



*By Winsmore S. Humphrey
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Never Alone
Psalm 22: 1

¹My God, my God, why have you forsaken me? Why are you so far from saving me, from the words of my groaning?

A friend recently shared with me the depths of despair to which she had fallen on the death of her son, to the extent that for a while she felt that God had abandoned her. Thankfully that feeling passed and she now revels in the assurance of God's love once again.

This is a similar sentiment expressed here by David. However, by the end of the Psalm, David was able to affirm that God had in fact listened to his cry for help, and indeed in verse 3 he acknowledged that God was in control regardless.

It is interesting that Jesus himself echoed these very words on the cross (Matthew 17:46), showing for a moment that even though he was divine he also had a human nature. And as we know God never abandoned his Son!

So, equally, even though we may sometimes think so in our low moments, God never abandons us either.

Prayer: Loving God, we pray today for the strength to maintain our faith in and reliance on you even when we think things cannot get worse in our situations. May we never turn away from the assurance that you will always be there for us. Amen.