

**Take Away – Sorrow Cannot Steal Your Joy**

**Text: John 16: 16 – 24**

**Date: 4-3-22**



**With your group...**

Answer each of the following questions prompted by the text and/or today's sermon.

1. What is sorrow and its relationship to sin? As Jesus defines it, what is "joy" and how can it coexist with sorrow?
2. How is "joy" fundamentally different from "happiness"?
3. Read Hebrews 12:2. As Jesus talks to His disciples in this text (John 16: 16 – 24), He is very well aware that soon He will die a painful, and horrific death. Do you think Jesus was "happy", when He had a good idea what was coming next? How can Jesus have joy when he knows such a difficult trial awaits Him?
4. React to: "Joy is the foundation that leads us through any negative emotion. We can hold both JOY and sorrow; JOY and grief; JOY and suffering. Our brains actually desire joy more than any other emotion. True joy only comes from God!"
5. Why do you think so many people who seeming have everything they could want still don't experience joy in their life?
6. "It is so easy to see someone who is living in the joy of the Lord. You see it in the eyes. Joy is contagious. Joy is meant to be deeply felt in our bodies." Who do you personally know that exudes the "joy of the Lord"? Describe them and how you know he/she is joyful.
7. Share an experience that at the time was difficult to endure, but you may have experience joy during that time and it turned out to be something that brought good things into your life. In hindsight, are you able to praise God for that difficult time in your life?
8. React and react to this quote from *The Great Divorce* by C.S. Lewis: "There are only two kinds of people in the end: those who say to God, "Thy will be done," and those to whom God says, in the end, "Thy will be done." All that are in Hell, choose it. Without that self-choice there could be no Hell. No soul that seriously and constantly desires joy will ever miss it. Those who seek - find. Those who knock - it is opened."