

James 1:2-5, 12 MSG *Consider it a sheer gift, friends, when tests and challenges come at you from all sides. You know that under pressure, your faith-life is forced into the open and shows its true colors. So don't try to get out of anything prematurely. Let it do its work so you become mature and well-developed, not deficient in any way. If you don't know what you're doing, pray to the Father. He loves to help. You'll get his help, and won't be condescended to when you ask for it. ...Anyone who meets a testing challenge head-on and manages to stick it out is mighty fortunate. For such persons loyally in love with God, the reward is life and more life.*

Acts 27:21-38, 42-44 MSG *With our appetite for both food and life long gone, Paul took his place in our midst and said, "Friends, you really should have listened to me back in Crete. We could have avoided all this trouble and trial. But there's no need to dwell on that now. From now on, things are looking up! I can assure you that there'll not be a single drowning among us, although I can't say as much for the ship—the ship itself is doomed.*

"Last night God's angel stood at my side, an angel of this God I serve, saying to me, 'Don't give up, Paul. You're going to stand before Caesar yet—and everyone sailing with you is also going to make it.' So, dear friends, take heart. I believe God will do exactly what he told me. But we're going to shipwreck on some island or other." On the fourteenth night, adrift somewhere on the Adriatic Sea, at about midnight the sailors sensed that we were approaching land. Sounding, they measured a depth of 120 feet, and shortly after that ninety feet. Afraid that we were about to run aground, they threw out four anchors and prayed for daylight.

Some of the sailors tried to jump ship. They let down the lifeboat, pretending they were going to set out more anchors from the bow. Paul saw through their guise and told the centurion and his soldiers, "If these sailors don't stay with the ship, we're all going down." So the soldiers cut the lines to the lifeboat and let it drift off. With dawn about to break, Paul called everyone together and proposed breakfast: "This is the fourteenth day we've gone without food. None of us has felt like eating! But I urge you to eat something now. You'll need strength for the rescue ahead. You're going to come out of this without even a scratch!"

He broke the bread, gave thanks to God, passed it around, and they all ate heartily—276 of us, all told! With the meal finished and everyone full, the ship was further lightened by dumping the grain overboard. ...The soldiers decided to kill the prisoners so none could escape by swimming, but the centurion, determined to save Paul, stopped them. He gave orders for anyone who could swim to dive in and go for it, and for the rest to grab a plank. Everyone made it to shore safely.

THREE WAYS TO HANDLE THE PRESSURE

1. See it _____.

