Our **Virtual**

PowerGroup

THE TABLE
Week 3 Study

Icebreaker

On a scale from 1-10, do you enjoy entertaining guests at your home? Why or why not??

Passage 1 Luke 10:38-42

When the apostles returned, they told Jesus all the things they had done on their trip. Then Jesus took them away to a town called Bethsaida. Martha was sure she was doing the right thing when she told Jesus to have her sister help in the kitchen. She needed help in order to serve the food. In this story we discover Martha was not doing something bad, but Mary was doing even better.

Reflection What was good about what Martha was doing? What did Jesus say was the absolute best thing she could be doing at that moment?

Would you consider yourself a Martha or a Mary and why?

What are the most important things for you to accomplish in a day?

What are the opportunities of the moment that can be missed because we become so distracted with the details?

Passage 2 Hebrews 12:1-2

It's easy to become distracted with the details of our "to do" lists. After all, there are people counting on us. We all have responsibilities and a responsible person completes their responsibilities. However, sometimes in the moment we can lose sight of what is most important.

Reflection Why does Jesus say Mary is doing something even more important?

What is it that distracts you from listening to Jesus more? Be honest, what seems to get in the way from you spending more time with Him throughout the day?

What does the passage in Hebrews give as a solution?

What should the most important thing be for us in a day?

Passage 4 Psalm 1

This is a beautiful picture of what it looks like to find your delight in listening to the words of God. There will never be an end of good things to choose to do. But to prioritize the very best is going to require your heart to be certain of the beauty, the joy, and the outstanding value of listening to God. Read Psalm 1 together as a group. Take the time to replace each the words "who", "whose", "that person" or "they" with your name in the psalm. How does the psalm sound different when you personalize it for each person?

Reflection What is it that Psalm 1 says to you?

What is the difference between reading and meditating?

How often should we should be meditating on God's word?

What are the results for us when we mediate on God's word?

What are the results if we don't mediate on God's word?

Passage 4 Luke 6:46-49

In this passage we see two different homes. One is built on the sand and one is built on the rock. Jesus contrasts the two different foundations and compares them to a person who listens to the word of God and someone who does not listen to the word of God.

Reflection Who is the person who built their house on the rock and who is the person who built their house on the sand?

What is the difference between the two builders?

How would you feel if you lived in each of these houses? How much would you care?

Would you say your spiritual life right now is built on a firm foundation or is it sinking in quick sand?

Application

Jesus said, "Martha, Martha, you are getting worried and upset about too many things." That word for "worried" is the same word Jesus uses in the parable of the sower when he says, "The seed that fell among thorns stands for those who hear, but as they go on their way they are choked by life's worries, riches and pleasures, and they do not mature."

Which worries are distracting you and hijacking your time? What worries do you have that you need to hand over to God? Take the time to share what you are worried about and pray those worries up to God for one another.