

SMALL THINGS, BIG DIFFERENCE—4 HABITS

- IT'S THE SMALL THINGS THAT NO ONE SEES THAT RESULT IN THE BIG THINGS EVERYONE WANTS.
- DISCIPLINE IS CHOOSING BETWEEN WHAT YOU WANT NOW AND WHAT YOU WANT MOST.

WHY AM I SO INCONSISTENT?

¹⁵ *I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate.* ¹⁸ *... I want to do what is right, but I can't.* ¹⁹ *I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway.* ²⁰ *But if I do what I don't want to do, I am not really the one doing wrong; it is sin living in me that does it.* ²⁴ *Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death?* ²⁵ *Thank God! The answer is in Jesus Christ our Lord...* Romans 7:15, 18-20, 24-25 NLT

TRAINING TO WIN WHAT MATTERS MOST

²⁴ *Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win!* ²⁵ *All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize.* 1 Corinthians 9:24-25 NLT

So I run with purpose in every step. I am not just shadowboxing. ²⁷ *I discipline my body like an athlete, training it to do what it should...*

1 Corinthians 9:26-27 NLT

- WHAT DO YOU WANT MOST?

- MY ONE DISCIPLINE: WHAT DO YOU NEED TO DO NOW TO HAVE WHAT YOU WANT MOST?

TALK IT OVER

- Where in life are you most lacking discipline? How has that affected you?
- What's the one thing you want most?
- What do you need to do now to have what you want most?