



# **CITYCENTRAL**CHURCH

## **THE JONAH JAB**

### **Part II**

### **Avoiding the Jonah Jab**

**Jonah 1:1-10**

Pastor Jay Dennis

August 17, 2025

# *Welcome!*

We are glad that you are here with us this morning!

If you're visiting us for the first time, please take a moment to scan the QR code and fill out our Connect Card. That'll really help us get to know you a little bit better and know how we can serve or pray for you.





CITY CENTRAL  
—CHURCH—

# MESSAGE NOTES

Pastor Jay Dennis | August 17, 2025

## THE JONAH JAB

### Part II

### Avoiding the Jonah Jab

### Jonah 1:1-10

Last week we focused on an exposition of Jonah 1:1-10 and how this prophet of God chose to \_\_\_\_\_ God.

Because of Jonah's disobedience a category five plus storm bombarded the ship while out to sea.

Numbers 32:23—"Be sure your sin will find you out."

Unsaved people, those who do not profess faith in Jesus Christ, have certain \_\_\_\_\_ of how a Christian should act.

1. A Passion for Telling and Living the \_\_\_\_\_
2. A Radical \_\_\_\_\_ for People
3. A Working Knowledge of the Word of God
4. A Life of \_\_\_\_\_ and Holiness
5. A Lifestyle of Consistent \_\_\_\_\_
6. An Attitude of \_\_\_\_\_
7. A Commitment to the Hungry, the Orphans and Widows, the Abused, Abandoned, and the Least of These
8. Standing Up for Your \_\_\_\_\_
9. A Commitment to What You \_\_\_\_\_
10. An \_\_\_\_\_ for Your Faith

11. Sharing Your \_\_\_\_\_

12. A Willingness to Help and to \_\_\_\_\_, and

13. A Willingness to \_\_\_\_\_ for Your Christian Faith

When people see us, they should be \_\_\_\_\_ of Jesus Christ. Our faces, our attitudes, and our spirits should remind them of Jesus Christ.

So as a follower of Jesus, how do you represent Him. How do you avoid the Jonah Jab?

Let me offer some specific suggestions or “Be” Suggestions:

1. Be \_\_\_\_\_

2. Be \_\_\_\_\_

To avoid the Jonah Jab, view \_\_\_\_\_ through the lens of Scripture. Don't view \_\_\_\_\_ through the lens of the culture.

3. Be Spirit-\_\_\_\_\_

Daily give the Holy Spirit control of your life.

4. Be \_\_\_\_\_

Say things like, “\_\_\_\_\_ you,” “excuse me,” “\_\_\_\_\_,” and “how can I \_\_\_\_\_ you?”

5. Be \_\_\_\_\_

Proverbs 16:18

6. Be \_\_\_\_\_

Obedience brings the \_\_\_\_\_ of God upon your life.

7. Be \_\_\_\_\_

Matthew 5:8

“If you think you can't fall into sexual sin, then you're more godly than King \_\_\_\_\_, stronger than \_\_\_\_\_, and wiser than King Solomon.” (Voddie Baucham)

8. Be \_\_\_\_\_

James 5:16

9. Be \_\_\_\_\_ and \_\_\_\_\_

Forgiveness is not a \_\_\_\_\_. It is a \_\_\_\_\_  
you make that as you keep making it, right  
\_\_\_\_\_ will follow.

"I'm \_\_\_\_\_. I was wrong. Please \_\_\_\_\_ me."

10. \_\_\_\_\_

**Fill-in-the-Blank Words:** disobey, expectations, 1. Truth, 2. Love, 4. Purity, 5. Prayer, 6. Compassion, 8. Convictions, 9. Believe, 10. Enthusiasm, 11. Faith, 12. Serve, 13. Die, reminded, 1. Real, 2. Scriptural, culture, Scripture, 3. Filled, 4. Kind, thank, please, help, 5. Humble, 6. Obedient, favor, 7. Pure, David, Samson, 8. Praying, 9. Forgiven, Forgiving, feeling, choice, feelings, sorry, forgive, 10. Be Committed

[illegible]

# *The Response Stations*

Each week there are 6 Stations or ways in which you can interact. These are symbols that point to Jesus Christ as well as tangible ways to demonstrate your commitment. Each is an act of worship. Worship invites activity, not passivity:

## **Station 1: The Lighting of Candles**

There is one candle lighted that represents Jesus Christ. From that candle other candles are lit. This represents prayers we are offering to God on behalf of others such as those who are unsaved, unchurched or away from God. When you light a candle, it symbolizes a burden you have for someone and how you are looking to Christ the "Light of the World" to touch that person.

## **Station 2: The Cross**

The Cross symbolizes your act of surrender, of submission to God's will, your laying down anything that keeps you from being the Christian God called you to be such as a stronghold, sin, or habit that is not Scriptural. On the provided card, write down whatever you are surrendering to God then thumbtack it to the Cross. You are not only bringing it to the Lord, but you are leaving it with Him. You do not need to sign your name.

## **Station 3: Healing Prayer**

We have healing prayer teams to pray for your healing—physical healing, emotional healing, relational healing, mental healing, spiritual healing, financial healing. You can tell the prayer team member as little or as much as you like about how to pray for you.

## **Station 4: Prayer Cards**

Prayer cards are available. If you have a specific prayer request you can come, write down your request, and submit it. We will be faithful to pray specifically over your request.

## **Station 5: The Lord's Supper**

Each week you can experience the Lord's Supper symbolizing the sufferings and death of Jesus on the Cross. There will be people to help assist you in this. You will be given the elements and led in Scripture by the leader as you follow Him.

## **Station 6: Steps to Peace with God**

At each exit from the sanctuary, there are copies of the booklet "Do You Know That You Know If You Died Right Now, You Would Go To Heaven" to take with you and share with someone this week. We do this as we follow Christ's Great Commission in Matthew 28 to "go and make disciples of all the nations."

# *Weekly Events*

## **Sundays @ CCC**

WORSHIP 10:30a | Kid's Church & Child Care Available

CENTRAL CONNECT GROUPS FOR ADULTS | 9:15a

Journey Thru the Bible—Upstairs Classroom

Unshakeable Faith—Central Spot

Expository Bible Study—Choir Room

Young Adult Class—Upstairs Classroom

CHILDREN'S CLASSES | Grades K-5 | 9:15a

C<sup>2</sup>S | CITY CENTRAL STUDENTS | Grades 6-12 | 9:30a

## **Wednesdays @ CCC**

C<sup>2</sup>S | CITY CENTRAL STUDENTS | Grades 6-12 | 6:30p

# *Upcoming Events*

Save the Date!

MEATLOAF MADNESS | Wed Sept 10 | 6p @ CCC

Fall programming kickoff | meatloaf competition & Mission BBQ  
(Regular family night dinner & Wed classes resume Wed Sept 17)

Save the Date!

ONE MORE CHILD VOLUNTEER SERVE DAY | Sat Sept 20 | 9-11a  
More details to come!

NEW MEMBER CLASS | Sun Sept 21 @ CCC

or anytime online @ [citycentralchurch.org/new-member-class](http://citycentralchurch.org/new-member-class)



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