

## Take Away – Soul Trek: Help Me!

Text: 2 Timothy 3:14-17

Date: 10-17-21



### With your group...

Answer each of the following questions prompted by the text and today's sermon.

1. We learned last week that the first stage of our Soul Trek is about building our confidence in our identity as a follower of Jesus. Share one way in which Jesus gave you confidence to follow Him this week.
2. How do you know if you're in the second "Helps in Discipleship" stage? Let's find out now by you asking yourself how many of these statements you would agree with:
  - *I'm discovering the right things to believe from the Bible.*
  - *I'm growing by following the teachings of my spiritual leader(s).*
  - *My group of friends is helping me grow as a disciple of Jesus.*
  - *I'm learning spiritual disciplines that help me follow Christ.*
  - *It's hard for me to be quiet and still in prayer for long.*

If you said "yes" to 3 or more of these questions you're probably in the "Helps" stage.

3. In this stage, faith is based on *learning* and *belonging*. Your spiritual disciplines will include things like...
  - Daily devotions
  - Starting to serve on a Sunday or in the community
  - Memorizing Bible verses
  - Participating in a small groupWhich of these four things do you need to "do better at" and why?
4. The second stage of our soul trek invites us to move from the heart (experiences and imagination) to the head: Helps in Discipleship. In what ways do you need to reach out to your small group and say, "Help me."?
5. Read 2 Timothy 3: 14 – 17. This is Paul's final charge to Timothy. What are some examples of sports, instruments, hobbies, or projects you have started and quit? Why did you quit?
6. In this passage, Paul is encouraging Timothy not to quit the faith but to endure. What are some specific examples of how we see his encouragement in this passage?
7. Have you ever been tempted to give up on the faith? What were some of the reasons you were tempted to quit? What were some of the reasons you didn't quit?

8. A key to enduring is to follow the right examples. In 2 Timothy 3:10, Paul reminds Timothy of his (Paul's) example. Is this arrogant of Paul? How would you feel about saying to someone, "follow me as I follow Christ?"
9. Imagine you are explaining verses 16 and 17 to an unbeliever, what would you say?
10. In 2 Timothy 3:14, Paul reminds Timothy of his grandmother and mother in order to encourage him to endure (see 2 Timothy 1:5). Why do many kids leave the faith and the faith practices of their parents? How can we help prevent this?
11. What helpful strategies you have learned and use to read God's Word for life change?

### **With your kids...**

Read together 2 Timothy 3: 15 – 17.

12. Why did God give us the Bible?
13. What is salvation through Christ Jesus?
14. When did Paul say Timothy first learned the Bible?
15. How can children learn the Bible if they can't read?
16. Praying Together - Take time to pray with your children, thank God for His word and ask Him to help you treasure it.

### **Diving Deeper...**

For a deeper dive into God's Word, let's look more closely at 2 Timothy 3:12.

17. A key to enduring in the faith is to understand the necessity of enduring. What are some of the consequences if we don't recognize the importance of enduring?
18. Paul says, "all who desire to live a godly life in Christ Jesus will be persecuted" (3:12). Jesus said, "If they persecuted me, they will also persecute you" (John 15:20). What does this mean?
19. What *could* it mean if we don't experience persecution for our faith? Explain.
20. Why is it helpful to look at the examples of other Christians in order to endure? Share a story of how you have been encouraged by the story/testimony of another Christian who endured.

### **On your own...**

For your individual study this week, read 2 Timothy 3:10-17. There are four practical benefits of Scripture for our lives from verse 17:

- Teaching (or doctrine)- showing us the way to go
- Rebuking- warning us when we're getting off track
- Correcting- helping us get back on track
- Training in Righteousness- helping us stay on track

21. Think of an example of how a passage of scripture has benefited you in one of these 4 ways?

22. At the end of verse 17 it tells us that the result of scriptures work in our lives is to equip us for every good work. How has God's Word helped to equip you for the ministry God has for you to do?