

At Once Let Go of What's Holding You Back

As Jesus walked beside the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake, for they were fishermen.

Mark 1:16 NIV

“Come, follow me,” Jesus said, “and I will send you out to fish for people.” Mark 1:17 NIV

At once *they left their nets and followed him.* Mark 1:18 NIV

1. Start now.

*At once they **left their nets** and followed him.* Mark 1:18 NIV

2. Let go.

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. ... Hebrews 12:1 NIV

*At once they left their nets and **followed him**.* Mark 1:18 NIV

3. Get going.

Change is a one-time decision with a daily commitment.

Then he said to them all: “Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me.”

Luke 9:23 NIV

Following Jesus is a one-time decision with a daily commitment.

And Jesus said to them, “Follow me, and I will make you become fishers of men.” Mark 1:17 ESV

TALK IT OVER

Read **Mark 1:16-18**. What stands out to you about the way Simon and Andrew responded to Jesus? How do you think you would respond in their situation?

Following Jesus is a one-time decision with a daily commitment. What are some practical ways you can commit to Jesus every day this year?

Share something you’re hoping to change this year. How can you focus on God and allow Him to be your source of strength as you make progress toward this goal?