

Demonstrations of God's Love in Human Relationships: Marriage // Eric Daniel

Ephesians 5:22-32

"In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself." Ephesians 5:28 (ESV)

"And a second is like it: You shall love your neighbor as yourself." Matthew 22:39 (ESV)

"Wives, submit to your own husbands, as to the Lord. ²³ For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. ²⁴ Now as the church submits to Christ, so also wives should submit in everything to their husbands. ²⁵ Husbands, love your wives, as Christ loved the church and gave himself up for her, ²⁶ that he might sanctify her, having cleansed her by the washing of water with the word, ²⁷ so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. ²⁸ In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. ²⁹ For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, ³⁰ because we are members of his body. ³¹ 'Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.' ³² This mystery is profound, and I am saying that it refers to Christ and the church. ³³ However, let each one of you love his wife as himself, and let the wife see that she respects her husband." Ephesians 5:22–33 (ESV)

The five ways a man loves Himself that would save his marriage:

1. Brushing Your Teeth (Personal Hygiene) – the habit of loving your spouse.
2. The Gym (Leg Day) – the discipline of loving your spouse.
3. Enjoyment of Entertainment – the joy of loving your spouse.
4. Food Fulfillment – the necessity of loving your spouse.
5. The Pride of Production (Work) – the accomplishment of loving your spouse.

'Therefore a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.' Ephesians 5:31