

The Arrival—2

Peace for Your Anxious Mind

Why do we see “peace” everywhere but don’t feel peace in our hearts?

“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.” John 14:27 NIV

“Glory to God in highest heaven, and peace on earth ...”

Luke 2:14 NLT

For to us a child is born, to us a son is given ... And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Isaiah 9:6 NIV

sar shalom: prince of peace

- ***sar: the one in charge, the lord, the chief, the general***
- ***shalom: rest, tranquility, wholeness, fullness of peace***

The Prince of Peace Gives Us ...

- **Peace With God**
- **The Peace of God**

God made him who had no sin to be sin for us, so that in him we might become the righteousness of God. 2 Corinthians 5:21 NIV

You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you! Isaiah 26:3 NLT

Hebraic doubling: a linguistic technique in the Hebrew Bible in which a word is repeated to convey an intensified meaning

shalom shalom: a perfect and unbroken peace; complete well-being, both inward and outward

Peace isn't found in the absence of problems.

Peace is found in the presence of God.

[God] will keep in perfect peace ... all whose thoughts are fixed on [him]! Isaiah 26:3 NLT

samak: to lean on completely, to fully rest oneself

Trust in the LORD with all your heart, and do not lean on your own understanding. ⁶In all your ways acknowledge [God], and he will make straight your paths. Proverbs 3:5-6 ESV

The peace of God is found in surrender, not control.

Almost every time you're worried or afraid ...

- You're overestimating your ability to control.
- You're underestimating the goodness of God.

Are you trying to control something that's not yours to control?

Just as Jesus gives us peace to comfort us, He can withdraw it to refine us.

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7 NIV

TALK IT OVER

Read **John 14:27** and **Philippians 4:6-7**. How is Jesus' peace different from the peace of the world? How can His peace impact the way you respond to hardships and trials?

Share about a time when you felt God's peace despite having problems or difficulties. What did you learn about God through that experience?

Talk about an area of your life that's missing peace. Are you trying to control something that's not yours to control? How can you surrender that to God?