



# Three Ways to Partner with Your Coach

## How can my coach help me?

Coaches are there to do more than count how many kids are in your room and fill out incident reports! They're there to support you personally, spiritually, and to help you develop as a leader. Your coach can help your LifeKids experience be less stressful and more fulfilling.

Here are three ways you can get to know your coach and allow them to get to know you.

### Share your stories.

- **What's going on in your room?** Tell your coach when a kid has a breakthrough, a family shares a story of how LifeKids has impacted them, or when a day has been especially amazing and fulfilling. Your coach wants to celebrate with you and see what's working!
- **What's going on in your life?** Your coach is there to love, lead, and pastor you. When great things are happening in your personal or spiritual life, share with them. When you need prayer, support, or advice, turn to them. They're a coach because they care about all of that stuff!

### Ask for support.

- **Your coach wants to set you up for success.** If you have any questions about how to follow the curriculum, lead through in-room activities, what the schedules are, or, basically, *anything*—let your coach know! They want to help you know what you're doing and help you do it well.
- **Your coach can get you the resources you need to be successful.** If your small groups are huge, you need help with a transition, you have a kid who is distracting your room, a potty accident, materials are missing for your in-room activities, or you come across another emergency, let your coach know right away. You don't have to go without!

### Ask for feedback.

- **Talk about your challenges.** Is there a time in your room when everything seems to fall apart? Do you struggle with balancing bathroom breaks and keeping your small groups manned? Did you have a particular kid, parent, leader, or swerve leader that you had challenges with? Talk through what happened, and ask your coach's advice for moving forward.
- **Ask them to observe.** Do you want to improve the way you lead through in-room activities, curriculum, or the way you interact with kids? Ask your coach to come in and watch you so they can give you first-hand tips on how to grow as a leader.

- **Ask them to lead.** Let yourself sit in the observation seat! If you know you need to grow in a particular area, ask your coach to demonstrate how it's done in your room on the weekend. Watch them closely, and talk with them afterwards about what you learned from them and how you can put it into practice.
- **Ask them what you're doing well.** It's encouraging to hear from an experienced LifeKids leader that you're doing great! Ask your coach to share specifics on what's going great in your room.

**Talk through these discussion questions with your fellow leaders and LifeKids team.**

1. Who is your coach?
2. How do you already connect with your coach?
3. What did you already know your coach could help you with?
4. What did you not know your coach was there to support you with?
5. How do you think your relationship with your coach can help you grow as a leader?
6. What do you most need from your coach?