

I don't care that I'm going bald.

A lot of chicks dig bald men!

Bald is "IN" these days.

I'll look great bald!

At least I have a nicely shaped head.

Balding men look more sophisticated.

The Rogain is starting to work!

MALE PATTERN NONSENSE

Where'd My Hair Go? Non-Pruritic Alopecias

Chris Reeder, DVM, DACVD



Alopecia

- Greek “alopex” = fox
- Foxes with mange had hair loss
- Baldness needed a more distinguished term



Non-pruritic Alopecia

- Hyperadrenocorticism
- Hypothyroidism
- Sex hormonal alopecia
- Alopecia X
- Vaccine injection site alopecia
- Pregnancy alopecia
- Follicle dysplasia
- Color dilution alopecia
- Seasonal Flank alopecia
- Paraneoplastic alopecia
- Radiation alopecia



Cushing's Disease

Hyperadrenocorticism

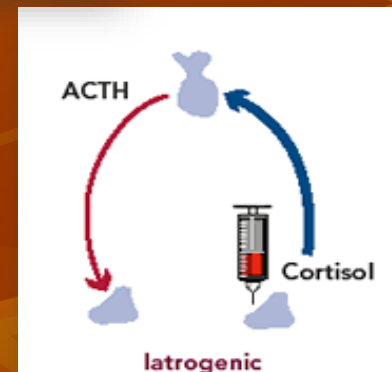
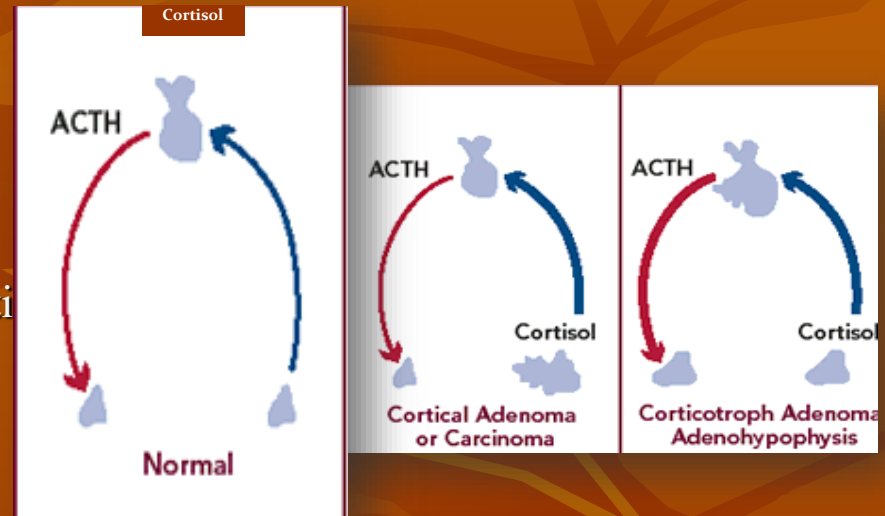
- The most common endocrine skin disease seen in practice
- An insidious disease
- Sometimes difficult to diagnose or confirm
- *A clinical disease in which pursuit of the diagnosis and decision is balanced by degree and owner concern for symptoms*



Hyperadrenocorticism

■ Pathogenesis

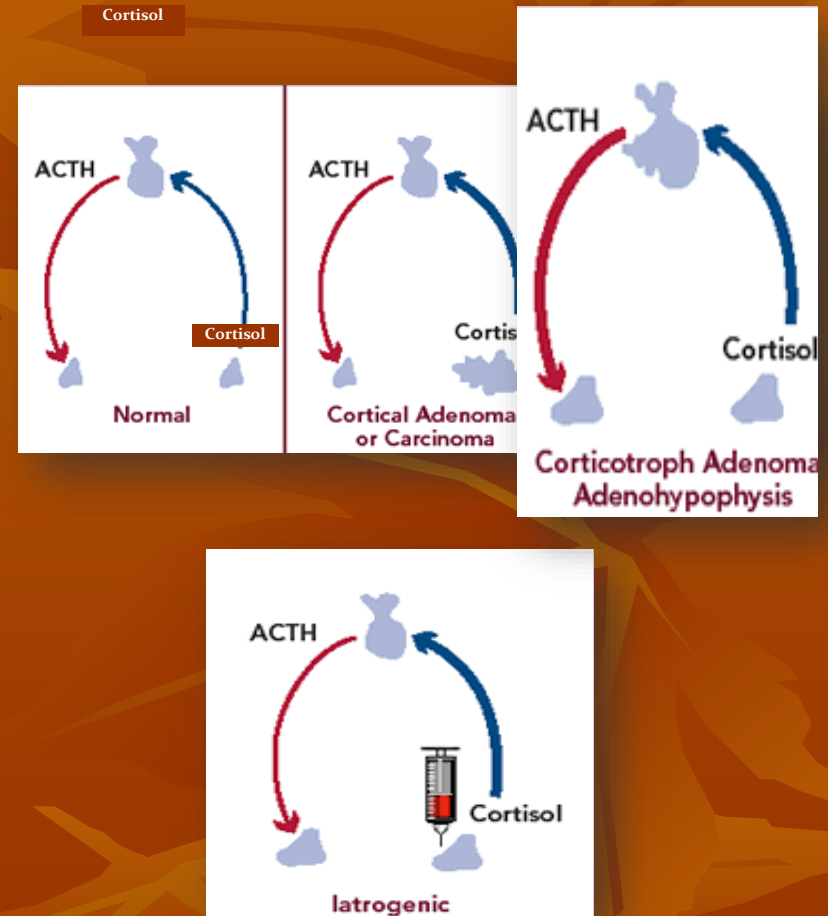
- *Pituitary-dependent 85%*
 - Adenomatous enlargement of the pituitary gland resulting in excessive adrenocorticotropin (ACTH) production
- *Adrenal-dependent disease*
 - Functional adenomas or adenocarcinomas 15% ?
 - Ectopic ACTH secretion has not been reported in dogs; in humans can be associated with certain lung tumors
- *Iatrogenic HAC*
 - Exogenous excess oral, injectible, topical



Hyperadrenocorticism

■ Pathogenesis

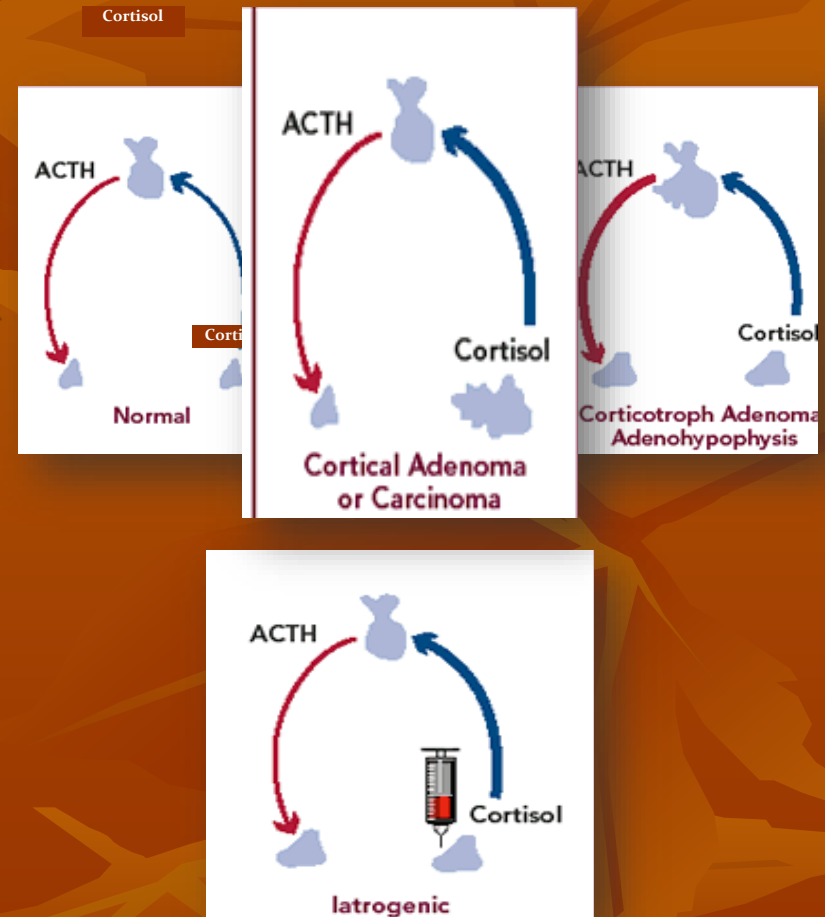
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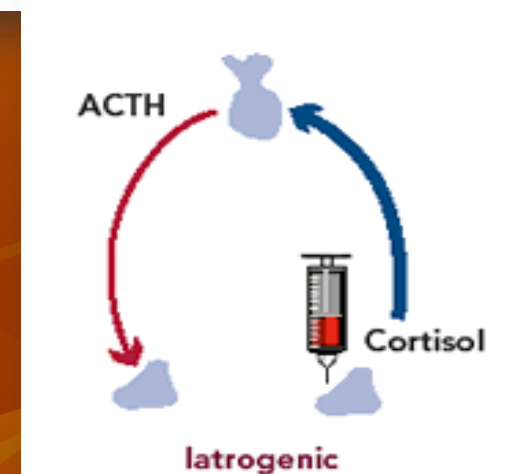
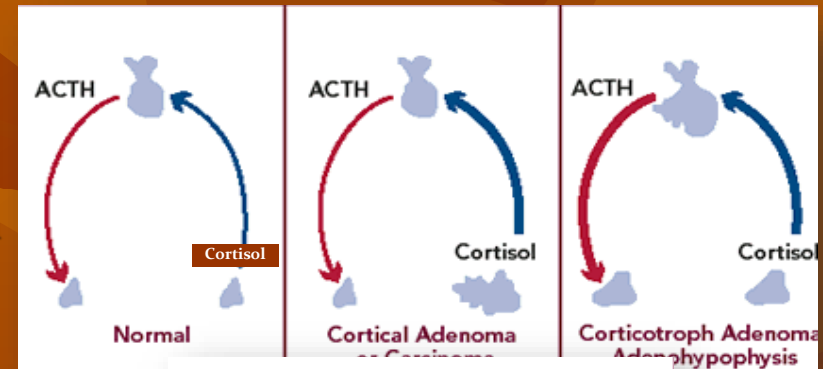
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Hyperadrenocorticism

- Clinical Signs
 - Commonly reported
 - Polydipsia/polyuria
 - Polyphagia
 - Pot Bellied appearance
 - Symmetrical Alopecia
 - Recurrent Cystitis
 - Pancreatitis?
 - Diabetes mellitus?



Hyperadrenocorticism

■ Clinical Signs

■ Others

- Recurrent or widespread pyoderma
- New infections in a middle-aged or geriatric patient
- Adult onset demodicosis
- Slowed hair regrowth
- Coat color and texture changes
- Muscle atrophy (especially temporal/parietal)
- Ligament/tendon breakdown or laxity
- Resolved or improved inflammatory disease (allergy?, arthritis?)
- Behavior changes
- Excess panting

Bingo

- History
 - 11 y/o F/S Dachshund mix
 - Recent onset odor, patchy hair loss
 - Minimal pruritus
 - Was PU/PD but not recently
- Exam
 - Diffuse folliculitis with clumps of hair & crust easily epilated
 - Focal areas of hyperpigmentation and erythema



Bingo

Diagnostics

- Screening Bloodwork
 - CBC
 - Serum Chem
 - Thyroid profile
 - **All within normal limits**
- Skin biopsy
 - Bacterial folliculitis with *follicular calcinosis*

Bingo

Diagnostics

- ACTH stimulation test
 - Pre – 8.2 (1.0-5.0)
 - Post – 42.0 (8.0-17.0)

(remember – Alk Phos was normal!)

- LDDS and Endogenous ACTH suggestive of adrenal tumor
- Managed successfully with Lysodren
- Deceased at 14 years
- 3-4 cm adrenal mass confirmed at necropsy

Hypothyroidism

- One of the most over-diagnosed conditions
- Need TT4, fT4, TSH levels
- 50% lymphocytic thyroiditis
- 2-5 year olds, neutered animals



Hypothyroidism

■ Clinical signs

- Lethargy
- Mental dullness
- Weight gain
- Cold intolerance

■ Dermatology signs

- Dry, scale
- Poor coat quality
- Symmetrical alopecia
- Superficial pyoderma
- Myxedema

Hypothyroidism

- Drug effects to remember:
- DECREASE TT4 and fT4
 - Steroids, phenobarb, TMS, Tricyclic antidepressants
- INCREASED TSH
 - Phenobarb (slight increase possible)
 - TMS!!!

REPORT OF LABORATORY EXAMINATION

Collected Date/Time (If Provided)	01/14/2010 15:30:00		
Procedure		Ref Range	Units
Total Thyroxine (TT4)	24	[15-67]	nmol/L
Total Triiodothyronine (TT3)	1.1	[1.0-2.5]	nmol/L
Free Thyroxine (FT4)	7 L	[8-26]	pmol/L
Free Triiodothyronine (FT3)	3.5 L	[4.5-12.0]	pmol/L
T4 Autoantibody	9	[0-20]	%
T3 Autoantibody	4	[0-10]	%
Thyroid Stimulating Hormone	12	[0-37]	mU/L
Thyroglobulin Autoantibody *	4	[0-35]	%

Sex hormone alopecia

- Abnormally high levels of:
 - Progesterone
 - 17-OH progesterone
 - Androstenedione
 - Testosterone
 - Estradiol
- UT adrenal sex hormonal panel
 - Run same as ACTH stimulation test

Test	Result (baseline)	Normal Range**	Result (post ACTH)	Normal Range**
Cortisol ng/ml	31.8	2.1-58.8	146.1	65.0-174.6
Androstenedione ng/ml	0.9*	0.05-0.57	4.9*	0.27-3.97
Estradiol pg/ml	64.8	30.8-69.9	79.3*	27.9-69.2
Progesterone ng/ml	0.28	0.03-0.49	2.07*	0.10-1.50
17 OH Progesterone ng/ml	0.08	0.08-0.77	2.21*	0.40-1.62
Aldosterone pg/ml ***	14.6	11-139.9	197.7	72.9-398.5

* Above or below reference range

** Mean normal range values for spayed female dogs (N=36). QNS = insufficient sample.

*** Normal range values for male and female dogs (N=72 baseline, N=23 post-ACTH)

These results: [X] indicate presence of increased adrenal activity.(mild-moderate)
 [] indicate presence of adrenal hypofunction.
 [] are within normal limits.



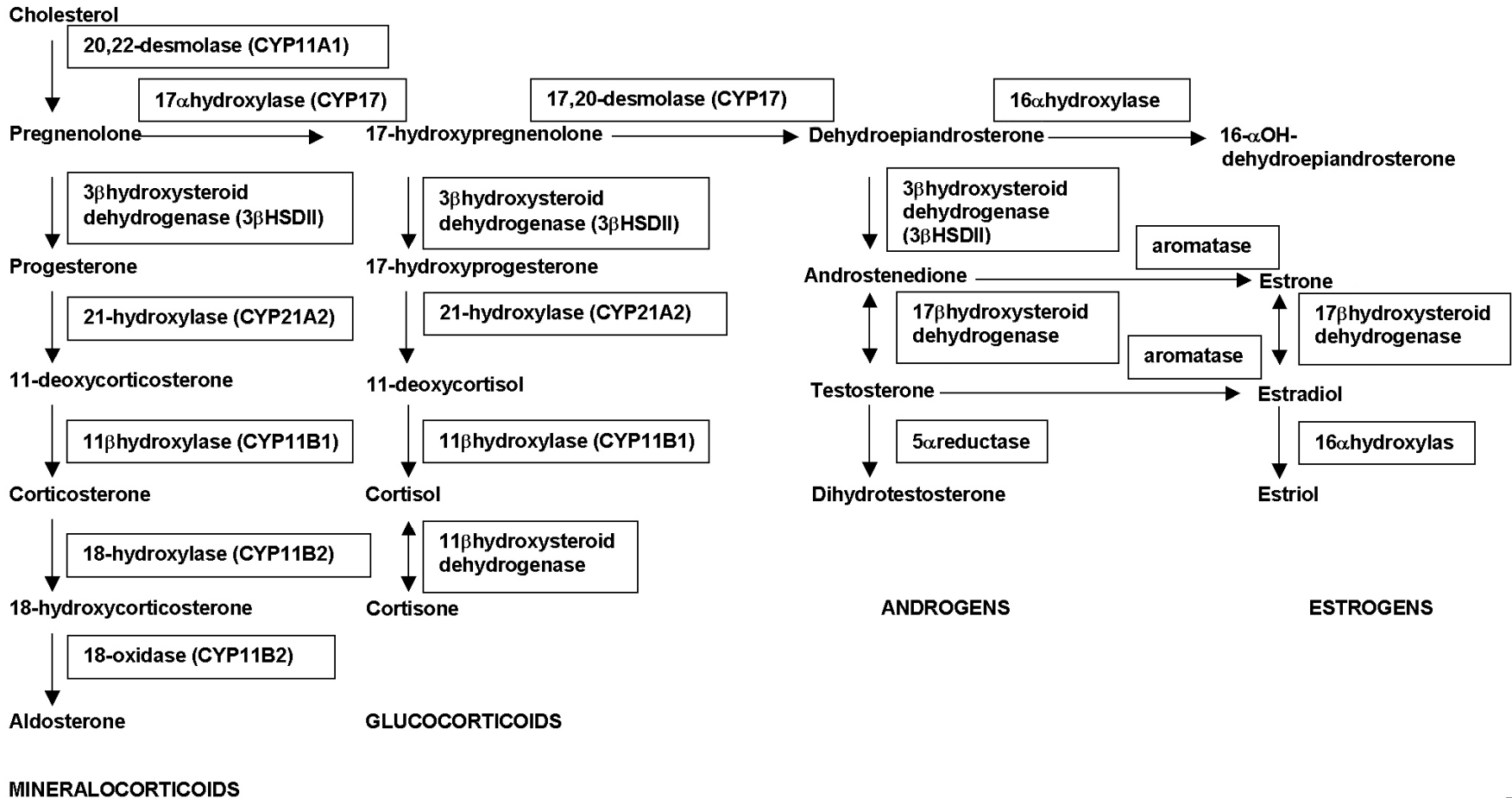
Alopecia X

- Variant of hyperadrenocorticism
- AKA
 - Alopecia-associated with follicular arrest
 - Adrenal hyperplasia-like syndrome
 - Growth hormone-responsive alopecia
 - Biopsy-responsive alopecia
 - Castration-responsive dermatosis
 - Pseudo-Cushing's syndrome

Alopecia X

- Miniature Poodles, Nordic breeds and 'plush-coated' breeds
- Spares head and forelimbs
- Possible 21-hydroxylase enzyme deficiency

ADRENAL CORTICAL HORMONE SYNTHESIS



SIR... THE
BALDNESS
PILL IS NOT A
SUPPOSITORY.

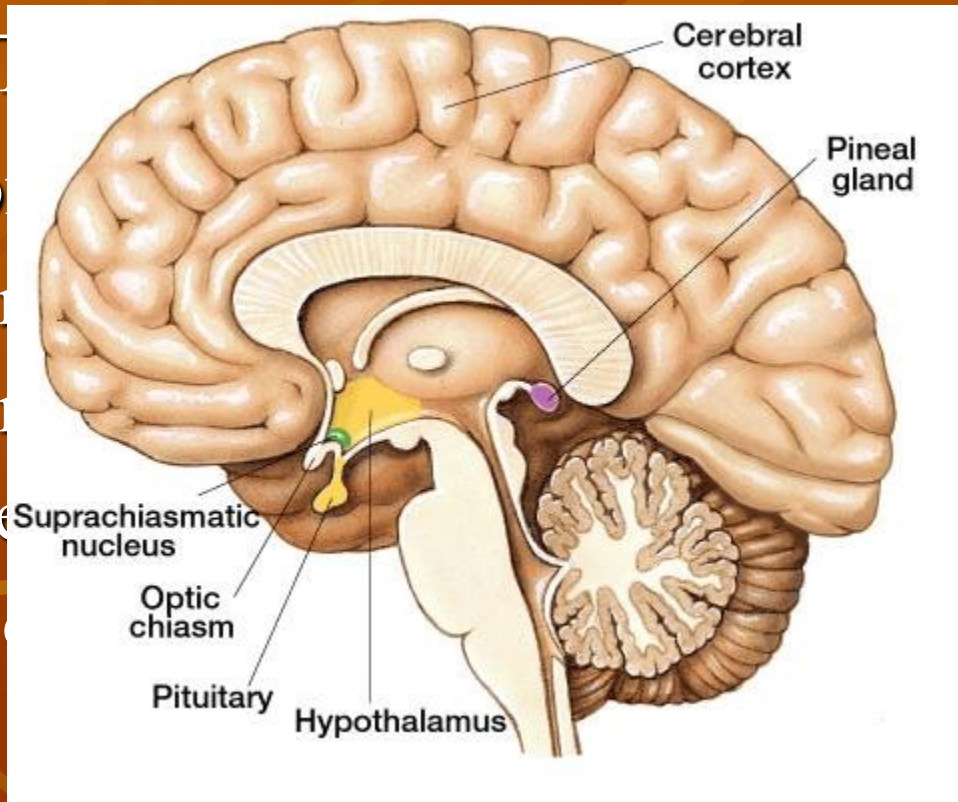
*Male
Ego*

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<http://www.pharmacia.com>



Alopecia X

- TREAT
- Melato
- ↓ Est
- ↓ Est
- No de
- 62%



act female)

ths*

Ashley, Frank Schmeitzel. AVMA 1999; 215: 1111-5

*Frank, Hnilica, Oliver. Vet Derm 2004; 15: 278-284

Vaccine injection site alopecia

- Common in small breeds
- Rabies vaccine most often related
- Focal site of hair loss
- Mild vasculitis involved
- Usually 2-4 months post injection onset
- Months to 1+ year to regrow hair
- Pentoxifylline or dapsone used for rabies injection site
 - PTX 15-20 mg/kg BID-TID



Pregnancy alopecia

- Rare disorder
- Telogen defluxion
 - “[Abrupt], premature cessation of growth of many anagen hair follicles and the synchronization of these follicles in catagen, then telogen” SAD-2001
- 3-4 wks after insult (as long as 3 mo later)
- Resolves once inciting factor is relieved



Telogen defluxion

- High fever
- Anesthesia
- Surgery
- Shock
- FeLV
- Doxorubicin toxicity is most common drug-induced cause

Follicle dysplasia

- Poor, frizzy, dry haircoats
- Twisted hairshafts
- Varying degrees of alopecia
- Usually involves the truncal body

Color dilution alopecia

- Dilutions of black or brown → blue or fawn, respectively

- A (agouti), B (brown), C (albino series), D (blue dilution) E (extension), G (graying), M (merle), R (roaning), S (white spotting) and T (ticking.)

whippets, Italian Greyhounds, etc

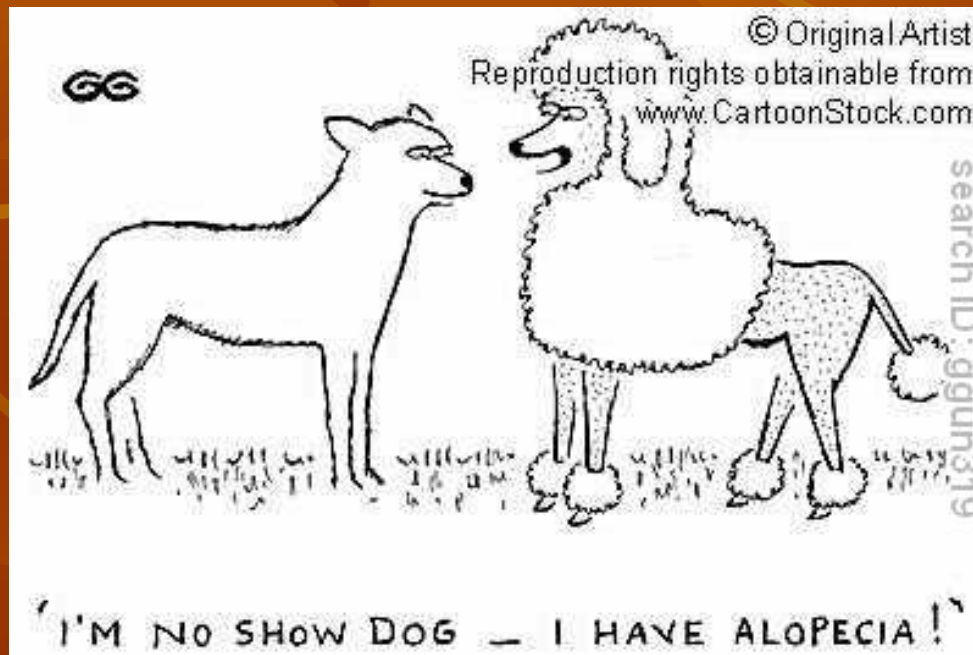
- Up to 93% blue Dobermans
- Secondary bacterial folliculitis common





Color Dilution alopecia

- Avoidance of harsh shampoos or vigorous grooming results in hair fracture
- Treat secondary bacterial folliculitis



Seasonal Flank Alopecia

- Localized cyclic follicular dysplasia
- Fall or spring occurrence
- Bulldogs, Boxers and Airedales at risk
- Non-scarring alopecia on thoracolumbar
- Bilaterally symmetrical
- Hyperpigmented alopecic skin

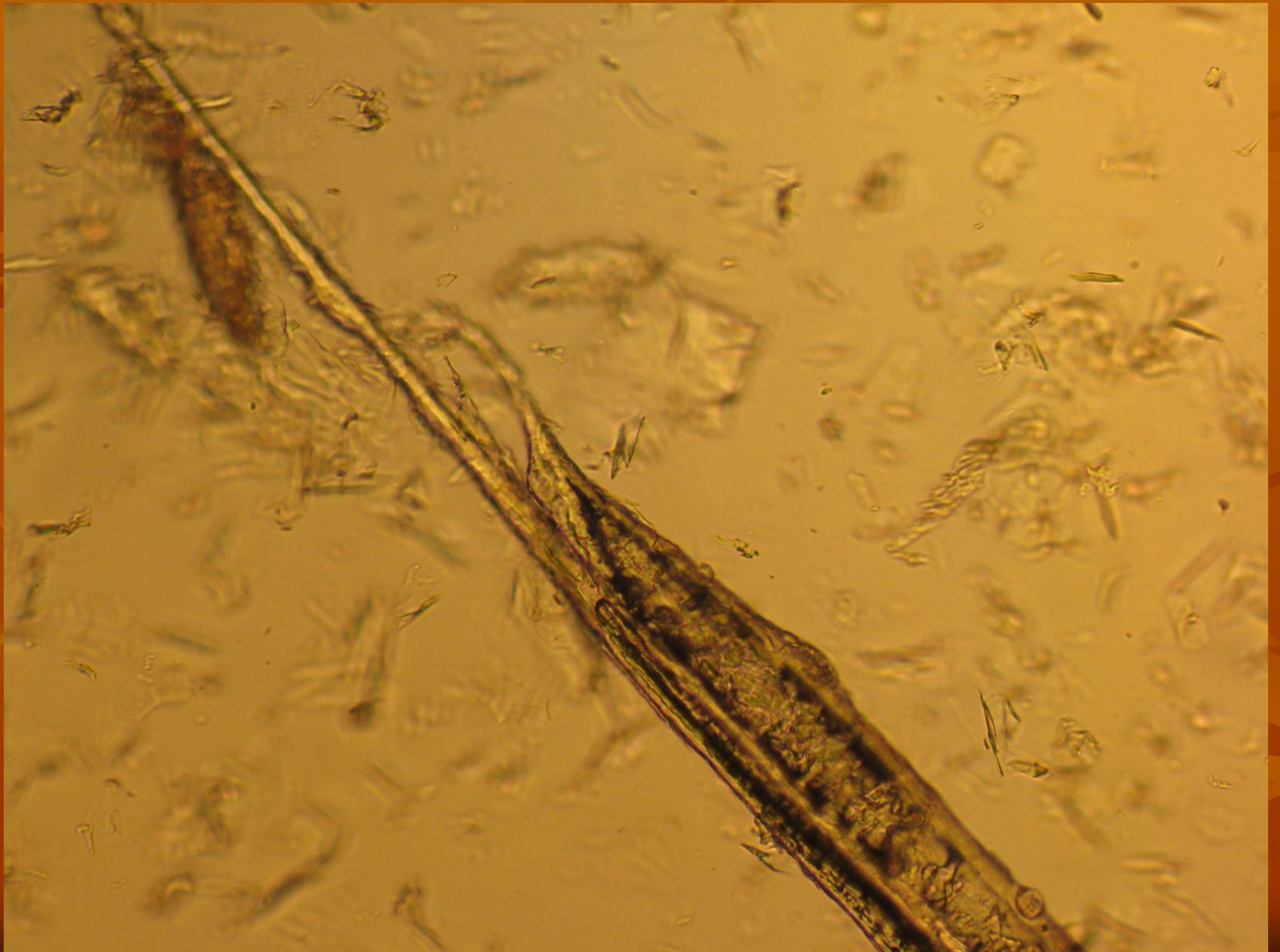
Seasonal Flank Alopecia

- Progesterone increased in short photoperiod
- Melatonin therapy
 - Inhibits prolactin release
 - Decreases shedding in dogs
- 3mg < 30 lb, 6mg >30 lb BID
- Injections SQ melatonin 12.5mg three at 2-week intervals



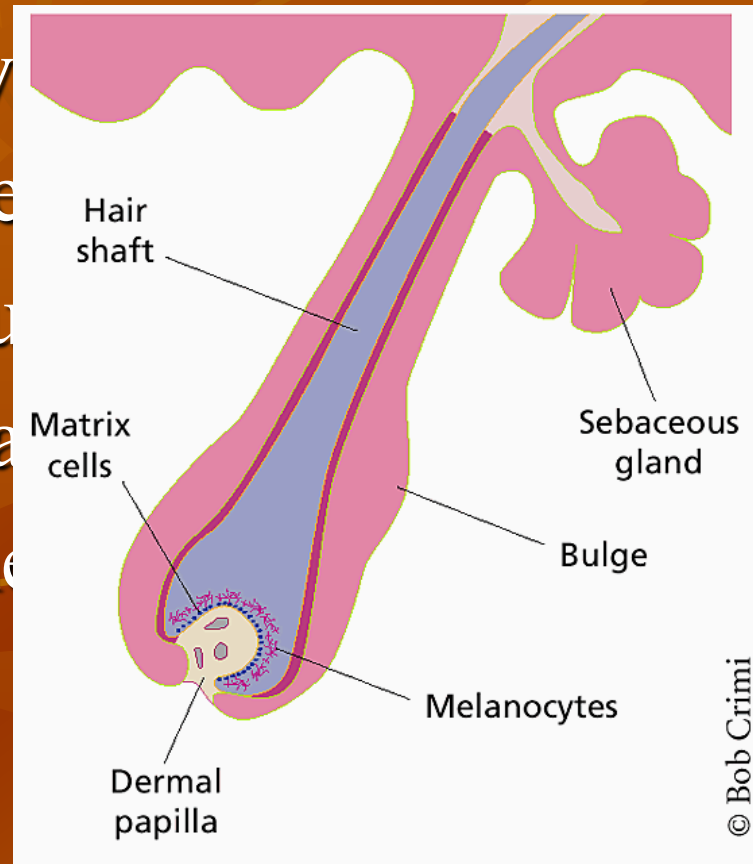
Alopecia Areata (AA)

- Autoimmune destruction of hair follicles
 - Hair bulb region lymphocytic infiltrate
 - Inner root sheath IgG targeted
 - Possible melanocyte targeting
- Face, muzzle, chin and ears most common
- Trunk and legs on occasion



Pseudopalade

- Isthmus ly
- Usually pe
- Affects tru
- Biopsy dia
- No treatme



Post-clipping alopecia

- Sled-dog and plush-coated breeds
- Failure of hair to regrow after routine clipping for venipuncture, myelogram, surgery, etc.
- Normal hair follicles
- Delayed telogen
- 6-12 month regrowth in some dogs
- Watch for other differentials!

Paraneoplastic Alopecia





The background of the slide is a solid orange-brown color, overlaid with a pattern of stylized, semi-transparent autumn leaves in various shades of brown and orange. The leaves are scattered across the frame, creating a seasonal and warm atmosphere.

THANKS!!!

REMBEMBER



QUESTIONS???

