#### Welcome to UPPC!

If this is your first visit, we are so glad you are here. In fact, we believe God brought you here today! Take a few minutes to read this bulletin to find out about some of the ministries going on at the church - getting involved is the best way to meet people and connect. We'd also love to have you stop by the Welcome Center (just outside the Sanctuary doors) after service. There is someone available to answer questions about the church as well as let you know more about ministries and opportunities available for you and your family.

We hope this morning is meaningful and rejuvenating for you!

## THIS WEEK

**OFFICE HOURS** MONDAY - THURSDAY | 8AM-4:30PM FRIDAY | 8AM-12:30PM

#### **TODAY 10.6**

SUNDAY SCHOOL 9:30 & 11AM

Early Childhood 9:30 & 11AM | 4mo-2yrs | Nursery • 3's-K | Room 111

Elementary 9:30 & 11AM | Grades 1-4 | The Lodge

Solid Ground 9:30AM | Grades 5-12 | Youth Room

Solid Ground 11AM | Grades 5-7 | Youth Room

CONNEXIONS 9:30-10:30AM | Fellowship Hall

PARENT SUPPORT GROUP 12:15-1:30PM | Room 121

RUSSIA MINISTRY CELEBRATION 4-5:30PM | Fellowship Hall

#### **MONDAY 10.7**

MEN'S BIBLE STUDY 6:30-8AM | Rm 124

#### TUFSDAY 10.8

WOMEN'S CANCER SUPPORT GROUP 1-2PM | Fellowship Hall All women dealing with cancer (as patients or caregivers) are welcome to attend.

#### WEDNESDAY 10.9

ESL/FRIENDSHIP GROUP 9AM-12PM | Fellowship Hall

BIBLE STUDY FOR ALL 10AM | Rm 121 | Gwenn Robertson, 253.564.0608

TRUE MEN 6:30-7:30PM | Fellowship Hall

THE WELL 6:30-7:30PM | The Wayside

CAMPFIRE 6:30-7:30PM | Grades 1-4 | The Lodge

FOUNDATION 6:30-7:30PM | Grades 5-7 | Youth Room

THE ROCK 7:30-9PM | Grades 8-9 | The Lodge

CORNERSTONE 7:30-9PM | (Grades 10-12) | Youth Room

#### THURSDAY 10.10

THURSDAY MORNING PRAYER 9-10AM | Family Worship Room WOMEN'S BIBLE STUDY 9:30-11AM | Fellowship Hall BIBLE STUDY FOR ALL 7PM | Rm 121 | Gwenn Robertson, 253.564.0608

## **ORDER OF SERVICE**

\*Please stand if you are able

#### **GATHERING AROUND THE WORD**

**GATHERING MUSIC** 

Andante | Louis Vierne | Art Peterson, Organ

Comfort, Comfort Ye My People | arr. Marchand Chancel Brass | Keith Loftis, Director of Worship Operations

WELCOME & CALL TO WORSHIP | Rev. Mike Moffitt

\*GREETING ONE ANOTHER

\*HYMN OF PRAISE | Called as Partners in Christ's Service

PRESENTATION OF GOD'S TITHES & OUR OFFERINGS

Take Now My Voice | Douglas Nolan

Sanctuary Choir | Rev. Dr. Diana Greene, Minister of Worship

#### **PROCLAIMING THE WORD**

**DEAR YOUNGER ME: Don't Sing Songs to a Heavy Heart;** What Not To Say When Someone Grieves | Proverbs 12:18 (NIV) Rev. Aaron Stewart, Senior Pastor

#### **RESPONDING TO THE WORD**

\*HYMN OF RESPONSE | Though I May Speak

#### **SEALING THE WORD**

#### **COMMUNION PRAYER**

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may become one with Christ, who lived and died and rose to bring healing to a broken world. By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until we feast together at the heavenly banquet in your eternal realm.

Maker of justice and mercy, Spirit of compassion and grace, Lover of all creation, we give you thanks and praise. Amen.

SACRAMENT OF COMMUNION

PRAYERS OF THE PEOPLE

\*SENDING HYMN | The Lord's Prayer | Malotte

\*THE BLESSING

\*POSTLUDE | Toccata | E. d'Evry

## UNIVERSITY PLACE PRESBYTERIAN CHURCH

Rev. Aaron Stewart | Senior Pastor Rev. Mike Moffitt | Associate Pastor

Giving plates at offering

• Online: UPPC.org "Give"

WAYS TO GIVE AT UPPC:

UPPC app



October 6, 2019

When meeting with a family to prepare a memorial for a loved one we talk about many things. Inevitably we get around to something most folks are totally unprepared for: the reckless, often hurtful things people say when you are grieving loss.

Susan Silk writes about her battle with breast cancer and the kinds of remarks she would hear from folks - but one took the cake. A colleague of hers came to visit after her mastectomy surgery. Susan was clear in communicating that she didn't feel like having visitors. Her colleague's response? "This isn't just about you Susan!" To which she replied, "It's not? My breast cancer is not about me? It's about you?"

Her story reveals the heart of what happens when we resort to what I call "bumper sticker theology." Cliches and half-truths that we guickly say but rarely guestion. And If we are honest, when someone is suffering pain or loss, we use some of these words and statements more for our comfort than theirs. This week we're going to talk about what TO SAY in contrast to these reckless statements in a message I'm entitling, "Don't Sing Songs to a Heavy Heart." I'll share what not to say when someone has experienced loss, and better yet, how we can react with empathy and care.

This is stuff I wish I'd learned so much earlier in life and frankly, I am still learning. So, Dear Younger Me... let's have a talk.

Joining you in the journey.



## **ALL CHURCH**

Info and registrations at UPPC.org/events and on our app!

#### **Deepening the Root System**

1st Sundays Starting Today | 11AM-12PM | Fellowship Hall In this track of Whitworth's Academy of Christian Discipleship, join Kendra and Leslie to explore how Jesus shapes our identity, forms community, renews and re-orders human life, and shapes how we live in the world. Registration: \$50. Includes eight meetings/lectures and all printed materials. Register UPPC.org/events.

#### Insights

Saturday October 19 | 9AM-2PM | Fellowship Hall

Everyone who follows Jesus should learn or review the Discipleship Fundamentals: Scripture, Prayer, Community & Service. Join this interactive workshop to gain greater INSIGHTS into your role in God's kingdom! Learn more/register at UPPC.org/events.

## **YOUNG ADULTS**

#### **SPARK**

Life after high school can be pretty challenging, but it's great to share the journey with a group of friends. Grow in faith and fellowship with other young adults! This Fall, we are exploring the concept of "adulting" (yikes!). Follow on Insta @sparkUPPC for days/times/details.

## **FAMILIES**

#### **Parent Support Group**

1st Sundays Beginning Today | 12:15-1:30PM | Rm 121

This is an opportunity for parents of children of any age living with special needs, different abilities, or sensory issues. Find support and fellowship with other parents. Lunch and childcare is provided with online registration, UPPC.org/events.

## **SENIORS**

#### Friendship Lunch (55+)

Wednesday October 23 | 12PM | Fellowship Hall

Join us for our first Friendship Lunch of the program year! We will have wonderful fellowship, a delicious lunch made by Steve King, listen to musical entertainment and hear from Harlan Shoop, Pastor Emeritus. RSVP to Diane Schultz, 253.565.2348 or jimndiane@nventure.com by Sunday October 20. Invite a guest or just sign up and meet some new friends. Cost: \$7.50 at the door

## **OUTREACH**

#### **Russia Ministry Celebration**

Today | 4-5:30PM | Fellowship Hall

Celebrate 18 years of ministry partnering with our friends in Voronezh, Russia. While the ministry is moving into a new phase, its impact on our hearts remains the same. Let's celebrate the work God has done through our partners and pray for their future endeavors. Info/registration at UPPC.org/events.

#### Prayer and Praise Gathering for Meru, Kenya

Sunday October 13 | 4-5PM | Chapel

In partnership with Hope International Ministry Trust, UPPC's Cherish ministry educates, equips, and empowers children in Meru, Kenya. Many of these children will be taking national exams this fall in order to graduate from school at the end of the school year. Join us as we pray for these children and their caregivers and write notes of encouragement.

## **TODAY IS COMMUNION SUNDAY**

COMMUNION IS DISMISSED BY ROWS: All who call Jesus Christ their Lord and Savior are welcome. Take a piece of bread and dip it into the cup. A gluten-free station is available on the front left. If you are in need of prayer for yourself or someone else, or would like to be anointed with oil, Deacons are available to pray with you in the back of the Sanctuary during Communion.



## **PRAYERS**

Jill McMullen, Minister of Care | 253.564.2522 ext. 139, jmcmullen@uppc.org

- If you would like to share a prayer request or praise, please fill out a Prayer Request on the back of a CONNECT card located in a pew; email prayerrequests@uppc.org; or contact Jill McMullen.
- Deacons are available during the week to pray with you. If this is something you'd like, contact Jill McMullen.
- For info on support groups, contact Jill McMullen.

CONTINUE TO PRAY FOR: Jim Anderson, Debbie Bates, Laurie Bauer, Ruth Brones, Billie Brown, Virginia Davies, Richard DeVine, Nick Glenn, Jung Gumsook, Olivia Harkcom, Phillip Hjembo, Rick Jackson, Bill Kelley, Pat Kling, Rich Knoll, Harold Koenig, Kellyn Kohler, Kevin Kozakowski, Jeannie Mann, Kara McDaniels, Nick McKenty, Noelle Nelson, Bob Parker, Kris Rantalla, Elizabeth Spitler, Sharon Storey, Ann Swalander, Pat Van Mason, BJ Wiebusch, Jean Whitney, Gloria Wing

THOSE BEING TREATED FOR CANCER: Jack Baker, Sally Bolton, Matt Cushman, Cirilo DelCarmen, Bob Dippert, Gayle Fowler, Jean Graves, Marty Heaverlo, Paul Jackson, Harold Jantz, Pam Judson, Scott Lillibridge, Diane Martin, Marion Massey, Pauline May, Dan McDaniels, Guy McInelly, Bob Mitchell, Chris Olson, Marge Ritchie

#### **CONDOLENCES**

Our sympathy to Phyllis Jorgensen, Doug (Sandy) Jorgensen, Julie Panagiotu, Mike (Jessica) Jorgensen, Chris Panagiotu and Tyler Panagiotu at the loss of their husband, father and grandfather, Harry Jorgensen, who passed away on October 2, 2019. Memorial details to come.

# THE WAYSIDE



Sun-Thurs 8:30AM-1PM
Stop by mid-week! Grab your
morning coffee, meet up with
friends, or try us out as a place
to work (yup, we have free wifi!)

# AS A FAMILY OF FAITH, WE...

#### DO LIFE TOGETHER

We comfort and care for each other, both here and around the world.

#### **MAKE ROOM**

We value sacred space our gatherings are a place of Holy Spirit moments and great healing.

#### **LOVE KIDS**

We honor children and youth - through spiritual growth and general nurture - as a foundation for all we do.

#### **CREATE**

We encourage music and the arts to enhance our worship and celebrate God's goodness with others.

## EMBRACE MESSINESS

We are guided by the Bible, embracing both spiritual truth and God's grace, as we share life's journey in all its messiness and all its glory, together.

#### **SHARE**

We share our abundant blessings generously - through service and outreach, God-given talents and wealth.