I know the bible talks about not gossiping.
What does that exactly mean? Are there times when it is appropriate to speak about others?

We are no longer under the Law, but we still are to follow laws (do not commit adultery, do not murder, etc.) so in effect, does it not work out the same?

References:

1 Timothy 5:13 Romans 1:28–29 Colossians 3:8–9 2 Corinthians 12:20 Matthew 12:36–37 Proverbs 20:19 Ephesians 4:29 Psalm 141:1–4 Deuteronomy 28:1–2, 15 Acts 13:38–39 Romans 10:4; 5:20; 3:20

Galatians 3:21-25

Romans 8:1–4 Galatians 5:1, 16-25 Romans 7:1–6 Romans 6:12–14 1 John 5:1–4; 4:15-18