THE HOLY ONE CHURCH | ONLINE BULLETIN

NEW DAYS, OLD DEMONS

WHEN PRESSURE PICKS A FIGHT

MIDWEEK ONE | Pastor Ruben Cortez | October 21, 2026

Pressure does not have to direct your response.

Main Scripture: 1 Kings 21:1-20, 27-29

Read also: Ephesians 6:12; James 1:19-20; James 4:7-8

God cares about what you are carrying. He also cares about how you treat people while you are carrying it.

1. WHAT DO I DO WITH DISAPPOINTMENT?

1 Kings 21:1-4 | James 1:19-20

Ahab allowed one refusal to govern his response. Disappointment is a feeling we experience; it does not have to become an instruction we follow.

Reflect: Am I trying to understand, address a wrong, or make someone pay for disappointing me?

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2. WHO GETS TO INFLUENCE ME WHEN I AM DISAPPOINTED?

1 Kings 21:5-10

Tell enough truth for people to understand, not merely agree. Advice that feeds resentment can lead us away from obedience.

Reflect: Is this counsel helping me respond faithfully, or giving my anger permission?

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3. WHAT AM I WILLING TO ACCEPT BECAUSE IT BENEFITS ME?

1 Kings 21:15-20 | James 4:7-8

A benefit does not erase wrongdoing. Receive correction, submit to God, and take responsibility for your conduct.

Reflect: What have I overlooked because I liked the result? What needs to change?

TAKE THESE THREE QUESTIONS HOME

What am I believing? What am I doing because I believe it?
What does obedience require next?

My next faithful step:

Prayer: Father, help me tell the truth, receive correction, and respond faithfully. Give me courage to take responsibility and humility to obey You.

GOD SEES A HUMBLED RESPONSE | 1 Kings 21:27-29