

"Don't Worry... About Anything!"

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

Serenity Prayer

Philippians 4:4-7

Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all. The Lord is near. 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

"Christian joy is independent of all things on earth because it has its source in the continual presence of Christ."

~William Barclay

The LORD directs the steps of the godly. He delights in every detail of their lives. 24 Though they stumble, they will never fall, for the LORD holds them by the hand.

Psalm 37:23-24, New Living Translation

Cast all your anxiety on Him because He cares for you!

1 Peter 5:7

In *everything* by <u>prayer</u> and <u>supplication</u> with <u>thanksgiving</u> let your requests be made known to God.

Philippians 4:6, (ESV)

"Prayer"/"Adoration"

Worship God for who He is and what He has done!

"Supplication"

Tell God what you need. Ask Him to provide for your every need. Trusting: "God Will Provide"!

"Thanksgiving"

Thank God for how He has provided for your needs. Thank Him for how He will provide for you, both now and in the future!

How Do I Apply This To My Life?

- Cast all your worry and anxiety on to God.
- Trust that He cares about every detail of your life!
- Worship God in the storms of life.
- Thank Him for all He has done and is doing for you.
- Pour your heart out asking Him to meet your every need!

"What the Lord has done in the past, He will do again, for He never changes. He is faithful to His promises and gracious to His saints. He will not turn away from His people."

~ Charles Spurgeon