

Give Us, Forgive Us, Deliver Us

Matthew 6:11–15

Tuesday, June 16, 2026

EPISODE SUMMARY

The Lord's Prayer turns from God to us. In three short requests, Jesus teaches us to bring our whole lives to the Father: daily bread for today's needs, forgiveness for our debts, and deliverance from temptation and the evil one. Each one is an admission of need — I depend on you, I've sinned, I can't keep myself. And to the middle request Jesus adds a word he gives to no other: forgiven people forgive. The mercy we extend to others is never the price that buys God's pardon — that was settled by the blood of Christ — but it is the evidence that his mercy has truly reached us.

KEY THEMES

- Daily bread — dependence one day at a time, like the manna gathered each morning (v. 11).
- Forgive us our debts — a debt we cannot pay, canceled at the cross (v. 12).
- Deliver us — the humble prayer of those who've stopped trusting their own willpower (v. 13).
- The one petition Jesus explains: forgiven people forgive (vv. 14–15).
- Forgiveness extended is the evidence of mercy received — not its purchase price.

KEY SCRIPTURE

"Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And do not bring us into temptation, but deliver us from the evil one."

— Matthew 6:11–13, CSB

TAKEAWAY TRUTH

We come to the Father with empty hands — needing bread, needing pardon, needing to be kept. And because we have been forgiven a debt we could never repay, we become people who forgive. The grace that reaches us doesn't stay locked inside; it flows back out.

APPLICATION FOR TODAY

Before the day gets going, pray the prayer slowly — and don't rush past "as we also have forgiven our debtors." Let a name or a face come to mind, someone you've been holding something against. Then, because you have been forgiven so much, do the freeing thing: forgive them, and let it go.

SERIES FOCUS

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