



I AM NO
VICTIM...

Seed Service

I AM NO VICTIM

SCRIPTURES TO STUDY

- Our Identity/Mental Framework: Romans 8:28-35, 37 NLT, 37 ESV
- Rooted In Offense: Matthew 24:10 NKJV, 1 Cor 13:5 NIV
- Blinded by Victimization: Ephesians 4:1-3 NLT, Matt 7:3-5 NLT, TPT
- The Mind of Christ: Philippians 2:5-8 NKJV

MAIN POINTS, DEFINITIONS & APPLICATION

There's a difference between being a victim in a moment, and living with a victim mentality..

To combat the victim mentality..

🧠✅ I Had to Reframe My Thinking...& remind myself of who I am. (Romans 8)

🗣️ I AM NO VICTIM! I AM MORE THAN A CONQUEROR!

VICTIM:

a person harmed, injured, or killed as a result of a crime, accident, or other event or action.

a person who is tricked or duped.

VICTIM MENTALITY:

an attitude where a person believes they are powerless, constantly wronged, and unable to control their own lives or circumstances, often blaming others for their problems.

This pervasive belief system hinders taking personal responsibility, leads to a sense of helplessness, and can negatively impact relationships, work, and overall mental health. While feeling victimized after negative experiences is normal, a victim mentality is a persistent, deeply ingrained pattern of thinking that becomes part of a person's identity.

The victim mindset is rooted in a spirit of offense..

- Life was always happening to me and it's usually ALWAYS "undeserved"
- We start talking AT people and stop listening TO them...
- Contingencies are introduced - "If you don't affirm me, then I will lash out emotionally..."

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MAIN POINTS, DEFINITIONS & APPLICATION

What's wrong with wanting to be understood?

- Nothing - But it's immature to need it.
- In Christ - we can desire understanding but shouldn't require it...
- We HAVE to be ravenous about eradicating offense from our lives: This will be one major demarcation between not just the church, but the sons of God and the world!

Don't let offense frame your perspective...

I was blinded by the victim mentality...

- to others' perspectives
- to truth

Look inward FIRST!

Are you a victim or are you Christ?

- you cannot simultaneously have the mind of Christ AND a victim mentality.
- The 2 can't coexist because Jesus, although He could have, DIDNT victimize Himself.

Christ in Conflict..

- If someone slaps you, turn the other cheek
- If they tell you to walk a mile, walk 2
- Washing judas' feet knowing He's betraying Him
- Father forgive them for they know not what they do

What can we take from this?

- on the outside, public appearance/perspective, it looked like Jesus lost.
- He wasn't concerned with optics or vengeance because He knew the greater story.
- HE knew He wasn't the victim, but actually the victor.
- And He was paving the way for the rest of us to do the same!

Christ in Conflict

Turn the Other Cheek - Matt 5:39

If Someone tells you to walk a mile, walk two - Matt
5:41

Washing Judas' feet with the knowledge of his
betrayal - John 13

"Father forgive them, for they know not what they
do." - Luke 23:34

Victim Mentality

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