



THE FULLNESS

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SCRIPTURES TO STUDY

- Fullness of God: Ephesians 3:19 ESV, AMPC
- Knowledge Of Him: Ephesians 1:17 AMPC
- Know all Things: 1 John 2:20 KJV
- Knowledge, Wisdom, and Understanding: Colossians 1:9–12 ESV
- Fullness of Christ: Ephesians 4:13 ESV, AMPC
- Old Self: Ephesians 4:22
- New Self: Ephesians 4:22–24 ESV, Galatians 2:20 KJV
- Cast Down: 2 Corinthians 10:4-6 NKJV
- Now Peace: John 16:33 KJV
- Meditation: psalm 119: 99–100 AMP
- Visualize & Implement: Genesis 11:6 KJV, Ephesians 3:17–20 NKJV, TPT
- Full Embodiment of God: Colossians 2:9-10
- Through The Church: Ephesians 3:8–10 NLT, TPT

MAIN POINTS, DEFINITIONS & APPLICATION

Epignosis:

- Precise and correct knowledge (Exact accuracy, error-free, definite)
- Experiential knowledge
- When knowledge takes shape in you

- ✓ Who you know unlocks what you know
- ✓ Knowing Him unlocks What he knows to you

Omniscience:

The state of knowing everything
The God Consciousness

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- God's consciousness works a lot like our subconscious...
- Effortless automation
- Filled with knowing his will and all wisdom and spiritual understanding
- Walking in a manner worthy of the Lord - fully pleasing
- Bearing fruit in every good work

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MAIN POINTS, DEFINITIONS & APPLICATION

- Increasing in the exact knowledge of God
- Strengthened with all glorious power
- You have all endurance and patience with joy
- You have a life of thanksgiving toward the Father
- You live on earth as the saints do in heaven

✓ What's native in heaven should be native to you
✓ What's nature to Christ should be nature to you

There are things that are not found in the complete Christ equation

- Who you know unlocks what you know and the things you don't know any longer

Worry, stress, and fear are not compatible with The New Self

- Moodiness
- Offense, etc... are not compatible with The New Self

Instead of trying to feel better, submit the issue, cast down and deny the old self

The Old Self

- Corrupt
- Sinful
- Cutoff
- Dead & Deceived

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MAIN POINTS, DEFINITIONS & APPLICATION

The New Self

- Truth
- Righteous
- Holy
- Christ

Galatians 2:20 KJV

- There was an exchange of SELF

✓ In Christ, the old self is dead, the only self you have is Christ. Be Yourself

✓ Some of us are looking to be encouraged when we need to cast down

✓ The fullness exempts you from stress

✓ What is no longer innate in the glorified Christ you no longer have to take part in

- Decisions are like gate keepers

Cheer:

- Good courage
- The peace that corresponds with your victory is for you today
- You don't have to perform for peace

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MAIN POINTS, DEFINITIONS & APPLICATION

Unlocking the knowledge of God and God's knowledge

Stillness, Meditation:

In a sunken state of stillness:

- I. Think, Ponder, & Whisper to Yourself His Word = Meditation / Inward Sustained Focus will produce Holy feelings / emotion

✓ Holy Feelings produce a chemical and biologically begins to change you

Visualization, Implementation:

- II. Consistently implementing your internal experience with your external world

✓ In the areas of life that you generally have associated with stress, practice seeing yourself stress-free in those areas from your prayer closet

- Strengthens the network connections in the brain
- With faith and patience, His Life becomes habit and 1st nature. A subconscious program in real-time

Imagined:

- to have a thought, devise, plan, consider, purpose, plot

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MAIN POINTS, DEFINITIONS & APPLICATION

Think:

- to perceive with the mind, to understand, to have understanding
- to think upon, heed, ponder, consider

Stillness, Meditation, Visualization, Implementation

**Knowing Him unlocks
what you know and the
things you don't know
any longer... Live stress-
free. Walk in the
FULLNESS OF GOD.**

EPIGNOSIS:

KNOWLEDGE

- **PRECISE AND CORRECT
KNOWLEDGE**
- **EXPERIENTIAL
KNOWLEDGE**
- **WHEN KNOWLEDGE
TAKES SHAPE IN YOU**



THE OLD SELF:

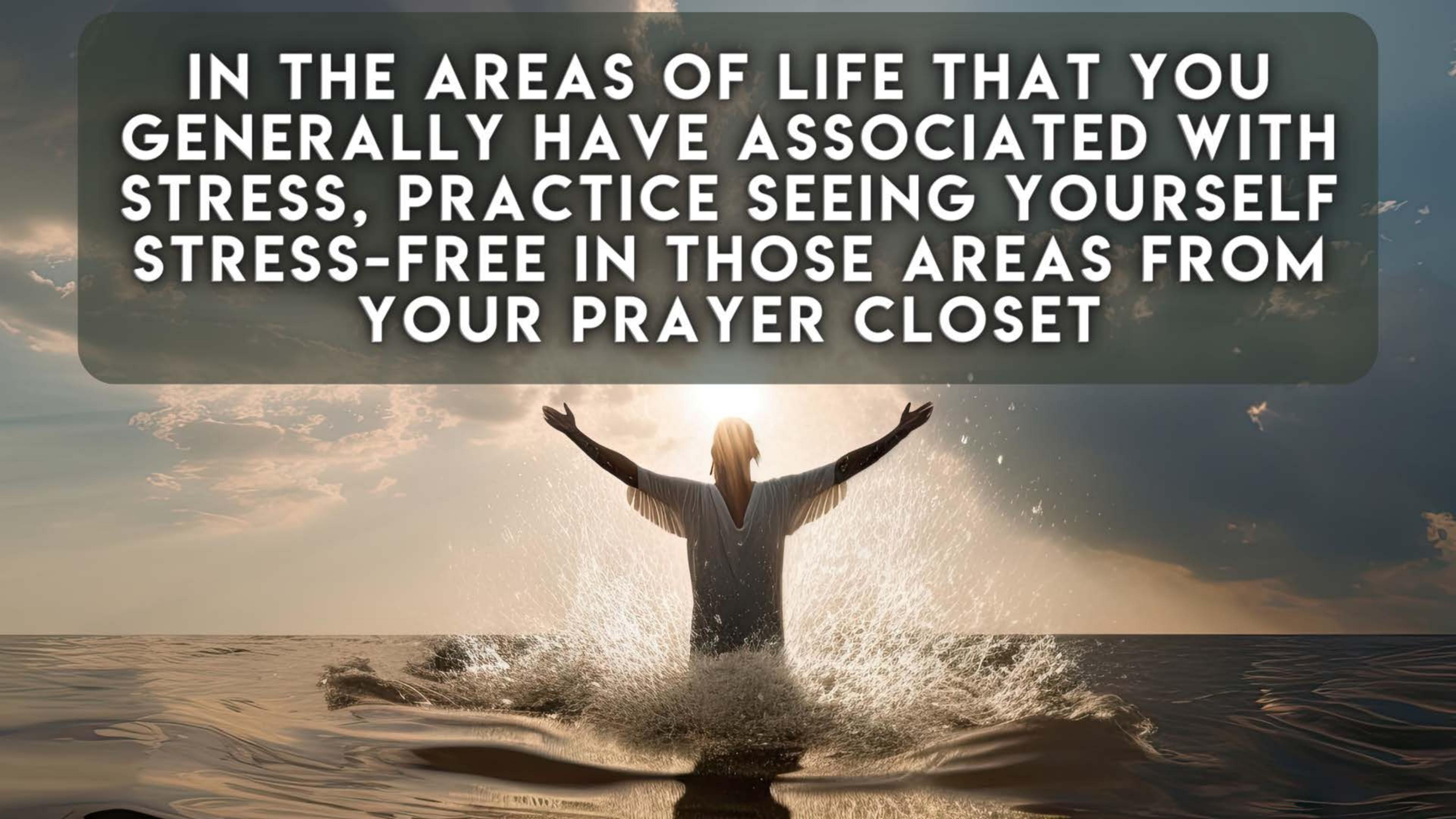
- CORRUPT
- SINFUL
- CUTOFF
- DEAD
- DECEIVED

THE NEW SELF:

- TRUTH
- RIGHTEOUS
- HOLY
- CHRIST



IN THE AREAS OF LIFE THAT YOU
GENERALLY HAVE ASSOCIATED WITH
STRESS, PRACTICE SEEING YOURSELF
STRESS-FREE IN THOSE AREAS FROM
YOUR PRAYER CLOSET



THINK:

EPHESIANS 3:20

- TO PERCEIVE WITH THE MIND, TO UNDERSTAND, TO HAVE UNDERSTANDING
- TO THINK UPON, HEED, PONDER, CONSIDER

