

# **The Creed—1**

## **Forgotten Words That Will Change Your Life**

**What you believe about God shapes everything about you.**

### **Gnosticism**

#### **The Apostles' Creed**

**I believe in God, the Father Almighty,  
Creator of heaven and earth.**

**I believe in Jesus Christ, His only Son, our Lord,  
who was conceived by the Holy Spirit,  
was born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended to the dead.  
On the third day, He rose again.  
He ascended into heaven,  
is seated at the right hand of the Father,  
and will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy universal Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.**

**Amen.**

**I believe in God, the Father Almighty,  
Creator of heaven and earth.**

### **Credo**

**I believe so fully that I give my heart, my trust,**

**and my life to this truth, no matter the cost.**

*“This, then, is how you should pray: ‘Our Father in heaven, hallowed be your name ...’”* Matthew 6:9 NIV

- **Even if your father was absent, God is always present.**  
**(Hebrews 13:5)**
- **Even if your father was harsh, God is compassionate.**  
**(Psalm 103:13)**
- **Even if your father was distant, God is close.**  
**(Psalm 34:18)**
- **Even if your father was hard to please, God delights in you.**  
**(Zephaniah 3:17)**

***omnipotentem:*** having absolute power and supreme authority; unrivaled, uncontested, and unlimited in all creation, time, and existence

**I believe in God, the Father Almighty,  
Creator of heaven and earth.**

*In the beginning was the Word, and the Word was with God, and the Word was God. ... <sup>3</sup>Through him all things were made; without him nothing was made that has been made.* John 1:1, 3 NIV

## **TALK IT OVER**

### **Learn more about the Apostles’ Creed**

Read a line-by-line explanation of the Apostles’ Creed at:

[www.go2.lc/thecreed](http://www.go2.lc/thecreed)

Read **Matthew 6:9**. How have you experienced God as your “almighty Father”? What are some of your go-to ways of connecting with your heavenly Father?

What do you believe about God? How have you seen these thoughts shape who you are?

Does anything in your life prevent you from fully trusting God? Talk about those barriers together.